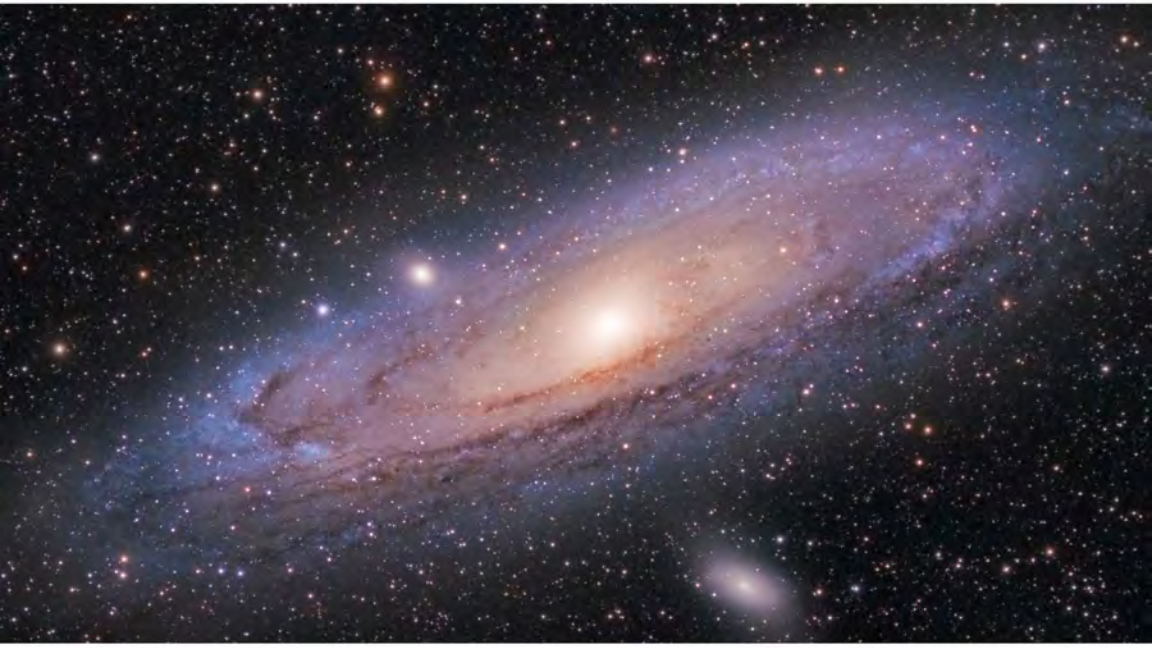
OUR EVOLUTION



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EDITARES

Our Evolution

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Our Evolution

2nd Print Edition

Translation:
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EDITARES
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1. Who Are You?

***Who** are you?*

***What** are you?*

***Where** did you come from?*

***What** are you doing in this life on Earth?*

***Where** are you going to?*

Using a series of questions and answers we seek to provide simple and logical responses to these five classic philosophical questions, as well as many others, from the standpoint of conscientiology.

What is *conscientiology?*

Conscientiology is the science that studies the "entire" consciousness (soul, ego, individual essence), along with all of its bodies, existences, experiences, epochs and places, with an integral, projective and self-aware approach in relation to the various existential dimensions.

I am a consciousness. You are a consciousness. All those nearby or far away in human life, who are self-aware beings in dimensions beyond human life, are also consciousnesses.

Our knowledge always increases, through our actions, at any time and in any place we manifest ourselves.

Conscientiology invites you to undertake the following actions important for evolution: optimization of your consciential (personal) progress; manifestation of rational emotions and sentiments; combating of self-corruption; transformation of your personality into an agent

that catalyzes the evolution of others; understanding the indestructibility of the consciousness; rational organization of your own ideas; increased originality in your personal work; attainment of the maximum level of derepression.

Through questions, answers, examples, and emphatic phrases, this book will illustrate practical and more widely accepted conclusions – reached through lucid projectiology experiments – regarding the actions and manifestations of consciousnesses: you, me, and all those personalities who are more attentive to evolution.

What is *projectiology?*

Projectiology is the science that studies projections of the consciousness – lucid departures from the human body – and their effects. It includes projections of *conscientіal energies beyond* the *consciousness' borders.*

To temporarily, lucidly leave the human body (out-of-body experience) is the most precious and practical source of clarification and consequential information on the most important issues of life, elucidating ourselves regarding who we are, where we came from and where we are going to.

Conscious human projection – currently achieved and experienced by millions of people – is a fact unknown to *Modern Philosophy.*

Conscious projection is directly achieved by an interested person, without any intermediaries. It is not experienced due to *merely hearing about it.*

We all leave our human body even if without lucidity. This is an unavoidable fact.

ANYONE CAN TEMPORARILY LEAVE THE PHYSICAL BODY WITH LUCIDITY. ONE ONLY NEEDS A DESIRE BASED ON A STRONG WILL AND THE USE OF SPECIFIC TECHNIQUES.

Projective (OBE) techniques have *worked well* for millions of people, especially over the last 5 decades. They will not fail you.

The following are some examples of *transcendent phenomena* researched in projectiology: lucid projection; bilocation; remote viewing (travelling clairvoyance); autoscopy; waking discoincidence; double (compound) projection.

Everything we study here involves what you and I are doing at every moment according to leading edge relative truths (verpons).

What is a *verpon?*

A verpon is a new, more important reality that is worth being studied, discussed and placed ahead of others in the same area of research, also to be eventually refuted.

The objective, in our case, is to indicate those evolutionary *courses of action* that are well *resolved,* as well as those that are *poorly resolved* for the majority of consciousnesses at our current average level of evolution.

The interested individual will observe that we do not defend verpons as *cure-alls,* universal panaceas, or absolute principles to live by.

Nor do we present ourselves in the irrational condition of having a monopoly on the truth.

There are no absolute truths. Everything tends to evolve.

There are false truths in imposed ideas and all dogmas.

Dissidence is a part of every human endeavor. The majority of verpons emerge from distilling discordant opinions.

IT IS CURRENTLY RATIONALLY INADMISSIBLE FOR ANYONE TO LIVE UNDER THE ENSLAVING CONTROL OF ANY IMPOSED IDEA OR DOGMA.

Nevertheless, millions of unwary people still live enslaved by others' erroneous opinions.

It is far from our interest to convince anyone of anything. Even farther to convince anyone of personal and group experiences. And further still, to impose such experiences on excessively restricted individuals who do not wish personal renovation and feel comfortably fulfilled in the life they lead.

Our intention is to provide critical knowledge regarding the dynamics of the evolution of the consciousness that is of interest to all, and to do this in an impartial and impersonal manner.

A conscientious researcher (or a researcher without preconceived ideas) will then confirm or refute these affirmations.

You alone will disagree or agree with the ideas presented here and you will either apply them in your daily life, or forget them once and for all.

The most intelligent thing to do is to establish and maintain a natural healthy distance from any kind of *repression* (conditioning or limiting ideas), *sanctification* (considering anything as divine), and blind veneration or *brainwashing* with regards to people, ideas, institutions, objects, places, or communities.

AS WE ALL KNOW, PAPER ACCEPTS EVERYTHING THAT CAN BE WRITTEN. A MICROPHONE ADMITS ANY SOUND.

It is more intelligent for us to maintain the greatest possible level of experiential discernment. We will only survive by acting with a maximum of lucidity within Human Society.

What is *Human Society?*

Intraphysical or Human Society is the set of us all, human beings, when gathered together to live as citizens of a country, or even as the planetary population.

Unfortunately, every human society is still very sick.

We live in a hospital of immense proportions. This realization regarding the naked reality of our daily existence is, however, no excuse for discouragement or pessimism.

MILLIONS OF PEOPLE COMPOSE THE UNTHINKING HUMAN MASSES: THEY DO NOT THINK FOR THEMSELVES AND ARE SLAVES TO THE OPINIONS OF OTHERS.

Billions of *people*, victims of mental laziness, are *slaves* to individuals who judge themselves to be *opinion shapers,*yet deceitfully present themselves in the most diverse areas and types of intraphysical work and interests.

Every Human Society is based upon the widespread manipulation of people by their leaders.

The best course of action is to avoid manipulating anyone, and to avoid submitting yourself to anothers' consciential manipulation.

Ideally, one will read these pages in a deeply contemplative manner, questioning everything with discernment and maturity.

In the first place, determine if there is sound reasoning in this text.

All critical study is worth the effort required with personal discernment to arrive at original libertarian ideas.

Above all, reader, it is good to, at least, reflect upon this primary affirmation and challenge: *if you think self-knowledge demands a great deal of effort, try to evolve with ignorance.*

2. *Before the Human Body*

What is the *holosoma?*

The holosoma is the set of all of the consciousness' bodies: the human, energetic, emotional and mental bodies.

We use different bodies in specific existential dimensions.

In *physical life*, we use the human body.

In *non-physical life*, when we are projected outside the body, or during the intermissive period between lives, we use the emotional body (psychosoma, astral body) or the mental body (mentalsoma).

What is the *intermissive period?*

The intermissive period is the period of non-physical life or extraphysical interlude between our previous human life and the current one. It is also the period of non-physical life that we will have between the current human life and our next one.

In other words, there is an intermission *before* we acquire a *new* human body, and another *after* we leave behind a *used* humanbody.

There are extraphysical periods in which the consciousness has higher or lower levels of lucidity (awareness).

In the intermissive period, we do not have a human body. We live, therefore, in a non-physical plane, or an *extraphysical dimension*, using a subtler body.

These non-physical or extraphysical dimensions have *communities* composed of consciousnesses who are also without physical bodies. Such consciousnesses form the *extraphysical population* of this planet, which already far exceeds the total human population.

Through projections, we can estimate that there are 9 times as many extraphysical consciousnesses as there are human consciousnesses on Earth.

Conscious projectors, or those who temporarily leave their physical body with lucidity, consistently provide similar accounts of their visits to extraphysical communities.

In these extraphysical communities we acquire the logical notion that each of us belongs to a specific evolutionary group.

What is an *evolutionary group?*

An evolutionary group is a gathering of more or less lucid consciousnesses who evolve together according to the affinity of their emotions, ideas, and actions. With respect to the law of cause and effect it is the same as *groupkarma.* Consciousnesses form *consciential families.*

EACH ONE OF US REFLECTS OTHER SIMILAR BEINGS WHO, IN TURN, MAINTAIN DEEP AFFINITIES WITH US.

Each consciousness has *their* evolutionary group.

This group is composed of *millions of consciousnesses* in constant growth, existing in different evolutionary levels and dimensions.

Thousands of evolutionary *groups* compose the physical and extraphysical populations of planet Earth.

The following are examples of *smaller groups* within our evolutionary group: the nuclear family (mother, father, siblings); the extended family (spouse, children and in-laws); our circle of professional relationships; our circle of social relations in a club or school; all the *leashes of the ego* that bind us within a society.

Doctrinaire groups, sectarian fraternities, labor unions and cooperative associations act as leashes of the ego.

When we are lucid during the intermissive period we establish our future projects with relative freedom.

These projects include the preliminary plans for one's *upcoming human life.*

All these projects depend on the considerations of our evolutionary group's Evolutionary Orientor, or Evolutiologist.

What is an *Evolutiologist?*

An Evolutiologist is a consciousness who has evolved beyond the evolutionary group's average. This consciousness has a broad, integrated, universalistic and ideal perception of each one's progress. The Evolutiologist is a specialist in the evolution, or progress, of consciousnesses.

Hundreds of Evolutiologists exist within each evolutionary group.

The more we dedicate ourselves to performing *clarifying assistance* in favor of other consciousnesses, the more minutely studied the programming of our next human life will be. In this context, we sometimes operate as a small brick within an enormous evolutionary construction.

The more we work in favor of the clarification of others, the greater will be *our freedom of action* within the evolutionary group.

It is important to reflect upon the fact that the act of *clarifying others* is more difficult and much less pleasing than the act of *consoling others.* Nevertheless, the act of clarifying others is evolutionarily more productive for all of us.

In general, it is very common for people to react instinctively against a truth that concerns them. This is the result of the natural, genetic, atavistic, and animal survival instinct.

When we demonstrate personal, assistantial, maxifraternal merit in extraphysical dimensions, we are selected to participate in some type of intermissive course.

What is the *intermissive course?*

The intermissive course is a period of *specialized learning* that more mature and deserving extraphysical consciousnesses participate in during the intermissive period.

THE INTERMISSIVE COURSE IS AN EXTRAPHYSICAL PREPARATION FOR CONSCIENTIAL REBIRTH INTO HUMAN LIFE.

In these intermissive courses, an extraphysical consciousness, along with other students, attends classes, follows curricula, undergoes training, and participates in research group internships, some of which involve observation of the human dimension.

Students in advanced intermissive courses are accompanied to other planets on *extraphysical educational excursions.*

Veteran conscious projectors, while projected, can sporadically attend and retake, as *auditing students,* some evolutionary extraphysical courses.

There are very sophisticated intermissive courses that focus on the most diverse topics or disciplines.

There are subtle, unimaginable extraphysical instruments to use in study and investigation. For example, there are exact replicas of scenarios or live mock-ups of human environments where the extraphysical consciousnesses will soon live as intraterrestrial social beings, just like us.

Intermissive courses serve to accelerate, quicken or supercharge the evolution of consciousnesses.

They teach students how to eliminate the repetition of useless acts.

They awaken, in consciousnesses, the rational intention and healthy desire to help their fellow beings.

They insightfully weave the planning of one human life with another, within a logical chain of events in time and dimensions.

In short, intermissive courses help consciousnesses improve every aspect of their evolutionary performance.

There are veteran teachers of intermissive courses living amongst us in this human life.

Bearing in mind the ideas covered so far, ask yourself this intriguing question:

Do you think you are at an advanced, average or inferior level within your evolutionary group?

No one should be reluctant to confront themselves with a realistic self-analysis regarding the most important aspects of life.

It is worth remembering that a coward is one of the sickest individuals in human life.

The conscins (men and women) who evolve the most are those who see with the psychosoma's para-eyes.

The psychosoma is the emotional parabody (non-physical body) that we use in the majority of our conscious and unconscious projections.

3. Deactivation of the Energetic Body

What is the *energetic body?*

The energetic body is the set of consciential energies that binds the emotional body to the human body. It is also called the *energosoma*, or the *holochakra,* in reference to its energy centers.

Individuals have greater or lesser *flexibility* in the use of their energetic body.

Imbalances and blockages in the energetic body's consciential energies cause *disturbances and diseases* in the human body.

Those who are *better able to control* their consciential energies *suffer less* from illness.

People can acquire illnesses due to a lack, as well as an excess, of consciential energies.

The healthy balance of a person's consciential energies depends on what that person thinks, feels and does. In other words, it depends on the person's will and most deep intention.

The energetic body and our consciential energies manifest themselves with greater vigor in the *energetic dimension,* which acts intensely in the Earth's paratroposphere.

The best resource for developing control and better use of our consciential energies is the vibrational state.

What is the *vibrational state?*

The vibrational state, or VS, is the technical condition of the maximum acceleration of the energosoma's energies, through the impulsion of one's will.

The VS helps the practitioner to identify their parapsychic signals.

What are *parapsychic signals?*

Parapsychic signaling is the existence, identification and self-aware use of the animic and extremely personal energetic, parapsy-

chic signals that everyone has. The signals become evident once an individual endeavors to perceive them.

ALL THE CONSCIENTIAL ENERGIES WE USE ARE DERIVED FROM IMMANENT ENERGY, WHICH IS PRESENT EVERYWHERE.

What is *immanent energy?*

Immanent energy, or IE, is the impersonal, multiform, essential, vibrational, and primary energy, which is omnipresently diffused throughout all objects in the universe.

IE remains untamed by human consciousness. It is far too subtle to be detected by the physical instruments currently employed in modern technology.

To evolve is to absorb, discriminate, circulate, transfer, capture, transform, modulate, disperse, accumulate, recompose, emit, and project consciential energy with ever-increasing levels of lucidity. In this way, immanent energy will become completely controlled and increasingly used with greater intelligence.

The consciential energies of the energetic body make two connections: the most important in the emotional body; and the other, in the human body. This maintains *matter energized,* and maintains human life itself.

Consciousness, at our current level of evolution, neither *incarnates* into nor binds directly to matter.

What happens is merely a *direct energetic existence.* Or, an ***indirect consciential existence.***

What is the *first death?*

The first death is the *death of the human body* (soma), which severs the energetic connections with the emotional body. At this point, the connections binding the consciousness to dense, biological, physical matter are ruptured.

The death of the human body in a nuclear explosion, with its instantaneous dissipation, is the most impactful to the consciousness. Such an event forces the consciousness to undergo a lightning fast

change from one consciential vehicle, and existential dimension, to another.

Helpers sponsor and cooperate in the occurrence of the first death in cases involving specific deserving individuals.

Who is a *helper?*

A helper is a technical, assistantial, extraphysical consciousness who has a great affinity with the human consciousness being *assisted.*

Not everyone benefits from the assistance of a helper: only the microminority of individuals who have already given up their own *big ego.*

Only a few individuals who work hard in favor of others have more than one extraphysical helper.

The human body is the most fragile and transitory of all of the consciousness' bodies. It decays or is deactivated more quickly than any of the other bodies.

Physical death is a liberation of energies.

Matter is a secondary derivative of energy. Energy and matter are, therefore, the same thing.

The human body is vitalized or energized organic matter. Besides energy and matter, there exists consciousness.

What is *consciousness?*

Consciousness is our greatest reality, it is what we are, beyond energy and matter.

Consciousness can be observed and analyzed in both intraphysical and extraphysical states.

What is a *conscin?*

A conscin is an intraphysical or human consciousness, it is what you and I are, while we are temporarily immersed in vitalized or energized matter.

What is a *consciex?*

A consciex is an extraphysical consciousness, a paracitizen of Extraphysical Society.

Energy binds the consciousness to matter.

Neither you, nor I, are the human body. The human body is an instrument that lasts a very short time. Like all matter, it is fleeting, mutable, and recyclable.

The principle of energy conservation is also valid in this case: energy cannot be created or destroyed, it can only be transformed.

WE CONSTANTLY DONATE AND ABSORB CONSCIENTIAL ENERGIES, USUALLY WITHOUT ANY AWARENESS.

Only a small minority of more conscious people absorb or exteriorize consciential energies whenever they wish.

Many aspects concerning the soma's death are still obscure. Research on thanatological phenomena is of great value.

What is the *second death?*

The second death is the liberation of the *remaining* human consciential *energies* that continue to be attached to the emotional body after the person has passed away. This evidences the existence of sticky or *residual consciential energies* that, due to the consciousness' attachment to physical matter, are not easily discarded.

The second death drains the consciousness' *remaining vital energy.* In the case of less ill consciousnesses, the second death generally occurs 3 days after the individual's first death.

ALL THE EXTRAPHYSICAL STUDENTS OF INTERMISSIVE COURSES HAVE OBVIOUSLY ALREADY UNDERGONE THE TRANSITION OF THE SECOND DEATH.

This means that the second death is a prerequisite for taking intermissive courses, and that course candidates have already totally and definitively freed themselves from the energies of the energetic body of their most recent human life.

These *clean* extraphysical consciousnesses, upon undergoing the second death, no longer have any *biological energies,* these were discarded with the death of the human body.

The first death is the *first depuration* of the consciousness' energies. The second death, is the *second depuration* of energies.

The purges or dissipation of these two types of energies brings consciousnesses closer to their *true reality.*

In this way, consciousnesses reach a freer and lighter condition, enjoying the full extent of their own *depurated* emotional body.

Now free from any direct influences of dense matter, extraphysical consciousnesses get farther and farther away from the earth's troposphere and thus more distant from their own personal, material, animal, parochial problems, or from their *own little world.*

This situation greatly influences the improvement of consciousnesses, especially with regards to their conscientization (self-awareness), evolutionary reality, and intelligent projects for the immediate future.

The second death, therefore, constitutes a maximal sympathetic deassimilation of the extraphysical consciousness' energies:

What is *sympathetic deassimilation?*

Sympathetic deassimilation is the willful discharging of residual, *undesirable* or sick consciential energies that entered and lingered, even if temporarily, within our consciential microuniverse.

Strictly speaking, sympathetic deassimilation is a therapeutic, self-cure process of balancing and unblocking consciential energies, with the purpose of leaving *consciousnesses* healthy and *depurated,* with only their own personal energies.

Teams of evolutiologists help extraphysical consciousnesses pass through the transition of the second death.

Just as a helper assists a *human consciousness* to temporarily leave the human body in the case of a conscious projection, or to definitively leave the body in the case of the first death, so does an Evolutiologist assist an *extraphysical consciousness* to discard the energetic body in the transition of the second death.

The following question is appropriate at this point:

Has that dear relative of yours, who passed away so long ago, and whom you have never forgotten, already gone through the second death?

This is a very practical question.

If you constantly evoke or call a deceased relative who has not gone through the second death, they can affect you with sick consciential energies, even unknowingly or unconsciously, simply moved by affinity and emotions.

This constitutes a common type of interconsciential intrusion, and causes mental and even physical illnesses.

EXTRAPHYSICAL INTRUDERS FIND THEIR BEST** ACCESSORIES IN HUMAN LIFE **FROM AMONG THOSE WHO ARE INTERESTED IN, OR FOMENT, WARS.

4. Extraphysical Hometown

What is our *extraphysical hometown?*

Our extraphysical hometown is the non-physical community that each of us left when we acquired our current human body, and that we will return to once our human body is deactivated.

Our life in this human dimension is, obviously, always brief.

Our relationships with one another in this material existence are always precarious and transitory.

As consciousnesses, the extraphysical hometown is our true origin; it is the exact personal dimension of each human consciousness, the community to which we are an autochthon.

In the same way that a Human or Intraphysical Society (Socin) exists, so does an Extraphysical Society (Sociex).

In time, as citizens of the cosmos, some stop belonging to the Extraphysical Society they came from.

Our extraphysical hometown is the *district* where we come from and to which shortly we will inevitably return. It is our *permanent residence* as consciousnesses in evolution.

Our *extraphysical roots* come first and prevail over our current human roots. They go beyond our citizenship and our human identity. It will always be like that, after this life and the deactivation of our human bodies.

All this implies 3 logical questions:

Where were you 2 years before being reborn into your current human body?

What is your essential evolutionary group?

Who are your best friends and evolutionary companions?

Our most intimate circle of friends is not solely composed of the personalities in our human family.

In order to conclude that we are aware of only a few components of our evolutionary group while in this human life, it is sufficient to recall the supposition that for each conscin there exists 9 consciexes.

Extraphysical experiences demonstrate that we live, in our current evolutionary condition, to serve and mutually assist each other.

What is an *assistantial intercession?*

An assistantial intercession is the provision of mutual help between people or lucid consciousnesses.

In the extraphysical dimensions assistantial intercessions in favor of needy consciousnesses are extremely intense. This is particularly the case in extraphysical dimensions near the Earth's crust or troposphere.

What is the *troposphere?*

The troposphere is the atmospheric layer that extends from sea level to an average altitude of 10 thousand meters (10 kilometers or 6.21 miles).

The Earth's crust is the portion of this planet's troposphere where we find our evolutionary group's most primitive, needy, and disturbed consciousnesses, both in the intraphysical and the corresponding extraphysical dimension.

IT IS EASIER FOR LUCID CONSCIOUSNESSES TO CONTACT EACH OTHER EXTRAPHYSICALLY THAN TO MAKE COMMON, PHYSICAL HUMAN CONTACT.

Thought is the true vehicle of transportation or transfer for a lucid consciousness.

Identification of the personal extraphysical hometown is more easily achieved through conscious projections and retrocognitions.

What is a *retrocognition?*

A retrocognition is the lucid recollection of past experiences. In this case, it is the recollection of experiences prior to the individual's human rebirth.

INTERMISSIVE RETROCOGNITIONS CAN INCLUDE MEMORIES OF THE INTERMISSIVE COURSE OR THE RETROCOGNITOR'S INNATE IDEAS.

What are *innate ideas?*

Innate ideas are those ideas that the person is born with. They rationally explain the existence of *precocious children* or infant prodigies in the fields of science, the arts and human abilities in general.

We are all born *knowing something* that goes beyond our genetic inheritance.

What is *genetics?*

Genetics is the area of biology that studies the laws of transmission of hereditary characteristics and the properties of the elements that ensure this transmission.

Innate ideas are contained in our *integral memory*, which is multimillenary. This 'archive' is much more vast than the brain's restricted memory.

Our innate ideas existed before this human life. They will continue with us after our brain's death. They will be with us in our next physical life and in our next human brain.

Innate ideas are predominantly acquired in the intermissive period, and even more so with intermissive courses.

In the same way that the *recent cerebral memory* of a physically mature person is the most difficult to retain, so too is the consciousness' *recent integral memory* the most difficult to access.

It is less difficult to have retrocognitions of previous lives from *two thousand years ago* than to remember what we were doing *two years before* acquiring this human body.

ONE'S PERSONAL PATRIMONY, OR THE ACTIVE LEGACY OF EVOLVED INNATE IDEAS, VARIES FROM PERSON TO PERSON.

Innate ideas help human consciousnesses remember their extraphysical hometown.

Having covered these concepts a personal question is now appropriate:

Have you stopped to reflect on the quality and useful application of your innate ideas?

Our performance, potentialities, and personal vocations are dependent upon our innate ideas.

5. *Human Rebirth*

Human or intraphysical rebirth is the activation of *a new energetic body,* which emanates from the connections in the extraphysical consciousness' psychosoma. It raises several questions concerning our family.

Why were you born to your mother and not to another woman?

This happened because there is a *law of affinity,* or of relationships, between consciousnesses. This law applies to both human and extraphysical consciousnesses.

Consciousnesses are attracted through their most profound affinities.

Many cases of expecting women who die from a *complicated labor* are due to insufficient affinity – or *frank antagonism* – between the consciousness of the fetus and the consciousness of the pregnant woman.

The majority of *smooth pregnancies and easy labors* are due to a profound affinity – or *great empathy* – between the consciousness of the fetus and the consciousness of the mother.

A complicated pregnancy and labor signify a *lesser* energetic affinity between the *consciousness-mother* and the consciex in the rebirth process.

Our previous extraphysical relationships determine the relative health of our current human relationships.

Our destiny, in this material existence, is determined during our most recent extraphysical past by our evolutionary group's Evolutiologist.

Contact through the extraphysical and physical dimensions, between the child-to-be and the parents-to-be, can occur over a period of just a few days or over an extended period of time prior to conception.

Human life is essentially an energetic connection.

The existential energetic connection occurs *within* the future child's holosoma, *within* the bonds of the future parents and relatives, and especially *within* the future mother's holosoma.

The connection between the energetic body and matter most frequently occurs at the *exact moment of human conception.* This is the most common moment in which a consciousness reconnects to organic matter. During intraphysical life, a woman produces nearly 400 ova.

In most instances of rebirth, the spermatozoid's entry into the ovum marks the formal beginning of the human body's life.

What is *embryology?*

Embryology is the science that studies the formation and development of the embryo.

What is an *embryo?*

An embryo is an organism, in this case human, which is in its first stages of development, or rather, is within the first 8 weeks of intrauterine life.

An embryo is not a consciousness.

The consciousness does not have *direct contact* with organic matter.

Energy serves as the intermediary between the consciousness and matter.

Every human life is indirectly developed through the energetic body. That is why any consciousness in a human body can leave or project themselves with lucidity to other dimensions, beyond dense material life.

OUR INTRAPHYSICAL CONSCIOUSNESS LIVES IMPRISONED, IN AN INDIRECT WAY, INSIDE THE HUMAN BODY, LIKE A CAPTIVE BALLOON.

This explains the development of the useful and inevitable phenomenon of conscious projection, by everyone, without exception.

Some consciousnesses remain *indocile*, impatient to leave the body.

To project every night while sleeping, even if unconsciously, is just like breathing for a human consciousness: it is a permanent, unchangeable, and indispensable function of our consciential structures.

NO ONE RECEIVES A SPECIFIC MOTHER AND FATHER BY CHANCE. THERE ARE PROFOUND BONDS BETWEEN CONSCIOUSNESSES WHO EVOLVE TOGETHER.

In the majority of cases of physical rebirth, the mutual experiences of a more intimate, or a less intimate, life together, come from sharing many human lives over many centuries.

The more evolved the consciousness preparing themselves to be reborn the longer will be both, prior to the moment of conception, the extraphysical period of adaptation to dense matter and the preparation for living in the future parents' environment.

There are children-to-be who know and closely follow, in the unique condition of helpers, the two *single individuals* who will become their parents and who have not yet physically met each other.

On the other hand, there are many cases of affective lack and emotional disturbance, where in the extraphysical consciousnesses predisposed to a new human life operate as *conscious intruders* of their future parents.

In many cases, the animal conception of a new human life is the healthiest way to relieve the numerous conflicts and emotional disturbances within a group of consciousnesses, conscins and/or consciexes.

Even before becoming pregnant, female veteran conscious projectors are able to identify and follow the characteristic details of the future human life that will come into existence through them.

Many women, during pregnancy, are able to have conscious projections together with the consciousness of their future child, who is also projected.

What is *intraphysical restriction?*

INTRAPHYSICAL RESTRICTION IS THE FUNNELING OF PERSONAL ATTRIBUTES IMPOSED ON A CONSCIOUSNESS WHO IS REBORN ON EARTH.

Every extraphysical consciousness temporarily loses many of their talents, personal evolutionary conquests, and knowledge when they acquire a new human body.

Consciousnesses lose the overwhelming majority of their *units of lucidity* at the moment of conception and recuperate what they can of their potentialities during material life.

The recuperation of a consciousness' *integrally lucid personality* occurs little by little, from childhood until physical maturity.

Rarely, however, does a person exhibit and employ 80% of the lucidity and discernment that they possessed as an extraphysical consciousness.

In human life, we lose the brilliance and the splendor of the lucidity we enjoyed in our extraphysical life.

While inside the soma, we are always incomplete personalities in comparison to our personal, maximum, multimillenary attributes.

As human beings we typically employ only 1 or, in the case of some *notable historical personalities,* 3 of our countless intelligences.

We are unable to access all the memories contained in our *integral memory.* Is the brain too limited to support the integral accounts of our parabrain or are we simply not able to exercise it efficiently?

What is the *parabrain?*

It is the brain of our extraphysical emotional body, or psychosoma. It is also the seat of our extraphysical mental body, or mentalsoma, the vehicle of discernment.

The brain of our new body does not reflect the consciential expansion that we freely enjoyed in the extraphysical dimension, our true origin.

In summary, at our current evolutionary level, to live in dense matter is to reduce ourselves to an insignificant fraction of our inner reality.

In other words, our *consciential microuniverse* becomes even more *micro* in human life.

Despite all this, we must not forget that a small expansion (development or an increase in number) of our *specific* consciential attributes can be obtained in each human life.

At our current evolutionary level, physical life is still much more productive for all of us than extraphysical life because it is more difficult to fulfill our need for interconsciential assistance in the extraphysical dimension. Assistance is an irreplaceable component in the leveraging of personal and group evolution.

THE 40 WEEKS OF INTRAUTERINE LIFE IS THE PERIOD OF MAXIMUM PHYSICAL RESTRICTION FOR THE REBORN CONSCIOUSNESS.

Beyond genetics, a science that studies the laws of transmission of inherited characteristics of individuals, there are paragenetics.

What are *paragenetics?*

Paragenetics pertain to the genetic inheritances of the consciousness from their emotional body, that which exists prior to the human embryo.

The more evolved the consciousness in the process of human rebirth, the *smaller* are the influences of genetics and the *larger* are the influences of paragenetics on the embryo, the fetus and the life within the mother's uterus.

It is for this reason that the *degree of restriction* suffered by a consciential microuniverse during intrauterine life varies greatly from consciousness to consciousness.

Human consciousnesses inherit much more paragenetically from themselves than they inherit genetically from their parents.

Besides the powerful determining factor of genetics – *an inheritance from one's parents;* and paragenetics – *an inheritance*

from oneself; there is another type of permanent influence over the new human body of the reborn consciousness: Mesology.

What is *Mesology?*

Mesology is the part of biology that studies the relationships between living beings and their environment, as well as their reciprocal influences. *Ecology* is the term more commonly used today, instead of Mesology.

Therefore, a third order of influence results from Mesology – *an inheritance from the human environment*, the social, cultural inheritance, or from the milieu where the person is raised, studies, physically develops, and lives until maturity.

We are, therefore, the result of a set of 3 inheritances: from our parents (Genetics), from ourselves (Paragenetics) and from the human, social, and cultural environment (Mesology).

In our evolutionary self-analysis, our genetic inheritance should be considered first.

It is important to remember that we all – human beings of all races without exception – have a caudal appendage, that is, a tail, until the 10th week of intrauterine life.

In addition, we still have 4 *canine teeth*, 2 in the upper jaw and 2 in the lower jaw just like many subhuman carnivores, especially the dog, *man's best friend.*

We also know today that 96.7% of our genetic composition is identical to that of the chimpanzee.

HUMANS STILL EXHIBIT SOME FORMS OF SUBHUMAN BEHAVIOR IDENTICAL TO THOSE OF CHIMPANZEES.

Nonetheless, we should not be ashamed of being human.

All healthy women, even those who are quite cultured, intellectual, and finely educated, have pubic hair – signs of the female-animal. We all owe our intraphysical life to women.

It is extremely important to avoid traumas during pregnancy and labor in order to ensure the well-being of the future adult human body and the mature life of the consciousness who is in the process of being reborn into matter.

The physical and mental hygiene of a pregnant and parturient women is indispensable in order to prevent eclampsia, abortion, and other accidents that often result, exclusively, from the shock of consciential energies between the consciousnesses of the future mother and the fetus (future newborn).

At this point, it is very important to pose a pertinent question:

Which of these 3 fundamental personal inheritances influences you the most?

The answer to this question synthesizes the value and the quality of your millenary past.

No one escapes from their own past. The past only serves to help us avoid making the same mistakes again.

6. *Childhood*

What is *childhood?*

Childhood, or infancy, is the period of growth in human beings that spans from birth to puberty.

Abstract thought is very difficult for children.

Contrary to affirmations from *dermatological,* conventional sciences, which only investigate the *superficies of the consciousness,* extraphysical research of evolutionary group processes show that, in most cases, the consciousness is responsible for both the type and gender of the human body acquired.

Parents can be classified into 2 types: those who are traditional and rigid, now outdated; and those who are modern and open, being better adapted to the renovations occurring in our current human era.

Biological laws govern intrauterine life. The belly of the modern mother is a very fragile protective cover for the fetus.

On Earth the formation of the consciousness' human body in the rebirth process is greatly affected by the parents' negative habits, such as, ingestion of chemical substances, antibiotics, the sick habit of smoking, and the consumption of alcohol and light and heavy drugs.

The *mother* plays the predominant role in human gestation. She has a *unique blood-to-blood connection* with the consciousness being reborn.

The *father* always has a much more fragile bond with the fetus.

The energetic, emotional, and intellectual atmosphere of the parents strongly influences the consciousness during the rebirth process.

The infant's life is always a *simple one.* During childhood, the human consciousness is only able to shape the foundations of their soma.

What is the *soma?*

Soma is the technical name for the male and female human body. It is the physical consciousness' *crudest* body, being an extension of the earth, although 65% of its mass is water. At the same time, the human body is the *highest level* of known animal evolution.

EVERY SOMA IS CREATED THROUGH A HETEROSEXUAL ACT INVOLVING MUTUAL, PREDOMINANTLY ANIMAL, STIMULUS.

We need to take constant care of our human body, *without paranoia.*

For those of us currently in the intraphysical state, the human body, limited by our physical senses, is our most concrete, objective, or least subtle personal component.

Due to its solid nature, the human body makes the common man and woman, devoid of any basic notions of multidimensionality, think that they are first and foremost their soma, and nothing more.

Men say: "my body" and by doing so, they separate their soma from their consciousness. Women say: "I" and by doing so they make an absolute psychological integration of their soma with their consciousness.

This myopic overestimation of the soma is characteristic of physicalist individuals who still lack the practical discernment afforded by consciential evolution.

There are people who do not have sufficient intelligence to prevent the putrefaction of their own soma while consciously living in it.

For many users who are still alive in this human existence, the soma is their *first coffin.*

These people live a sedentary life, smoke, intoxicate themselves with excessive drink and drugs, and fail to reconcile differences with their adversaries. This is a pathological condition which they somatize (internalize), and which eventually creates disturbances or diseases.

IT IS BETTER TO LIVE IN A CONDITION OF PERMANENT LOVE. DISAFFECTION AGES AND PREMATURELY KILLS THE HUMAN ORGANISM.

To live for the soma is insanity.

Under the skin of the most beautiful physical human form lies a skull.

The soma needs rest and cellular recomposition. The consciousness, on the other hand, never stops, nor does it need to jointly rest with the soma. This is why we can project ourselves into other consciential dimensions.

Two questions are very opportune here:

*If you do not make good use of your **brain,** the noblest human organ, how do you expect to make good use of your entire human body?*

*If you do not make good use of your **human body,** the simplest of your bodies, how do you expect to make good use of all your other more complex vehicles of manifestation?*

Our house or apartment – legal address, residence – is an extension of the human body in this intraphysical life.

We keep our human body alive firstly through consciential energies, and secondly by breathing oxygen with the lungs. There are also secondary factors that serve to keep the body alive, such as solid and liquid nourishment, hygiene, physical exercise, and others.

Our human body is a *bellows-body.*

As a result, we permanently and unavoidably live in this physical life as *animal respirators.*

We cannot stop breathing for even 10 minutes; otherwise we definitively deactivate our means of communication.

From the day of its birth, the mother, the pediatrician, and those responsible for the newborn baby, are concerned about its ability to breathe freely in an unpolluted environment.

Only those who have experienced high-level conscious projections can evaluate with experiential rationality, the *unavoidable burden* that is the body's incessant *respiratory mechanism.*

While *writing* these lines, the author's lungs – his *bellows of flesh* – worked without rest, very much the same way that while *reading* these lines, your *bellows of flesh* do not stop, not even for a second.

On the other hand, while utilizing the emotional body, the projected consciousness temporarily stops breathing. This *healthy loss of respiration* is a new sensation that the *great majority* of the human population has never lucidly experienced.

If you have not yet projected yourself outside your body with sufficient lucidity, you certainly cannot evaluate the experience of being fully aware of not having to breathe.

IT IS ALWAYS RECOMMENDED THAT PEOPLE UNDERGO THE EXPERIENCE OF *EXISTING WITHOUT BREATHING* ***IN ORDER TO ACCELERATE THEIR EVOLUTION.***

The average person immediately relates this subject to their phobias or to pathological issues, such as the horror of asphyxiation or the dread of suffocation. For such individuals, this possibility is irrational, and they are incapable of logically considering it.

An *unconscious projector* is not yet capable of experiencing the healthy liberation afforded by the tranquility of not breathing.

Nonetheless, the human body is only the *skin* of the *entire* personality.

Unfortunately, Human Society generally only considers the human body in an immediatist and utilitarian manner. Little or no attention is paid to the energetic and emotional bodies, and the *entire* personality.

This is why there are so many people who erroneously think that they are composed solely of their body of flesh, and end up living exclusively *for* and *through* the soma.

Obviously, all of this is not *un*desirable. These people seek and maintain this condition. It is, therefore, a choice, which is to be respected.

Strictly speaking, we came into human life, at this evolutionary level, to be happy, cheerful, and to do whatever we want, as long as we respect the human and consciential rights of others. This is, in fact, the underlying rule of conduct of ancient hedonistic principles.

What is *hedonism?*

Hedonism is the doctrine that considers immediate and individual pleasure to be the only possible good, the beginning and the end of a moral life.

On the other hand, we should not indulge in excesses. No one comes to human life solely to delight themselves in desserts, *the good life, fresh water, cool breezes,* laziness, and a sedentary life.

Prolonged physical inactivity kills the human body.

THE HUMAN BABY IS THE MOST DEFENSELESS OF ALL BABY ANIMALS ON EARTH.

A human child demands constant care and attention, especially during the first years of life.

The period between 2 and 5 years of age is critical in human childhood. It is a phase of nourishment for the mental body or of *acquisition of knowledge* that is fundamental for consciousnesses in their new vehicle of manifestation.

According to anthropological research, babies within this age range who are accidentally *raised by wolves* or bears, are never able to become normal human adults.

What is *anthropology?*

Anthropology is a science composed of several disciplines whose common aim is to describe human beings and to analyze them based on the biological and cultural characteristics of the groups to which they belong. Emphasis is given to the differences and variations among these groups in different epochs.

During the first years of human life, a consciousness reborn on this planet goes through the consciential basement's foolishness, ignorance, and repetitiveness.

What is the *consciential basement?*

The consciential basement is the phase of infantile manifestation that lasts up until the end of human puberty. During this phase,

the reborn consciousness exhibits a strong prevalence of basic animal instincts, primitive appetites, and the vigorous influence of their genetic heritage.

EVERYONE INEVITABLY GOES THROUGH THE INITIAL INTRAPHYSICAL STAGE OF THE CONSCIENTIAL BASEMENT.

However, the characteristics and consequences of this period vary from person to person.

The vast majority of people present *neurotic infantile behavior* to one degree or another.

The consciential basement is the personality's *sewage department,* where one is *more a slave* and *less a master* of primitive impulses or the remnants of imperfections.

The most diverse personal *flaws,* often considered to be permanently buried in the consciousness' past, can *reappear more* intensely during the infantile period of the consciential basement.

The manifestation of the consciential basement is more clearly pronounced in *boys* than in girls. We all know that boys are more aggressive. Girls smile more often.

A classic example of the consciential basement is a child's destructive, contrary, and antisocial behavior.

The extent of the consciential basement expresses the level of excellence of the consciousness' recent *intermissive course,* whether it was basic or advanced. This fact is more evident in the critical period from 2 to 5 years, the age of acquisition of *preliminary knowledge.*

Childhood is, in theory, the worst period of human life.

This can be rationally explained: while struggling with the new energies of the energetic body and the new human body, we are unable to express our personal maturity or maximal discernment.

Above all, what matters the most for consciousnesses, regardless of the dimension where they manifest, is their level of lucidity.

A child's life is merely a practice run, a sketch, a project, and a promise.

During this initial period, we are neither able to achieve proper conditions nor have an opportunity to fulfill any meaningful portion of a more advanced proexis with lucidity and dignity.

What is the *proexis?*

THE PROEXIS IS THE SPECIFIC EXISTENTIAL PROGRAM OF EACH HUMAN CONSCIOUSNESS IN THEIR NEW LIFE IN THIS PHYSICAL DIMENSION.

There is a giving, or *greater,* proexis, dedicated to the well-being of many; and there is a receiving, or *lesser,* proexis dedicated to specific personal matters.

This is why it is very embarrassing to hear a mature person complain that their childhood was the best time of their life.

This complaint exalts the unfinished, one's frustrations, and the worst. It shows that the person feels unfulfilled because they were not able to complete the greater tasks that they had planned to execute in their adult phase, the most important period of human life.

This happens even when consciousnesses do not really know, in greater detail, what they came to do in physical life, only *unconsciously* sensing and identifying the duty that they accepted. At this point, it is useful to perform a self-analysis by answering two questions:

Were you a balanced or an unbalanced child?

Do you still regret the foolishness of your consciential basement?

For many people, the consciential basement persists through adolescence and even into maturity. When this happens, the person becomes a *maladjusted adult.*

Personal experience is the cornerstone of a consciousness' evolutionary life.

No intraphysical consciousness is completely free. We live in a system of generalized interdependence between consciousnesses, all the time, everywhere.

It is hypothesized that excessively undisciplined intraphysical consciousnesses, or those who are difficult to interact and live with, had either no or a very short period as *domesticated animals* together with humans, during the multimillenary development of their consciential, multiexistential, subhuman, human or intraphysical evolution.

THE SUBHUMAN ANIMAL, BEYOND ITS GENETIC PRE-PROGRAMMING, LEARNS TO HAVE SOME DISCIPLINE THROUGH CONTACT WITH HUMANS.

This happens before *losing the caudal appendage* (tail).

Consciousnesses are more entropic and disorganized when they did not have a prolonged period in this stage of coexistence.

Thus, we can conclude that the details of evolutionary paths differ greatly from one consciousness to another because humans do not tame and domesticate *all* types of subhuman animals.

7. *Adolescence*

What is *adolescence?*

Adolescence is the period of human life that occurs after childhood. It begins with puberty and is characterized by a number of corporal, psychological, or integral consciential changes. It lasts from approximately 12 to 20 years of age.

Adolescence is the phase of human life in which social values are acquired and projects are elaborated that result in the consciousness' integration into society, or adaptation to the current human life.

The adolescent phase is a familiar womb-like experience.

During adolescence, a trip programmed by physiological development, one's biological alarm clock goes off. Girls have their *menarche*, or first menstruation. No modern woman will ever forget her first bra or her first menstruation.

In boys, physiological development explodes with the *semenarche*, or first ejaculation.

Genetic programing obeys an unavoidable biological determinism.

Adolescents are big children: they lack an average adult's greater maturity.

This lack of maturity gives rise to the irregularities of puberty or the foolishness resulting from the *consciential basement* of the reborn consciousness, with respect to their affective, sexual, educational, and social life.

In adolescence, pubescent consciousnesses with a weaker personality are tempted to lazily accommodate themselves, through the law of least effort, to their more readily available talents and all that they bring from the past – the baggage of previous life experiences. They thus surrender themselves to existential self-mimicry as defenseless victims.

What is *existential self-mimicry?*

Existential self-mimicry is the human consciousness' generally instinctive and unconscious imitation of their own past experiences or previous physical existences.

This complacency can annul a good portion of one's proexis planned prior to rebirth.

During adolescence, the *reborn* extraphysical consciousness, now in a new human body, be it female or male, begins to define, or exuberantly be defined regarding, their *basic sexual instinct.*

This definition occurs based on the predominance of either Paragenetics or Genetics, in relation to the human consciousness' will.

Disturbances in the emotional body act powerfully in defining the basic sexual instinct.

Sex is in the soma. Sexual maturity is only achieved through a clear self-definition of the personal, basic, sexual instinct.

Consciousnesses can, for example, receive a healthy, new, fully functioning, male body and feel more comfortable using it in a displaced or ectopic female manner, in accordance with their basic sexual instinct.

What is *consciential ectopia?*

Consciential ectopia is the unsatisfactory execution of one's proexis in an eccentric, dislocated manner, outside the *programing chosen* for the individual's *intraphysical life.* This *eccentricity,* ectopia, or deviation can begin through the inappropriate use of the human body.

This abnormal usage causes imbalances and blockages in the consciousness' chakras and gives rise to the greatest conflicts and maladjustments of human sexuality.

The great majority of parents still program their childrens' future without giving any consideration to their proexises.

What is a *chakra?*

A chakra is a nucleus or defined field of consciential energy in the consciousness' energetic body, which is reflected in the human body.

What is the *sexochakra?*

The sexochakra is the nucleus of consciential energies acting as the main link between the energetic body and the human body. It is also called the *radical* or root chakra (geoenergy).

It is located in the perineal area, both in men and women, with the energies principally directed downwards and backwards.

A CONSCIOUSNESS DOES NOT HAVE A GENDER, PER SE. THUS, BEING ASEXUAL, THEY CANNOT REPRODUCE OTHER CONSCIOUSNESSES.

Within the consciousness' set of bodies, only the human body has a gender. That is why the human body, or soma, is also called the *sexosoma.*

However, the main sexual instrument is, in fact, the will. That is why we affirm: *somatic sex* is between groins and *holosomatic sex* is between the ears.

We can see that instinctive processes actively influence the utilization of the human body. These processes are the baggage that we inherit from ourselves and from our ancestors.

Sex education is still developing everywhere. This has a strong effect during adolescence.

The *sexual revolution,* that involved recent human generations, has placed individuals in the middle of 3 competing groups with regards to sex education: the family, schools, and the media.

Unfortunately, this can continue in a pathological manner.

Instinctive processes can remain with the deceased person's consciousness during the intermissive period, and then reappear in the new physical life. This may occur once, or in many lives going forward.

A frank inner conflict is established when consciousnesses consider themselves to intrinsically and erroneously belong to a specific sexual gender and the new physical body they acquire is of the opposite gender. This explains numerous cases of homosexuality and lesbianism.

Many genetic, paragenetic, and mesological factors influence and intensify even more this inadaptability in the consciousness' intimacy.

Due to the complexity of these conflicts, they need to be individually analyzed following conscientiotherapeutic norms.

What is *Conscientiotherapy?*

Conscientiotherapy is the science that studies and applies the treatment, alleviation, and remission of disturbances of the consciousness. This is achieved by applying resources and techniques derived-from conscientiology.

Sex is extremely important for everyone's human or energetic life, without exception.

Sexual-affective myths generate sexual identity crises.

Sex is at the root of consciential energies. It is also the most popular professional and amateur human sport everywhere.

The human being has the most developed sexuality of any animal on this planet.

Consciousnesses must adapt to their new existential period with the energies of the new energetic body in the new human body. The restriction experienced by consciousnesses while manifesting in matter imposes this forced adaptation.

The reborn consciousness, now *disguised* in a new body and within a new social context, is often discovered and identified by extraphysical enemies from one's innumerable past lives, in accordance with the laws of the seriexis.

What is *seriexis?*

Seriexis, or existential seriation, is the evolutionary process that imposes successive or a series of intraphysical rebirths.

It is easy to see that this intensifies the inner conflicts experienced during adolescence.

Sex, or more appropriately the affective-sexual condition, results in an indeterminate series of influences, hypnosis, and sick intrusions between consciousnesses. This is the condition of interconsciential intrusion.

WHAT IS INTERCONSCIENTIAL INTRUSION?

INTERCONSCIENTIAL INTRUSION IS THE PATHOLOGICAL INVASION OR INTRUSION OF IDEAS, EMOTIONS, AND ENERGIES OF ONE CONSCIOUSNESS UPON ANOTHER.

Intrusion can occur in 4 different ways: from an *extraphysical* consciousness to another *extraphysical* consciousness, from an *extraphysical* consciousness to an intraphysical consciousness; from an intraphysical consciousness to another intraphysical consciousness; and from one intraphysical consciousness to an *extraphysical* consciousness (rare).

Thus, both extraphysical interconsciential intrusions and human interconsciential intrusions exist.

Interconsciential intrusion is the most common illness or disturbance in human beings. It attacks our brains more often than cavities do our teeth. Its pathological effects are much worse, more prolonged and devastating than all other disturbances and pathologies.

Extraphysical intruders are like the shadow cast by a conscin's soma: they change position and alter their form according to the ambience (dimension) and temporal circumstance (moment).

Unfortunately, extraphysical intrusions potentiate organic illnesses or those specifically related to the soma.

One of the characteristics of an intraphysical intruder is their *negative emotional inversion.*

We know we use less energy, less effort, and fewer muscles to smile than to make a sad or worried face.

When a person routinely maintains an unpleasant disposition, constantly frowning rather than smiling, it is a physical sign of obsession with some wearisome issue and pathological intrusion.

Consciousness is indestructible. Consequently, the worst that can happen as a result of consciential intrusion – the subjugation of one consciousness by another, or outright *pathological possession* – is the deactivation of the incautious intraphysical victim's human body.

No one can ever definitively deactivate the consciousness, not *sick-possessors,* not even the *sick-possessed,* and especially not a *sick-committer of suicide.*

Interconsciential intrusions are less likely to occur during childhood due to the still imprecise and incomplete development of the brain of the person who remains far from physical maturity.

Interconsciential intrusion is much more frequent at the end of adolescence at which point the reborn consciousness defines their sexual preference, company, and mode of ***re****living* in their new human life.

Remnant, *viscous* consciential energies, responsible for blockages and imbalances in our energetic body, are the result of insufficient *sympathetic deassimilation* from the energies of other consciousnesses, subhuman animals, plants, objects, and environments. These energies establish prolonged or *chronic* interconsciential intrusions.

THOUSANDS OF PRODUCTIVE HUMAN LIVES, WITH PROMISING PROEXISES, ARE RENDERED USELESS DUE TO INTERCONSCIENTIAL INTRUSIONS.

We can see that this all happens because people generally do not know how to perform *sympathetic deassimilations,*or to *rid themselves* of the sick consciential energies they absorbed from a pathological energetic contact. Sympathetic deassimilation allows people to return to being *clean,* or themselves.

This is why adolescence is a *defining crossroads* of human destiny for the consciousness reborn on Earth.

The individual's vocational directives begin to appear during adolescence and thus the first indicators of their economic level, as well as the scope of their adult intellectual life.

The young conscious projector's first initiatives, with respect to the phenomena of *lucid projectability*, start to surface during adolescence. For those who had an advanced intermissive course a search for invexis, or existential inversion, also begins.

What is *invexis?*

Invexis is a technique that inverts sociocultural values and projects in human life. This allows the execution of greater personal endeavors – that are generally performed during adulthood – to be commenced in one's youth.

Currently, inverters are helped, in a practical and substantial manner, through grinvexes.

What is a *grinvex?*

A GRINVEX IS A GROUP OF EXISTENTIAL INVERTERS WHOSE OBJECTIVE IS TO EXPERIENCE TEAM-PLANNED EXISTENTIAL INVERSION.

In terms of the technical, advanced, precocious planning of one's physical life, existential inversion is the most effective endeavor that a human consciousness can propose. Invexis undeniably maximally dynamizes an individual's evolutionary performance.

Existential inverters rely on constant full-time dedication in order to execute their life's program, usually before reaching the age of 26, which is generally accepted as the age of biological maturity.

In the process of existential inversion, the consciousness, while taking the first steps towards adulthood, acquires a new inner perspective or undergoes recin.

What is *recin?*

Recin is an *in*traconsciential *rec*ycling that is voluntarily performed by the person. It is the *greatest possible inner reform* that can be rationally and technically planned.

Invexis permits the *healthy* and *early start* of the executive phase of human life (typically spanning from 36 to 70 years of age) while one is still in the preparatory period – from 1 to 35 years of age.

At this point it is useful to ask the following question:

What healthy or sick consequences did your adolescence bring into your adult life?

The answer to this question indicates the level of your consciential maturity.

It is always worthwhile to take advantage of the current evolutionary moment in order to renew what we can. One hour today is worth 3 hours tomorrow.

The past should only exist in terms of the lessons it has left us. Aside from the educational aspects of the past, we should only interest ourselves in the present-future.

THE IMMUTABILITY OF OPINIONS INCREASES IN DIRECT PROPORTION TO PHYSICAL AGE, AS A FUNCTION OF NEOPHOBIA AND THE CRYSTALLIZATION OF ROUTINES.

8. Human Maturity

What is *human maturity?*

Human maturity is the inner state in which the development of the personality is complete.

Biologically speaking, maturity is reached around 26 years of age, this is when consolidation of the extremities or epiphyses of the human bones has taken place.

Human maturity expresses, or should express, a maximal recuperation of cons by the consciousness in this intraphysical life.

What is a *con?*

A CON IS A HYPOTHETICAL UNIT OF MEASUREMENT OF THE LEVEL OF LUCIDITY OF A CONSCIOUSNESS WHO HAS BEEN REBORN INTO MATTER ON THIS PLANET.

The extensive set of cons are lost by the consciousness during the tunneling effect of rebirth into dense matter. Little by little, cons are partially recuperated during the development of the human life.

The following are some examples of the recuperation of *major* cons: use of the elaboration of rational, tachypsychic (extremely fast) thought; capacity for the logical association of ideas in the analysis of things in general; natural experience of the parapsychic attribute of clairvoyance.

All these attributes were freely enjoyed in the extraphysical dimension by a lucid consciousness directly using the emotional body (psychosoma), prior to using the current human instrument.

Human maturity comprises the final part of the executive phase of life that occurs in the span between 36 to 70 years of physical age (on average). The age limits here are didactically assumed to be representative for the average of the population.

The level of recuperation of cons shows the quality of the human consciousness' most recent intermissive course.

The most intelligent course of action for the human consciousness is to invest heavily (culture, intellectuality) in the attributes of the mental body (mentalsoma).

A major aspiration of every evolved human consciousness is to reach the condition of hyperacuity during the period of physical maturity.

What is *hyperacuity?*

Hyperacuity is the condition of maximum lucidity of the human consciousness achieved through a recuperation of all the cons possible.

A condition contrary to hyperacuity is existential robotization.

What is *existential robotization?*

Existential robotization is the condition in which the human consciousness is still extremely tropospheric and excessively enslaved by intraphysical, animal life, living *submerged* among the unthinking masses.

It is always hoped that in the phase of human maturity, the person will also have attained sexual maturity. As a result, a physically mature person will also have consolidated their social condition, by forming an evolutionary duo with another consciousness.

What is an *evolutionary duo?*

An evolutionary duo is the condition in which 2 consciousnesses interact positively in mutual evolution, that is, a kind of *cooperative evolution for two.*

There are *couples* who, despite a plenitude of sincere love that each devotes to the other, do not fulfill each other. This is why they decide to procreate or generate another human life.

This demonstrates, with indisputable logic, the influence of animal instincts over human consciousnesses.

There are *evolutionary duos* who, despite the plenitude of mutual affection and discernment that they enjoy from one another, do not fulfill each other, *not even* with the gestation of other human lives. They naturally aspire to much more.

From this the 2 give birth to great maxifraternal works. It demonstrates, with irrefutable logic, a condition of advanced consciential maturity.

Both types of projects – one for having children and the other for evolving through interconsciential assistance – evidence the existence of 2 distinct levels of evolution of the consciousness: one being common and primary; the other being undeniably advanced.

Against facts there are no arguments, regardless of whom or where they come from.

Anticosmoethical emulation must always be avoided in the actions of an evolutionary duo.

ONE FACTOR TO BE CONSIDERED IN THE CONSTITUTION OF AN EVOLUTIONARY DUO IS THE CONDITION OF THE INCOMPLETE COUPLE, WHEN PROBLEMATIC.

What is an *incomplete couple?*

An incomplete couple is a man and a woman who never actually constitute an intimate couple (a couple that engages in complete sexual acts), but maintain strong affective ties.

The maintenance of healthy incomplete couples depends on the social limits of friendship and the general interdependence of the non-promiscuous individuals.

It is worth pointing out that the human body requires special attention when mature.

After 45 years of age, every person's *organic machine* exhibits some natural deterioration, even if minimal.

During the phase of physical maturity, the consciousness should perform a self-analysis with respect to their strongtraits and weaktraits.

What is a *strongtrait?*

A *strongtrait is* a positive component or a virtue in the structure of one's consciential microuniverse that propels that consciousness' evolution.

Examples of strongtraits: the great mathematician's capacity for concentration and elaboration of thought; the artisan's unique manual ability.

It is intelligent to identify one's megastrongtrait, or strongest personal trait, in order to use it in the self-scrutinizing combat against weaktraits in general, and especially one's *megaweaktrait.*

What is a *weaktrait?*

A weaktrait is a defect or psychological fissure in the structure of one's consciential microuniverse that the consciousness has not yet been able to overcome.

Examples of weaktraits: the habit of smoking of the lung specialist, someone highly qualified in the advanced treatment of human lungs; the talented but tardy artist, unable to correctly fulfill professional commitments.

A weaktrait always impedes the acceleration of the consciousness' evolution.

***It is always intelligent to identify one's** megaweaktrait, or **weakest personal trait, in order to combat it using one's** megastrongtrait.*

In general, every major mistake committed by an intraphysical consciousness is accompanied by its respective *inner repression.* With time, repressions accumulate and the person becomes narrow-minded.

During the phase of human maturity, a lucid individual needs to calculate their life's net balance in order to establish how much of the existential program has already been achieved. There is nothing better, in this process of evaluation or renewal, than performing recexis.

What is *recexis?*

Recexis, or existential recycling, is a technique wherein human consciousnesses voluntarily change their existential perspective.

The consciousness reaches psychological or human maturity after the human body has reached biological maturity. However, the vast majority of people still lack holomaturity.

What is *holomaturity?*

Holomaturity is the personal condition of integrated maturity, that is: *first,* the biological or organic maturity of the soma; *second,* psychological or cerebral, social and human maturity; *third,* holosomatic maturity, regarding conscientization (awareness) of the holosoma, retrocognitions, previous lives and multidimensionality.

All this affects the level of personal lucidity with respect to one's holomemory.

What is *holomemory?*

Holomemory is the causal, compound, integral, multimillenary, multidimensional, uninterrupted, personal memory. It retains all facts related to the experiences of a particular consciousness. It is also called the *multimemory* or *polymemory.*

WHEN APPLIED IN DAILY LIFE, HOLOMATURITY TAKES A HUMAN CONSCIOUSNESS TO UNIMAGINABLE LEVELS OF SELF-AWARENESS.

In terrestrial life, we base and utilize our great stock of knowledge in our brain's *genetic memory.* In extraphysical life, we base and

utilize our great stock of knowledge in our integral memory, our causal memory or holomemory.

The gap between the 2 memories determines the degree of our *consciential restriction* in the process of the seriality of consecutive human lives.

What is *self-conscientiality?*

Self-conscientiality is the quality of the level of priority self-knowledge, that which is imperative and most important for the consciousness.

The megaknowledge offered by self-conscientiality leads the individual to multidimensional self-conscientization (self-awareness).

What is *multidimensional self-conscientization?*

Multidimensional self-conscientization is the condition where a human consciousness has achieved mature lucidity regarding consciential life in the evolved state of multidimensionality. This state is attained as a result of having lucid projections in non-physical dimensions.

The most intelligent conscin is that who is interested in human life as well as the extraphysical dimensions that are directly related to their current life and immediate future.

At this point, it is appropriate to pose a personal question:

On a scale of 1 to 5, what is your level of human maturity?

JUST AS WE HAVE VARIOUS** TYPES OF MEMORY, INTELLIGENCE **AND** VEHICLES **OF MANIFESTATION, WE ALSO HAVE VARIOUS** EGOS **TO DEVELOP.

This means that in human life we can act as different authentic characters or centered personalities.

Generally speaking, it becomes impractical to develop various egos at the same time, because one could predominate, monopolize, and disastrously overrun the others.

Intraconscientialshocks are generally inevitable in cases where there is a multiplicity of personalities. That is why we always choose one ego to predominate, suppressing or eclipsing the others, even if temporarily.

For instance, *a promiscuous conquering ego* cannot live in the same house, or more appropriately, *in the same soma* (human body), as *a philosophical ego.*

In this consciential era, mentalsomatic studies recommend that, if possible, we *permanently* suppress the following egos: the *good life* ego, the *sexually immature* ego, and the *mystical* ego still enslaved by the *belly-brain.* Mentalsomatic studies also recommend that we develop the following egos: *the practical philosopher* ego and the *self-aware energizer* ego or the *interconscientialassistant* ego. The best is to choose a more evolved role or ego through which we can manifest ourselves on earth.

According to conscientiology, the following is a logical theory regarding a personality in evolution:

INDIVIDUALS CAN ONLY GAIN, EVOLUTIONARY, WHEN THEY EVALUATE THEIR LEVEL OF CONSCIENTIZATION.

9. *Existential Program*

What is *complexis?*

Complexis, or *exis*tential *compl*etism, is the comfortable condition of having satisfactorily completed one's *proexis*, or *exis*tential *pro*gram. This includes acts and works by the human consciousness that were planned in advance during the most recent intermissive period.

Complexis can only be attained through competent administration of the consciousness' *life projects.*

A human consciousness is an existential completist if they fulfil their proexis within the allocated sector and at the level anticipated – irrespective of whether the proexis was a major or minor one.

Although interdependence is inevitable, it should not prevent us from doing what we should do in the execution of our proexis. Interdependence should in fact help.

There are *completists* who are totally unaware of their miniproexises. They live their existences and realize their work in a spontaneous, non-reflective, and *para-instinctive* fashion, without any conscious choices.

The following are examples of common existential completists: the outstanding surgeon with decades of service rendered; the conventional writer, acclaimed as an intellectual, who has received all the laurels in their field.

An existential completist's reward is to choose a better soma for the next multiexistential evolutionary period.

There are already human consciousnesses who are existential multicompletists.

What is an *existential multicompletist?*

An existential multicompletist is a consciousness who has satisfactorily executed more than one existential program.

Of course this takes place using more than 1 human and energetic body, in more than 1 consecutive lifetime, epoch, and intraphysical society; with an assistantial link occurring between the successive proexises. This is called *existential multicompletism.*

There are consciousnesses who work for many centuries, across several human lifetimes, in the area of human education; others who work as religious professionals; and others still, who work in a specific sector of the arts, science, or politics.

What is *incomplexis?*

Incomplexis, or *exis*tential *incompl*etism, is the chronic, uncomfortable, and frustrating condition experienced by a human consciousness as a result of the incomplete and unsatisfactory execution of the proexis, which was planned during the most recent intermissive period.

Incomplexis can result in a *premature desoma,* or the deactivation of the human body before the originally planned time.

The greatest triumph of the human consciousness is complexis.

However, the achievement of complexis depends on the relationship of the consciousness with their evolutionary group and the personal code of principles they live by on Earth.

A human consciousness without complexis is like a bee without honey.

There are extreme cases of existential incompletism, some apparently without solution, such as the obese dietitian, the smoker heart and lung specialist, or the demented psychiatrist.

The most common examples of ostensive incompletism are the businessman who becomes a trafficker, the driver who becomes a motorway assassin and the politician who drowns in *dirty tricks.*

In the satisfactory voluntary execution of the existential program, a consciousness has to clearly define their personal goals and tasks for each phase of existence, from cradle to grave.

In some rare cases, a helper suggests or informs the consciousness regarding some clause of the person's existential program.

This only happens in some more universalistic *maxiproexises* that involve the development of collective, maxifraternal interests and repercussions.

The most common scenario, in the case of *miniproexises,* is for intention and personal effort to guide the already physically mature person to the gradual execution of their high priority tasks, without any traumatic changes or *evolutionary rapes.*

When a person identifies the directives of their proexis in greater detail, this usually results in the discovery of essential gaps or omissions in the structure of the execution of certain parts of all their tasks. At this point, the individual can receive a morexis.

What is a *morexis?*

A morexis, or *exis*tential *mor*atorium, is an extension of human life given to a deserving consciousness because of their efforts and fraternal accomplishments. This is done in order for them to correct omissions or to endeavor to execute uncompleted tasks in a reasonable fashion.

Realistcally, a morexis is the positive postponing of the deactivation of the human body, or a *delayed desoma.*

There are two types of existential moratorium. The first is a lesser type, or a *minimorexis,* which is based on a deficit and pe-

culiar to existential incompletism. The second is the greater type, or a *maximorexis*, a wholesale approach based on a surplus and characteristic of existential completism. A maximorexis is the granting of the *well-deserved honor* of complexis, a *more* healthy achievement with respect to the results of the life program.

AN EXISTENTIAL MORATORIUM IS THE RESULT OF A DIRECT, COSMOETHICAL INTERCESSION FROM THE EVOLUTIOLOGIST.

The time complement provided by a morexis can vary from months to decades.

One may receive 2 or 3 morexises, which can include an *organic recycling* of the soma of the person receiving the moratorium. As well, there are extremely rare conditions of *morexises in group* (a group of people receiving life extensions).

After passing through the *bottleneck of subhumanity* and its remnant effects, the tendency of consciousnesses, in their continuous evolution, is to have discernment gradually predominate in their consciential microuniverse and to prioritize, centralize, and dedicate themselves full time to consciential gestations.

What is a *consciential gestation?*

A consciential gestation is the evolutionary productivity of the human consciousness who is focused on the execution of *fraternal endeavors* and the implementation of renewing, libertarian ideas within the framework of their proexis.

Consciential gestations can be aided by the intelligent employment of conscientiometry.

What is *conscientiometry?*

Conscientiometry is the discipline that studies the measurement of the consciousness, through the resources and methods offered by conscientiology.

In many cases, consciential gestation involves making human gestation and its consequences – physical demands and time expenditures – a secondary priority.

AN EVOLUTIONARY DUO'S *CONSCIENTIAL GESTATIONS CONSTITUTE HEALTHY EXCEPTION-CONDUCTS,* ***FOR BOTH, IN THE INTRAPHYSICAL DIMENSION.***

A consciousness who has chosen consciential gestations chooses not to raise 1 or 3 children, for example, in order to work at the high priority task of assisting the evolution of thousands of people, with whom they have no blood tie, as well as extraphysical consciousnesses.

This posture represents leaving behind a primitive *animal life* in order to fully live an advanced *consciential life,* in accordance with one's extraphysical hometown (extraphysical origin).

The *life plan* is analyzed under other multidimensional and multiexistential lenses, with the focus being the current and future existences on earth. This is the task of a small but lucid element – *assistantial consciousness* – within a more extensive, all-inclusive, advanced structure – multidimensional *assistantial team.*

Choosing maxifraternity guides one to the intelligent search for a consciential self-relay from that point on.

What is *consciential self-relay?*

Consciential self-relay, or multiexistential continuism, constitutes the greatest possible intertwining of the essential, evolutionary acts of one human life with those of the next, and the other lives to come, into a continuous productive series *(seriality)* of completed existential programs.

Consciential gestations, with consecutive multiexistential self-relays, involving multidimensionally oriented human tasks performed as a team, can demand the use of a macrosoma.

What is a *macrosoma?*

A MACROSOMA IS A *SUPER CUSTOMIZED* ***HUMAN BODY USED FOR THE CARRYING OUT OF A SPECIFIC PROEXIS.***

Due to the consciential self-relay, personal organization that covers all sectors of human life and is also based on cosmoethics, is inevitably discovered and brought to the fore in daily concerns.

What is *cosmoethics?*

Cosmoethics – the cosmic moral – is the foundation for all interconsciential assistantial tasks and is the moral philosophy of conscientiology.

It is a set of principles that will lead one to make fewer mistakes. As such, cosmoethics eliminates the useless suffering of the human consciousness.

Every bit of *amorality* increases the percentage of personal errors.

A light cosmoethics does not resolve a human consciousness' evolutionary issues.

In light of cosmoethics our acts are either correct or incorrect.

EACH HUMAN CONSCIOUSNESS HAS THEIR *PERSONAL CODE OF COSMOETHICS* ***THAT REFLECTS THE CODE OF THE COSMOS WITHIN THEM.***

Do you feel cosmoethically responsible for your acts?

Cosmoethics is the reflection and experience of the multidimensional cosmic moral. It represents the essence of integral maturity and extends beyond the social moral or ethics that appear within any human classification.

An individual's attributes *(strongtraits)* and flaws *(weaktraits)* are seen from a different perspective. There is an amplified possibility of improving the inner reform of the consciousness' microuniverse.

A person considers their ego in relation to the simpler bad habits and addictions such as smoking; the definitive discarding of light and heavy drugs; and the elimination of the vulgar law of least effort.

In this way, men and women identify groupkarmic interprison and intraphysical melancholy.

What is *groupkarmic interprison?*

Groupkarmic interprison is the condition of inextricability of a consciousnesses within an evolutionary group, when they have jointly committed anticosmoethical acts. They remain imprisoned with, or tied to, their marginal evolutionary companions until they are able to cosmoethically *rearrange* their path.

Anticosmoethical groupkarmic interprisons are caused by collaborating with antisocial machines; extermination groups; Mafias; inquisitions; human tortures; wars; terrorist acts; and genocides.

Groupkarmic interprison provokes melin in the human consciousness.

What is *melin?*

Melin, or *in*traphysical *mel*ancholy, is a condition of profound frustration experienced by a person prior to the deactivation of their human body. It is generated by the dissatisfaction with oneself for having neglected and ultimately failed to achieve some consciential endeavor in the field of assistantial universalism, which the person was invited to undertake.

Melin appears during human maturity or the executive phase of one's physical life. It can be accompanied by a longing, nostalgia, and sadness, which are qualities characteristic of the *foreigner syndrome.*

THE FIRST SYMPTOM OF INTRAPHYSICAL MELANCHOLY IS A PERSISTENT SADNESS THAT CAN LEAD TO APATHY OR ABULIA.

In certain cases, melin can attract multicentennial intruders and, as a result, provoke a state of profound depression.

Melin can lead a person to suffer from permanent crises of depression and a lack of self-esteem that requires prolonged therapeutic attention. Conscientiotherapy is typically recommended in these cases.

The acquisition of a new perspective or rational recycling within the human life definitively cures intraphysical melancholy.

What is *universalism?*

Universalism is the set of ideas derived from the universality of the basic laws of nature and the cosmos. As a result of the consciousness' natural evolution, universalism inevitably becomes their prevailing cosmic philosophy, being the most intelligent and useful with respect to the dynamics of evolution.

Applied universalism is synonymous with anti-egoism, a cosmic focus, cosmopolitanism, *disarmamentism,* eclecticism, ecumenism, generalism, *intergalacticism,* internationalism, maxifraternity, *multiculturalism,* multidimensionality, multidisciplinarity, *globalization,* polykarmality, polyglotism, *supranationalism.*

The experience of *social* universalism is the first step towards the experience of *multidimensional* universalism. It tends to standardize cultural principles and norms everywhere.

Through universalism, a person in frank development arrives at the personal classification of their tasks, interests, and objectives, within the consotask, the claritask, and penta.

What is the *consotask?*

The consotask, or *conso*lation *task,* is an elementary, personal or groupal, assistantial task. It is easier to execute, more pleasant within the human social environment, and brings immediate gratifi-

cation as a payoff for the practitioner's efforts. It deals with the maximum consolation of tropospheric conscins, or rather, those who are needy, socially impaired, and inexperienced in regards to evolution.

Is the consotask a *palliative?*

Yes, the consotask is a palliative. It is a simpler task that *pleases* needy people by employing emotions and euphemisms. It provides immediate results for its practitioners who frequently proselytize, emphasize mysticism, and appeal to religious or political demagogy and moralist conventions.

The consotask is always superficial. It never encourages the complete renovation of those who are helped. The existential recycling it offers is invariably superficial.

At its core, the consotask is still a *light brainwashing,* based on the *psychological crutches* of outdated formulas, maintaining dependencies and repressions.

THE CONSOTASK IS NOT AN IDEAL ASSISTANTIAL TASK. FOR MANY PEOPLE IT IS MERE ACCOMMODATION OR A DEVIATION FROM THE PROEXIS.

This accommodation or deviation refers to the execution of an advanced existential program that was planned during the intermissive course.

What is the *claritask?*

The claritask, or *clari*fication *task,* is a more advanced, personal or groupal, assistantial task. It always appears once the consolation task has been experienced. It is more difficult to execute and is generally antipathetic within the human social environment. It only provides gratification in the long term, during the intermissive period, after the deactivation of the human body.

Advanced clarification task deals with leading edge relative truths that address individuals, groups, institutions, societies, and multidimensional objects and realities in general.

The claritask is undeniably different from the consotask.

The clarification task is surgical in nature. It promotes profound recycling and, in fact, intimately modifies the conscin in a deep, practical, and objective manner.

The clarification task offers more definitive assistantial solutions. It evolves against the flow of common human preoccupations. It exalts self-scrutiny and personal discernment. It dispenses with the worship of personalities. It leads people to think for themselves in order to liberate themselves from the millenary oppression of instincts, unhealthy dependencies, and sacralizations.

Among the best superendowed individuals of the new human generations are those who are conscious of complexis. Today, conscientiologists seek those who intend to dedicate themselves to *cosmoethical claritasks* within the multidimensional framework.

Within this context, researchers give preference to couples, including youths, who currently comprise *evolutionary duos* with a high level of lucidity.

THE CLARITASK FREES THE CONSCIOUSNESS FROM THE CYCLE OF REPETITIVE, SUCCESSIVE LIVES. FOR THIS REASON, IT IS THE UNIT OF MEASURE OF SELF-EVOLUTION.

The level of our evolutionary competence with respect to our undertakings is anatomized by the net-balance of our complexis or incomplexis, our morexis or multicompletism, our human gestations or consciential endeavors, our consotask or claritask, and our consciential self-relay.

What is *penta?*

Penta is the *pe*rsonal *en*ergetic *ta*sk. It is a multidimensional task that receives constant assistance from helpers and consists of daily energetic assistance rendered to others for the remainder of the

practitioner's life. In general, it arises after the individual has experienced the clarification task.

Penta is an effective technique for maintaining human beings connected with their consciential, evolutionary, and extraphysical origin, that exists beyond the terrestrial troposphere. This connection is maintained without any antiquated and undesirable subjugation to any type of dogmatic *brainwashing* or *brain-shrinking* doctrines.

Penta has extraphysical or multidimensional assistantial roots based on the *practitioner's* helper and on the helper of those *receiving assistance*.

The gradual or joint experience of these 3 assistantial tasks – consolation, clarification, and penta – leads the consciousness to realistically consider the goal of becoming permanintfree as something possible.

What is *permanintfree?*

Permanintfree, or totally *perman*ently *int*rusion *free*, is the consciential quality and human condition of an individual who no longer suffers any type of intrusion.

A permanintfree person does not suffer from the frequent occurrence of unconscious intrusions that have affected all of humanity throughout the millennia, in successive lives, and in the most varied of human societies. This person then becomes *conscious assistantial bait.*

AS A PERMANINTFREE BEING, LIVING AS AN EPICON, THE CONSCIOUSNESS ASSUMES RESPONSIBILITY FOR NUMEROUS ASSISTANTIAL TASKS.

What is an *epicon?*

An epicon, or *con*sciential *epi*center, is a person who becomes a terminal of lucidity, assistantial reasoning, and is a fulcrum of operant multidimensional constructivism.

The flexibility of the energetic body is fundamental in the epicon's development.

The epicon always has a well-consolidated physical base for the human body. This physical base is the material seat of their interdimensional assistantial work. This is the case even when the person frequently travels.

There are 4 basic types of consciential epicenter: an average but lucid human consciousness, a permanintfree individual, an Evolutiologist, and a *Homo sapiens serenissimus.*

An epicon has a direct experiential relationship with advanced penta and an offiex.

What is an *offiex?*

An offiex, or *ex*traphysical *offi*ce (or clinic), is where intraphysical consciential epicenters perform their assistantial works of greater magnitude, and where *parasanitary isolation* is established for the purpose of assisting sick extraphysical leaders and other cases of equal scope.

The numerous, ongoing requests made of the penta practitioner, by those seeking the assistance provided through the offiex, through letters and other types of communication, evidence the level of the public's need for interconsciential assistance, everywhere.

As we can logically conclude, one can arrive at 60 years of age and be positive, lucid, and beneficent, with healthy intentions and, more importantly, working in favor of others.

On the other hand, at the same age, one can be suffering from the initial stages of senility (senile psychosis), have bad habits, complain constantly, be pessimistic and grouchy, and be unproductive with regards to working in favor of others.

Two pertinent questions arise from this:

DO YOU, AS A HUMAN BEING, FEEL MORE OR LESS ADAPTED TO THE ACTIVE IMPLEMENTATION OF YOUR EXISTENTIAL PROGRAM?

*Can you logically conceive, imagine or understand a **body** of philosophical, political, or scientific **ideas,** that have a rational and coherent beginning, middle, and end, and provide the basic coordinates of your **life's plan,** better than this one?*

All of this is the summary of our personal and groupal experiences resulting from half a century of research, hypothesis, and theories.

If you are able to logically and detachedly explain the broad practical reasons for our life with concepts better than those presented here, please communicate your discovery to this author, who will be forever grateful.

It is very difficult for a person to think extensively about the basic directives of evolutionary life, due to the influences of transitory human involvements.

From this arises the endless foolishness and superfluous immaturity in the ephemeral existence of all social beings.

These foolish and immature tendencies number in the millions, ranging from the most simple and insignificant, to the most sophisticated lucubrations of human beings.

Examples of these types are abundant everywhere and block the free development of the consciousness.

ONE OF THE GREATEST HUMAN STUPIDITIES IS A** COLLECTION OF ARMS. **THIS ONLY WORSENS THE COLLECTOR'S ENERGETIC ENVIRONMENT.

10. Preparation for the Next Life

What is most intelligent for the *well-being of a human individual?*

The most intelligent for the well-being and comfort of a human individual is to begin preparing for the next intraphysical life, here and now, while more or less healthy, lucid, and active in the body of flesh.

What do we wish for our next life? Greater discernment? Maturity at an earlier age? Advanced clarification task? Completion of the proexis at a high level?

Our concerns regarding the future are legitimate. Our evolutionary aspirations are healthy and natural.

For this, however, we need to think of our current possibilities, within the law of action and reaction, or holokarma.

What is *holokarma?*

Holokarma is the union of 3 types of consciential actions and reactions – egokarma, groupkarma, and polykarma – within the principles of cause and effect operating in the consciousness' evolutionary structure.

Through the wise mediation of the Evolutiologist, one's holokarma has a decisive influence on the multiexistential cycle, the programming of the human life, the selection of elements of the evolutionary group, and on the fundamental directives of the consciousness' destiny.

Discernment allows you, today, to untangle the twists and turns of your holokarmic account, its causes and effects, actions and reactions regarding the cosmos, in your personal and group evolution.

This possibility suggests to your more alert consciousness the fundamental and calculable directives that can be established for your

next human rebirth on this planet, while you are still here in dense physical life.

This is the first condition required for the discernment and evaluation of consciential self-relay.

After many millennia, we arrived here as mere passive spectators of our personal history.

Up until yesterday, we lived without any awareness of our objectives.

We made decisions without thinking about the quality of our consciential destiny. Like blind people we allowed ourselves to be dragged along between the various dimensions, times, cultures, and human and extraphysical societies, anonymously immersed in our evolutionary group.

Maturity, however, challenges us.

Each one of us needs, here and now, to put a *stop* to this precarious condition of enslaving subhuman unconsciousness.

It is important that we begin to participate as *self-aware protagonists* with explicit determination and lucid choices in the detailed formulation of our immediate future.

It is essential that we include as much self-scrutiny in this equation as possible, with our greatest *intelligence* and maximum bioenergetic performance.

What is *intelligence?*

Intelligence is the capacity for learning, comprehending, and easily adapting to renovations. It includes perception, comprehension, and intellect (intellectuality), when an individual demonstrates acumen, sharpness or perspicacity regarding the cosmos, consciousnesses, energies, ideas, and objects.

Intelligence is the most valuable and sought after commodity on the planet today. Being beyond personal motivation and effort it constitutes the sum total of the capacities of learning, logic, memorization, and adaptation to an environment or dimension.

We all have various intelligences, for example: contextual, corporal, spatial, experimental, internal, linguistic, logical, and musical.

AMONG OUR MULTIPLE MODULES OF INTELLIGENCE, 3 CAN BE EMPHASIZED: CULTURAL, PARAPSYCHIC, AND COMMUNICATIVE.

Our modules of intelligence allow us to choose which body – the human body, the emotional body, or the *mentalsoma* – to prioritize in the development of our priority actions.

What is the *mentalsoma?*

The mentalsoma is the consciousness' mental body, or parabody of discernment. It is your most sophisticated vehicle of manifestation.

The parabody of discernment allows one to list the useful, practical minimal factors to be considered in consciential research. Self-research is the most important of all.

For example:

The act of accurately observing phenomena until a provisional conclusion about them is reached.

The acceptance of probable determinism.

The central research topic chosen.

The definition of the thesis in question.

The practical application of a defended thesis.

Phenomena detected in intraphysical and extraphysical life.

The arguments and ideas isolated in favor of an original thesis.

The relationships between similar ideas.

The practical occurrences that corroborate theoretical expositions.

A leading edge relative truth obtained with respect to the original thesis addressed.

The mentalsoma exalts the value of analysis, the association of ideas, comparison, comprehension, critical judgment, knowledge, cosmoethics, exactness, holomemory, imagination, initial synthesis, investigation, logic, parapsychism, reason, relative certainty, and wisdom.

In studying the mentalsoma – *mentalsomatics* – the incontestable reality of the thosene clearly stands out.

What is a *thosene?*

According to conscientiology, the thosene is the practical unit of manifestation (act, action, gesture, posture) of the consciousness, which considers *thought* or idea (conception), *sentiment* or emotion, and consciential *energy* to be inextricably connected.

Thosenes with an accentuated *sen* (sentiment, emotion, desire) are the least trustworthy and have a greater degree of pathology.

The *graphothosene* is the thosenic signature or the peculiar style of the author in all modalities of art, endeavors, and personal undertakings.

The *hyperthosene* is the original idea of the inventor or discoverer.

The *megathosene* is the correct, cosmoethical thought.

The *monothosene* is the fixed idea of the mentally ill.

The *phytothosene* is the rudimentary thosene of plants.

The *retrothosene* is the innate idea with which we all are born.

The *sexothosene* is the sexual fantasy, almost always only thought.

The *xenothosene* is the invasive mental wedge from another consciousness.

A *sense of discernment* indicates that human conflicts can occur between: right and wrong – *correction;* a constantly renovated relative truth and an unverifiable absolute truth – *rationality*; truth and lies – *self-corruption;* knowledge and ignorance – *holomaturity;* the best and the worst – *prioritization;* direct personal experience and spontaneous faith – *evolutionality;* good and evil – *Manicheanism;* the current consensus and the consensus outdated by the facts – *the present;* the ideal and the ordinary – *maquillage.*

The search for self-knowledge makes one emphasize the irrefutable superiority of the mentalsoma's evolved attributes over those of the other vehicles of manifestation.

Have you discovered the importance of the mentalsoma?

Utilizing the idle capacity of our mentalsoma, through rationality, is always worth the effort required.

What is *rationality?*

RATIONALITY IS THE ACT OR EFFECT OF REASONING, WITH A MORE-OR-LESS LOGICAL INTERCONNECTION OF JUDGMENTS OR THOUGHTS.

Reasoning is the same as *reason.*

Only rational self-scrutiny offers the human consciousness a self-evaluation, whether as one who is secure and self-sufficient, or as one who is in lack, dependent, and irresolute – a common *butterfly seeker.*

On a scale of 1 to 5, how much do you value consciential maturity?

Do you effectively apply rationality in your everyday life?

Rationality allows one to discover the importance of holomaturity and, consequently, universalism, a broad vision of the harmony of the principles of life.

How do you experience universalism?

All these occurrences engender an elevated sense of community in a person.

What is a *sense of community?*

A sense of community is personal judgment and experiential understanding regarding the community, something considered a fundamental structure of human society.

We are all reborn with dual citizenship: intraphysical and extraphysical. Extraphysical citizenship predominates in consciential evolution.

Does your sense of community need improvement?

Human consciousnesses need to live with their feet on the ground and their mentalsoma in the cosmos. Such an evolved attitude leads the interested individual to cogitate about multidimensionality.

What is *multidimensionality?*

Multidimensionality is the notion and consequent experience of a lucid consciousness, not only in the physical dimension, but also in other consciential dimensions.

Multidimensional life is unavoidable for all of us.

Our consciousness *does not* ***actually*** *insert itself* ***into matter. Only our energies are*** *rooted* ***in the human body.***

How can you make your multidimensionality more dynamic?

Stemming from a personal awareness of multidimensionality, the consciousness desires to take advantage of their energies, time, space, and opportunities. Thus arise preoccupations with fraternal assistance to all.

Conventional sciences – *dermatologies of the consciousness* (superficial approaches) – with their physicalist Newtonian-Cartesian paradigm, despite their impressive accomplishments over the last 4 centuries, have overwhelmingly failed in their attempts to clarify the nature of the ego.

This is because they have not included cosmoethical multidimensional reality in their fundamental theories. Nor have they discovered the *multidimensional reality* that intrinsically and indissolubly exists in the *social* and *psychological reality* of the human being *(mind-matter dilemma),* as both an individual and in-group.

Fraternal assistance can be the pleasant, amateurish, and superficial improvement of the gastric mucosae of others, in other words, a temporary consolation. Or, it can be the more difficult assistance required for permanent personal renovation regarding the ideas and neural connections of those assisted, in other words, true clarification.

Sooner or later, discernment leads one to choose the clarification task (claritask) over the consolation task (consotask).

Do you already practice the *clarification task?*

The following are 3 practical examples of the claritask: write a book that is not merely literary or mercantilist, but clarifying or informative for the readers; give a class on advanced topics in conscientiality; strengthen an ill person, not only by consoling them, but

by actually clarifying them, in such a way that they think about the development and consequences of their illness.

Upon performing the claritask, the person needs to improve the application of their consciential energies and their parapsychism.

This action inevitably leads the consciousness to a more evolved parapsychism.

What is *parapsychism?*

Parapsychism is the human consciousness' set of advanced perceptions, beyond the human body's 5 basic senses, utilizing energies, animism, and advanced interconsciential exchanges.

Have you already worked on your parapsychic reeducation?

The start of parapsychic reeducation is based on the control of consciential energies, which leads one to an enerspring.

What is *enerspring?*

An enerspring, or *ener*getic *spring*time, is the personal, more or less long lasting condition, wherein one's consciential energies exhibit a peak level of health and constructiveness. When brief, it is a minienerspring, when prolonged it is a maxienerspring.

THE AFFECTIVE-SEXUAL CONDITION OF A HONEYMOON CAN BE A PERIOD OF MINIENERSPRING OR MAXIENERSPRING, FOR THE 2 IN AN EVOLUTIONARY DUO.

Do you apply your consciential energies while considering your *evolutionary file?*

The basic goal of parapsychism is the indispensable bioenergetic self-balancing, or a deliberate, functional, relative self-cure. This facilitates the development of individual abnegated assistance to others according to the laws of cosmoethics.

At what level is your daily experience of *cosmoethics?*

Here are 3 examples of the practical experience of cosmoethics: to put aside your personal egoism when making a decision that

affects the rights of other consciousnesses; to be sincere and loyal in your dealings with others; to eliminate self-corruption in relation to your coworkers.

Do you think it important for you to decide to establish the foundation of your next human life through the application of this series of advanced consciential acts?

Cosmoethics recommends that you prioritize your work according to the following principle: it is always best to exert the majority of your effort in favor of others, even if it requires personal sacrifice, rather than in your own favor and without any personal sacrifice, as a way to dynamize Conscious Evolution.

Cosmoethics involves personal incorruptibility, which includes the elimination of all corrupting thoughts. Even if small and apparently innocuous corrupting thoughts, when considered rationally, are pathological and block personal progress.

Just as mental peccadillos exist (pathothosenes), they, peccadillos, also exist in dreams (oneirothosenes).

Our holomemory registers the reality we create – ideas, emotions, and energies, regardless of how subtle they are – all the time, wherever we are, without any omissions or mistakes.

As you can see, in preparing for our next life we count on the following effective resources, among many others: balance the relationships with the elements of our human families; employ cosmoethics in all major decisions; achieve mastery of the preventive vibrational state as a daily practice; apply oneself in the production of projections with continuous consciousness; ensure that the claritask predominates over the consotask in our acts; be a part of an evolutionary duo specialized in consciential gestations; and predispose oneself to the execution of penta for the rest of one's human life.

11. Deactivation of the Human Body

What is the *final projection?*

The final projection is the conscin's definitive, unique, absolute, and irreversible out-of-body experience. In the final projection, the lucid human projector's consciousness leaves the physical body, goes to an extraphysical community and remains there. It is a projection of the consciousness with no return.

This final projection is the same as desoma (deactivation of the soma), the first death, or biological death. It is the inevitable disconnection of the consciousness from the soma.

PROJECTIONS, IN WHICH THE CONSCIOUSNESS REMAINS LUCID, COMBAT AND ELIMINATE MANY FEARS INCLUDING THANATOPHOBIA.

What is *thanatophobia?*

Thanatophobia is the unhealthy fear that a person experiences regarding the expected and inevitable death of the human body.

Lucid projections eliminate this and many other phobias, as well as many minor illnesses and unpleasant personal conditions during terrestrial life.

Strictly speaking, in practical day-to-day life, lucid projections annul the negative effects that physical death or desoma has.

Upon leaving the human body, the lucid consciousness manifests itself through a *body other than* the soma. In most cases, this body is the psychosoma or emotional body, which is lighter and more subtle than the physical body.

In addition, the consciousness experiences life in a *dimension different* from the human atmosphere, the *paratropospheric* dimension, which extraphysically corresponds to the layer extending from sea level up to an altitude of 10 thousand meters (10 kilometers or 6.21 miles).

These occurrences always follow a fixed pattern, all over the world, differing only in the interpretations given to them by the projectors themselves. These interpretations vary according to the projectors' cultural and social principles, as well as the conditioning and repressions that their upbringing and education imposed.

Those who are more universalistic and less sectarian better interpret and get more value from conscious experiences outside the human body.

They more easily discover their status as consciousnesses in evolution within a period of human, animal existence. And they more easily and quickly recover facts regarding the reality of their extra-physical hometown, the place where they resided before being reborn.

Human life has never, in any civilization, reached a level of evolution as advanced as it has today.

Ordinary people, currently, have a less superficial concept regarding the *broad range* of their potentialities.

Generally, the protection of human rights is clearer and governments of the most influential nations defend them more.

Nowadays the health of citizens is better defended. Because of this, they can live longer, have more leisure time, and are motivated to work, study, and experience what they wish.

The visible effects of an improved human life are occurring all over the Earth. Among these, the natural increase in the elderly population (veterans of life) can be highlighted.

This fact has been generating problems for governments and raising questions within societies regarding productive leisure, social welfare, retirement, and assistance to the elderly as well questions about how they can have a reasonable and fruitful social life in their golden years.

What are the *golden years?*

A person who is 65 years or older is said to be in their golden years. Among the assistance available to those of advanced years, the work of specialists in thanatology is worth highlighting.

What is *thanatology?*

Thanatology is the science that studies the physical contexts of death, as well as the related social, psychological, and medical-legal contexts.

Thanatologists work primarily in intensive care units assisting terminally ill patients, conscins who are on the verge of returning to be consciexes.

There are hospitals that specialize in gerontology, assisting geriatric patients, or elderly men and women.

THE DEATH OF THE HUMAN BODY REPRESENTS A BRIEF OR EXTENDED *POSTOPERATIVE PERIOD* FOR THE CONSCIOUSNESSES OF EARTH.

The act of putting the human body out of commission, however, does not imply a final sleep, disappearance, eternal rest, or the end of life for the consciousness who has spent the last six, seven, or more decades vitalizing it.

The passage of death, or desoma, is the last thing that the human consciousness can *do well* while continuing to breathe in an animal body within this planet's atmosphere.

However, among the biggest follies, accompanied by great pomp and ceremony in the classic treatises of universal wisdom, are those dealing with the death of men and women.

The consciousness' intraconscientialconflicts, or those from within the consciousness, do not simply disappear with the deactivation of the human body.

After the biological shock of the desoma, the consciousness continues to be, intimately, whatever they always were. The intimate structure of the consciential microuniverse continues to exist in exactly the same manner.

The most comfortable desoma is that of an existential completist, that personality who has completed all *clauses of their contract* of human experiences, which were established prior to being reborn on Earth.

The least comfortable desoma is, obviously, that of one who commits suicide.

Metaphorically speaking, senility is a musical piece that terminates long after the end.

One of the greatest losses felt by consciousnesses, aside from the loss of the physical body, is the lack of animal, sexual, sexo-chakral, or affective energy. This is one of the most common causes of postsomatic parapsychoses.

What is *postsomatic parapsychosis?*

Postsomatic parapsychosis is the condition in which the consciousness has already lost their human body, but thinks, feels, and concludes that they continue to exist *inside of* and with it.

The body of emotions (psychosoma) is a perfect copy of the human body (soma), or more appropriately, the soma is a copy of the psychosoma. The psychosoma is much lighter and more subtle than the soma. But, after cerebral death, a consciousness' awareness is usually clouded.

They no longer have lungs, but feel like they continue to breathe.

The personality no longer has a stomach, but feels hunger.

The consciousness no longer has sexual organs, but feels sexual excitability.

Thus, one exhibits reduced critical judgment in their manifestations in an environment that is very new relative to the habits of an entire lifetime lasting many decades.

Senile psychosis, arteriosclerosis, or even the very prevalent Alzheimer's disease, can, in certain cases, represent a long, final, human period that can diminish the extraphysical period of postsomatic parapsychosis.

This occurs with a multitude of elderly people.

The grumpy, grouchy, old man, for example, without being aware of the consequences, constantly evokes or calls certain companions, relatives, or friends, often even from his childhood, who have

already deceased, complaining about things and situations from the past they jointly experienced or were involved in.

LEGIONS OF EVOKED CONSCIOUSNESSES, OUTSIDE OF THE HUMAN BODY, LIVE IN EXTRAPHYSICAL CONDITIONS OF INTENSE INNER LACK.

Such unhealthy *evocations*, bearing persistent sorrow and resentment, occur habitually through the narration of cases that are repeated day after day by the elderly person, almost always with obvious ironic insinuations, sarcasm, or even hostility towards the deceased protagonist of their shared experiences.

This condition obviously provokes, chronic pathological and unhealthy *interconscientia*l *intrusions* between the evoking conscin, in this case the persecutor, and the evoked consciex, the persecuted victim who is being recalled with repeated disaffection or persistent lamentations.

In countless occurrences of this type, the evoked consciousness is not fully aware of what is happening between them and the human evoker.

The evoked consciousnesses simply responds to the summons because like attracts like. They become even more confused in their disturbed internal state and are obviously incapable of exteriorizing balanced energies or comforting sentiments to those they come in contact with. This is the case even when the evoked consciousnesses come from another consciential dimension.

These constant flows of *pathological thosenes* directly hit the evoking person in a kind of instantaneous disturbed response. This creates a vicious pathological cycle. Unfortunately, millions of persons live exactly like this.

The two stubborn consciousnesses can remain stuck or imprisoned with each other for five years, a decade, or even longer.

This is why people can be classified as being *singular,* or isolated consciential units, or *plural,* when constantly, conscientially, mutually, and pathologically stuck to each other.

It can happen that once freed from each other, the person who was addicted to the evocations goes through desoma soon thereafter.

For the majority of people, the full executive phase of the existential program precedes deactivation of the human body.

Intraphysical consciousnesses reach the golden years, as either completists or incompletists, with or without an existential moratorium, being *affable individuals* or a person who is difficult, grumpy, unhappy, pessimistic, and hard to deal with. This indicates that they are experiencing a profound melin, or intraphysical melancholy; or, that they are happy, optimistic, and animated as a result of their euphorin, or intraphysical euphoria.

Melin, as previously explained, is the condition of intraphysical melancholy or habitual sadness that a sullen elderly person feels at the end of their human life, as a result of being disillusioned by their own experiences, or rather, disappointed, and unhappy in relation to their existential program.

What is *euphorin?*

Euphorin is the condition of intraphysical euphoria, and is the opposite of melin. As such it is the habitual communicative happiness that the mature person feels, at the end of their human life, when they are satisfied because of having reasonably accomplished their existential program. This is the condition that most predisposes one to having a positive, enhancing, bigger, existential moratorium.

In regards to melin and euphorin, the following is a very opportune question for the reader:

Are you a good guy or an ill-tempered person?

As one in the golden years, you should be used to facing the subjects previously addressed because, in this period, we are all closer to changing to a different consciential dimension. And, logically, we must be prepared for this renovation, without fear or repression,

and free from the human foolishness surrounding these unpleasant themes, which are virtually taboo for the majority of people in certain societies, yet remain an inevitable theme for us all.

There are people who erroneously *satisfy themselves with very little.* Very often, they are performing at a sublevel (underachievement) with respect to their existential program. They may be lazy, applying the law of least effort, *procrastinating,* and living in complacent apathy with respect to interpersonal assistance.

RETIREMENT IS NOT DEATH. IT CAN BE AN EXTREMELY FERTILE AND PRODUCTIVE PERIOD FOR THOSE WHO ARE STILL LUCID.

The *menopausal* period is not death for a woman. It can be the beginning of a useful phase of *conscientia gestation* for a motivated conscin.

12. Return to the Extraphysical Hometown

Inside each of us, human personalities, we know that we will someday return to where we came from, a place beyond the terrestrial atmosphere.

There are those who have an acute sense of this reality since adolescence.

Others already know what they want to do in their new life since early childhood.

Our personal origin, a subtle non-physical community, has very characteristic properties that differ from the terrestrial environment.

There we communicate through a lighter and more subtle body. We are liberated from gravity.

We do not need to breathe. We dispense with food and drink.

In this other body, which is much older than the human body, through our will and intention, we free ourselves from subjugation to sex. We cannot forget that the consciousness has no gender. What has a gender is the *sexosoma*, the human body.

However, this does not mean that we do not suffer the needs of all the human habits that we acquire. This is the case, as previously explained, in instances of postsomatic parapsychosis.

From this arises the problems of millions of extraphysical consciousnesses.

Accustomed to the human body and the immediate satisfaction of its material demands, instincts, and appetites, day after day, over decades, consciousnesses – just like you and I – leave the body in the cemetery, but fail to leave behind the deeply rooted, carnal, human habits that the physical body created for them.

They do not discover this greater reality. Sometimes they do not even want to consider this reality as a hypothesis to be analyzed.

They still feel like human beings and, irrationally, want to continue being human. This irrational intransigence creates numerous extraphysical pathologies.

Postsomatic parapsychotics unconsciously crave the biochemical energy of the body they lost. This means that they continue having appetite, thirst, human anxiety, exacerbated sexual desire, various needs, and the permanent desire to enjoy a physical human life equivalent to that of any of us who remain here in physical life.

Obviously, this is now definitively impossible for them. This scenario of extraphysical reality is a truly lamentable irony.

The extraphysical environment and the new vehicle at their disposal are much better, more malleable, functional, and comfortable than the imprisoned, restricted life experienced while inside the vehicle of human flesh. The soma is a *XT,* the psychosoma is a topline *Pentium* chip.

The extraphysical state is much less physical than the somatic state.

However, the ex-master of the house goes on living in his home as if nothing out of the ordinary had happened.

If one of us, while projected, enters his ex-house at night, in order to assist one of the children residing there, he tries to chase us out, mistaking us for an invader of his property and an intruder of the personal domain of his home.

The ex-owner of the bakery tries to take care of his old clientele. He often becomes desperate because he is unable to converse with an ex-client. He approaches her, tries to communicate with her and even follows her home.

LEGIONS OF CONSCIOUSNESSES SUFFER THE EFFECTS OF THE ANTAGONISTIC, UNHEALTHY, BLIND, AND CHAOTIC ENERGIES THAT THEY CONTINUALLY EXTERIORIZE.

The miser, now in another dimension, uselessly seeks to prevent his money from being divided among his family, extraphysically cursing at a fragile and needy relative. The relative may attend an Umbanda ritual (Umbanda – a syncretic doctrine with Afro-Brazil-

ian fundaments) with the intention of relieving her disturbances, whereupon she is informed that she has an *extraphysical intruder* with her. Unreconciled, she goes to a spiritist center (Spiritism – Kardecism, neo-spiritualism) and the mentor of the house tells her that she is suffering from *intrusion.*

All this gives rise to the intricate and complex problems of interconsciential intrusion for millions of extraphysical consciousnesses and human personalities who are unaware of interdimensionality and the interchange between consciential *micro*universes and *macro*worlds.

Conventional science *could not care less* about this raw and sad reality.

In this way, we suffer unhealthy intrusion and influence from those with whom we had great affinity – often those personalities most cherished and remembered – because they are still dear to us. The most pure, well-intentioned, and unforgettable affections can be transformed into *venomous energies.*

This entourage of sick extraphysical consciousnesses may be composed of our relatives, closest friends, most respected colleagues and acquaintances from across an entire lifetime of diverse experiences.

More lucid and interested consciexes recognize these lamentable occurrences, want to help, and truly do the best they can. They are, however, unable to entirely resolve this situation.

Each of us has an unshakable and inalienable intentionality.

After attaining a certain level of lucidity, it is impossible for pathological possession to occur between two consciousnesses.

As already discussed, it is supposed, as a hypothesis, that the extraphysical parapopulation of Earth is 9 times greater than our intraphysical population. This always makes us ponder the extent of our evolutionary problem.

Interconsciential intrusion is currently humanity's biggest illness. This has been a fact for many millennia.

In many cases, through reunions, a consciousness learns of the reality of the self-relay process involved in a personal task, which they have been executing over centuries, in numerous human bodies, different occupations, and diverse intraphysical societies.

The more lucid and mature a consciousness, the broader their global vision with respect to other consciousnesses, energies, and the surrounding universe.

In this way, the consciousness who has gone through the deactivation of the human body, undergoes the second desoma, or *second death*, the deactivation of the energetic remnants of the consciousness' energosoma, and returns to their original extraphysical condition.

THE SECOND DESOMA OF A MORE LUCID CONSCIOUSNESS OCCURS WITHIN 3 TO 7 DAYS AFTER THE DEACTIVATION OF THE SOMA.

Obviously, the relative numbers of 3 to 7 days corresponds to the impression that we have in human life regarding the passage of chronological time.

Through personal awareness of what is important within the most universalistic sense of fraternity, an extraphysical consciousness identifies and calculates their exact percentage of existential completism.

They evaluate what was previously planned in their life programing and what was in fact accomplished during the period they spent breathing among us all, the components of humanity.

After a period of extraphysical confusion even the most mediocre or ordinary consciousness, in relation to high priority knowledge of evolution, eventually ends up following the law of interconsciential affinities.

At this point, consciousnesses naturally arrive at the exact extraphysical community from which they came before acquiring their recently discarded human body. This can occur through a type of *paratactility* as well as through the influence of their consciential energies.

Back in the *extraphysical hometown*, they are once again together with their true peers (extraphysical consciousnesses).

There they are among their *evolutionary peers*, those with whom they have a closer and deeper affinity.

They achieve *maximum empathy* with others and ponder the results of the human life that has just ended.

They rejoice upon encountering old friends, and suffer upon facing old antagonists. Joys and frustrations rise to the surface.

Through the holomemory they recall their millenary past, that which was temporarily forgotten due to the human existence's inevitable consciential restriction.

Finally, when more lucid of their true *brand new-very old situation*, they plan their upcoming experiential period.

At this point, a large number of more intimate consciential meetings may occur through extraphysical approaches.

What is an *extraphysical approach?*

An extraphysical approach is the direct contact of one consciousness with another in dimensions beyond dense matter.

These approaches can be intentional or not and can occur with or without lucidity between healthy consciousnesses, pathological consciousnesses, and also between a healthy and a sick consciousness.

When there is personal merit, not only do helpers of the recently arrived consciousness intervene, but an Evolutiologist, exercising their evolved functions, also intercedes and directs the consciousness to new paths, experiences, and improved learning opportunities.

During this opportunity to reevaluate the human life, the consciousness can experience euphorex or melex.

What is *euphorex?*

Euphorex, or extraphysical euphoria, occurs after somatic deactivation and is generated by the reasonable execution of the proexis in the recently concluded human life.

What is *melex?*

Melex, or extraphysical melancholy, is a postsomatic melancholy.

A consciousness orients themselves with respect to the extraphysical environment, millenary time, other consciousnesses closer to their intimate evolutionary group, and – most relevantly – their high priority group and personal tasks related to the dynamic development of their lucid evolution.

At this point, depending on our level of conscientiality, each of us finds ourselves as a more or less active consciential *minipiece* (minicog), within an *assistantial maxistructure* (maximechanism), among the *consciousnesses* and between the *dimensions* where we manifest.

In any religion, sect, or line of mystical thought in which you participate, you must accept the full body of stratified theological doctrine that they impose.

IT IS USELESS TO TRY TO CHANGE ANY STRATIFIED DOCTRINE, OR FOSSILIZING HOLOTHOSENE, THEY ARE STUCK IN TIME BECAUSE OF DOGMAS.

This fact is as useless as getting on a train that is going in the direction opposite to the one you want to go, and then trying to run back through the train's cars in the other direction. The train will always take you inescapably backwards or at least cause you a delay. This condition generates melins and melexes.

One of the most striking consequences of a *melex remembered,* whether through preconscious *intuitions* or open, direct, and *healthy retrocognitions,* is the consciousness' repudiation and distrust, when in the intraphysical dimension, of all types of mystification, myths, mythologies, rituals, symbolism, superstitions, demagogisms, farces, and parodies.

As a result of having succumbed to tricks of the imagination, sometimes more than once, the ego para-instinctively protects itself, in an aggressive manner, against all kinds of repressions, folkloric in-

fluences, confabulations, mysticisms, or manifestations that are far removed from rationality, authenticity, and frankness. The consciousness does this in order to avoid the repetition of mistakes when establishing their primary directives for living again (reliving) in matter.

Intended human tasks are chosen first according to the consciousness' degree of liberation, primarily from their egokarma and then from their groupkarma. Finally, the consciousness reaches polykarmality.

ONLY A SMALL MINORITY OF THE COMPONENTS OF HUMANITY HAVE ALREADY OPENED THEIR EVOLVED POLYKARMIC ACCOUNT.

The consciousness performs a detailed analysis of 3 types of *personal manifestation:* accomplishments, mistakes, and deficit-producing omissions. Deficit-producing omissions correspond to important predetermined tasks that the consciousness failed to do.

We cannot, however, fear the *body's death* or our immediate future after the cremation of the soma.

We can identify the results of our life, today, right now. It is enough for us to evaluate what we have done so far.

There is no transcendent mystery involved in this context. Nor do we need to appeal to any special resource from our imagination.

We can free ourselves from all the transitory conditioning of human society in order to perform this evaluation.

We can perform, for example, a high-level recexis, or existential recycling, and even participate in a grecex.

What is a *grecex?*

A grecex, or group of existential recyclers, is designed to promote intraphysical meetings and experiences together, as a group, aiming to experience planned existential recyclings.

On the other hand, during the intermissive period the extraphysical consciousness *visits* the environments and personalities they lived with and who are still in material life.

Many parapsychic phenomena occur with people who have suffered the temporary loss of their dearest human companions, for example: spontaneous clairvoyance, abrupt apparitions, and unforgettable extraphysical encounters.

There are millions and millions of occurrences wherein these people temporarily leave their bodies through conscious projections and meet their *deceased ex-relatives* in extraphysical communities that are more connected to intraphysical life on Earth.

NO CONSCIOUSNESS PROFOUNDLY CHANGES THEIR PERSONALITY JUST BECAUSE THEY LOST THEIR HUMAN BODY.

Every intimate change for the better, regarding our temperament and the singular personality that we are, demands personal effort, better performance, and full awareness of what we are doing.

There are no dishonest favors or anticosmoethical privileges within the mechanism of the fundamental laws that rule the Cosmos.

We are what we have built for ourselves.

We enjoy the happiness or the sadness that we ourselves have created.

We have our paradise or our hell within us.

Our cosmoethics unerringly calibrates our thosenes and our energies. The whole of our energies constantly situates each of us, consciously or not, at a specific level in life, in any dimension.

We ourselves, and no one else, can make the *most profound changes.* The Cosmos provides *anti-error mechanisms.*

While we are humans, intraphysical consciousnesses, and even while we are extraphysical consciousnesses, without human bodies, if we exceed our personal rights to the detriment of the consciential rights of others, or if we exceed our conditioned personal liberty, then the environment itself naturally and inevitably turns against us.

If this happens on Earth, it can result in an early desoma, *premature* cerebral death, or a slow or unconscious suicide.

Hence, it can be seen, for example, that the worst tyrant does not last for more than a few decades of despotism or truculence.

If changes do not occur in the paratropospheric extraphysical dimensions, an inexorable *energetic encapsulation* occurs through parapathological alterations of the holosoma.

The unstable, pathological, or anticosmoethical energies of the extraphysical consciousness begin to disturb the formal stability of their psychosoma. This causes their manifestations to become unbalanced in a manner that is uncomfortable even to them, until an unbearable point is reached that demands unavoidable renovations and changes for the better.

At this threshold, the consciousness seeks other courses of action.

NO ONE CAN TAKE ANY PERSONAL CONSCIENTIAL ACCOMPLISHMENT FROM ANOTHER. A CONSCIOUSNESS BLOCKS THEMSELVES.

The more evolved the consciousness, the more they value their own, and our, personal strongtraits.

No personal effort is ever lost.

Everything is recorded in our integral memory.

What we have learned is never forgotten.

Is effort in favor of our lucid evolution worthwhile or not?

Projective and parapsychic facts prove these assertions to any interested and motivated person who is not enslaved by *sub-brainwashings* and preconceived ideas, and who is not afraid of discovering their own greater reality.

Whoever has the following 4 things already has a certain notable level of discernment: good taste, good will, good intention, and good humor.

13. Evolutionary Ties

Which companions most influence our evolution?

Within our evolutionary group, or groupkarma, the elements that most influence our personal, or team, evolution are our closest companions of destiny.

We can draw temporary benefits, advantages, or even enjoy human privileges from our evolutionary colleagues.

Our attitudes towards one another either tighten or loosen the evolutionary ties in our mutual relationships.

We are strongly united by the most diverse nature of ties.

First of all, affective ties, whether familial or not, are predominantly related to the psychosoma.

Next are intellectual, cultural empathies or ties, or those related to the mentalsoma.

Finally, there are connections from social, commercial, industrial, or professional interests, those that refer to our human survival and are thus related to our entire holosoma.

Our ties with one another create healthy or pathological effects. This occurs as a consequence of our conscious, semi-conscious, or totally unconscious still subhuman manifestations in our blind flight through the evolutionary process.

The healthy effects of our manifestations are liberating and evolutionary for us and for those we love, or those who are most dear to us in any dimension.

The pathological effects of our manifestations are stationary or regressive with respect to our evolution and the evolution of those we like and who live near us. An example of this is groupkarmic interprison.

Groupkarmic interprison, as previously discussed, is a condition of life or a compulsory, imposed, and prolonged joint imprisonment between a group of antisocial or anticosmoethical consciousnesses.

Their existences and experiences are limited to each other by the inseparable principles of interconsciential affinities that act through our thosenes.

OUR ACHIEVEMENTS AND FAILURES ALWAYS UNITE US, ANYWHERE, IN ANY DIMENSION OR EVOLUTIONARY MOMENT.

We can either jointly enjoy happy memories, exaltations, joys and euphoria, or suffer sorrows, regrets, tears and disappointments.

There are mutual and reciprocal joint interconsciential prisons.

Our ties bind us like *tight shackles,* or free us like *evolutionary keys,* widely opening the horizons of our immediate future. It all depends on the experience of maxifraternity.

During the phase of groupkarmic interprison, the consciousnesses, prisoners of one another, want to break away from each other, but are absolutely unable to.

Yesterday's dearest colleague becomes today's most insensitive and implacable persecutor due to the irrationality of emotions.

The purest affection from the past becomes a declared and undisguisable hatred in the present.

They want to live apart because they, at least temporarily, cannot stand each other. However, their common mistakes, executed at the same time, by 4 or by 100 hands, prevail and impose the presence of one among the others.

Here, reader, you can ask:

And, in this case, the helpers do not do something?

The helpers do what they can, but they cannot do the impossible. So-called *extraphysical blind guides* are involved in these cases.

Each of us thinks and decides for himself or herself. No one can live or decide for another, not even the helpers or Evolutionary Orientors.

Extraphysical helpers sponsor beneficent interconsciential semipossessions. This demonstrates evolutionary *balance* on the behalf of lucid consciousnesses who are dedicated to maxifraternity.

A more evolved consciousness will not sponsor a pathological possession. This is the *madness* of an interconsciential intruder.

At the same time, no one escapes the effects of their own acts.

OUR INTEGRAL MEMORY REGISTERS EVERYTHING THAT WE DO, WITHOUT GAPS. THIS SERVES AS A TESTIMONY IN OUR FAVOR, OR AS A DEPOSITION AGAINST US.

All of this operates like a permanent, inexorable, automatic instrument.

This is why we can affirm, with absolute confidence, that everything in the Cosmos is under the control of more evolved intelligences or consciousnesses.

We do not need to torment ourselves over everything we do not yet know. Nor should we suffer with terrifying expectations of the future, or changes in epochs, paradigms, dimensions, or evolutionary conditions.

The level and quality of our consciential energy automatically places us in affinity with and nearby to energies identical to those that we exteriorize and sustain.

Changes of dimensions and human bodies, moves to different intraphysical places, or entering into different societies are not strong enough to separate us.

Those who are similar attract each other with an irresistible force.

Nobody loses anybody. Nobody gets rid of anyone.

From a cosmoethical standpoint, therein lies the intelligence and advantage of doing what is most correct, both individually and in-group, or amongst our evolutionary partners.

By getting things right, our acts impel us towards greater achievements, and relationships with more healthy and correct consciousnesses.

By erring, our actions propel us towards more mistakes and associations with mistaken and sick consciousnesses.

This is the inevitable law of action and reaction that acts within us, intraconscientially, through our thosenes and energies and even against our own will and intention.

To experience the consequences of our actions, there is no need for an inspector to observe the minutiae of our acts.

Within an incredibly impartial system of justice, our consciential energies are imperturbable in their insensitive, natural, amoral, machine-like judgments.

Our personal energies always disclose our level of evolutionary achievement.

Every pathological act results in an unhealthy *backlash.*

Every cosmoethical act results in an enriching return.

Many times we forget this reality because the return action is not immediate, although it is inevitable.

Nevertheless, it is our personal, non-transferable choice.

As an inevitable response, if we choose to err in-group we receive the effects of our errors in the form of groupkarmic interprison.

When consciousnesses begin to err in-group – for example, the groups involved in the famous *social welfare scams* in Brazil – they become evolutionary delinquents.

They become members of the *intruding faction.*

They feel good in one another's company.

They happily conspire in a criminal climate with their antisocial companions.

For some time, they nurture *absolute certainties* regarding everything wrong that they do.

They feel they have the absolute right to infringe upon the rights of others.

However, the majority of these consciousnesses are very much aware of the *erroneous or spurious nature* of what they are doing.

They do not accept opportune warnings from people who are close to them or who are morally superior.

They persist in their transgressions, abuse their powers, and sink into the mire without any reflection on the matter.

Many of these consciousnesses involve incautious companions, colleagues, spouses, children, and relatives (nepotism) through heterocorruption and seduction consistent with the abuses of temporal, economic, social, and political powers, and the powers of *theological empires.*

These abuses give rise to the spurious fruits of groupkarmic interprison, for instance: extermination groups, religious or political inquisitions; intergroupal human tortures; racism and its madness; mafias and criminal societies; terrorism; wars; and genocides.

Groupkarmic interprison is based on the condition of evolutionary interconsciential inseparability.

What is *interconsciential inseparability?*

Evolutionary or interconsciential inseparability is the universal law of thosenic affinity: those who generate identical *thosenes* attract each other and live together in an inseparable manner.

Consciousnesses only separate or temporarily distance themselves in order to lead new liberating, selfless, group experiences, together with other consciousnesses.

As long as they stubbornly insist on committing selfish acts, they inexorably remain together, even when against their will.

Errors are always castrating, paralyzing, yokes, and shackles.

CORRECT PERSONAL ACCOMPLISHMENTS ARE ALWAYS LIBERATING AND OPEN THE SKIES FOR THE CONSCIOUSNESS INTO THE COSMOS AND THEIR CONTINUED EVOLUTION.

In order to leave the condition of groupkarmic interprison, consciousnesses undergo several phases until they achieve emancipation from the web of delinquent ties they have imposed on themselves and in which they became ensnared.

In the beginning, they pass through the victimization phase.

What is the *victimization phase?*

In the victimization phase the delinquent consciousness, a deserter of lucid evolution, begins to doubt the advantages of their actions and less dignified choices.

Losing strength, they start to feel, *first-hand,* the repercussion of their erroneous actions.

They lose their transitory power, can be ostracized, become isolated from society, and receive pressure from all sides.

From a position of leadership, these consciousnesses become victims of the same *antisocial machine* they helped to create and operate.

This *period of payback* depends on the effects of their antisocial team's actions, and can take several centuries and numerous human lives of full-time dedication to the betterment of the *unbreathable environment* that they created.

This is when they sacrifice themselves in favor of their colleagues and the victims of their actions, in order to be able to live in peace with themselves and others.

PROFOUND CHANGES IN PERSONALITY REQUIRE ALTERATIONS OF THE WILL, INTENTION, AND ORGANIZATION OF PERSONAL HABITS.

This effort, with time, involves the establishment of new synapses in the cerebral hemispheres that are related to the newly incorporated ideas.

In this way the consciousness progresses, one way or another, until they reach the recomposition phase.

What is the *recomposition phase?*

The recomposition phase is that in which the consciousness who erred in-group ceases to be a *direct victim* of their mistakes, in order to attend to the needs of their *former victims.*

Little by little, with great effort, patience, and perseverance, usually in the same environment, country, or society, and with the same egos or *mega-egos in new somas,* the consciousness reassembles the pieces and wreckage of anything useful that remains from their abuses.

DURING THE RECOMPOSITION PHASE OF THE EVOLUTIONARY PROCESS, *ALL OF THE* ***CONSCIOUSNESS' EFFORTS*** *GO WRONG.*

Who does not know people submerged in the recomposition phase?

These are those men and women who complain incessantly: "Nothing in my life works out! Everything is against me! I have been abandoned by destiny!"

During the recomposition phase, a consciousness tries to *unteach whatever they taught wrong,* until they liberate themselves from their own foolishness, inexperience, and obvious mistakes.

After the recomposition phase comes the liberation phase, where in the consciousness feels relieved of intrusive pressures, even when these pressures are centennial or multiexistential.

They discard infantile egocentrism, acquire a better sense of humanity and no longer constantly ask for themselves.

They discover polykarma and help others without thinking of themselves, without asking for gratitude or reward, with the exclusive objective of a comfortable, joint evolution.

For these consciousnesses, Earth becomes an evolutionary school.

They want to learn together with others.

They want to teach while learning in-group.

They want to succeed together with others, instead of erring in-group.

They want to show that they have learned the evolutionary lesson.

At this point, they discover universalism, above and beyond all sectarian doctrines, individualistic philosophies, beliefs, sanctifications, repressions, and *brainwashings.*

The day arrives when they recognize the existence of the clarification task as being much more important than the consolation task.

They begin to defend themselves against blind intrusions through applied cosmoethics.

They attain a more tranquil plateau of holomaturity.

WITH TIME AND NEW EXPERIENCES, EACH OF US IMPROVES OUR *PERSONAL HOLOTHOSENE,* ***WITHIN THE*** *GROUP'S* ***HOLOTHOSENE.***

14. Cycle of a Consciousness' Lives

What is the *multiexistential cycle?*

At our average evolutionary level, the multiexistential cycle is a system of continuously alternating existential states, composed of a period of human life (intraphysical rebirth) and another extraphysical period (deactivation of the soma), which takes the consciousness into the intermissive phase. These two periods constitute the set of the consciousness' incessant *evolutionary itinerary.*

Each consciousness is always in 1 of 3 states: the *extraphysical* state or of their true dimension; the *intraphysical* state of transitory human life; and the fleeting *projected* state, characteristic of the consciousness – conscin or consciex – when projected.

The interval between one human life and the next, as already addressed, constitutes the intermissive period, during which intermissive courses can take place.

Human calendars ***do not seriously influence the criteria that rule our multiexistential cycles.***

Here, we pose an intelligent and opportune question:

On a scale from 1 to 5, at what polykarmic stage do you place yourself today?

Depending on the conditions the extraphysical consciousness is in, whether they are free from major karmic commitments or immersed in some stage of their groupkarmic interprisons, they invariably embark on liberating extraphysical experiences and research.

Otherwise, they will compulsorily return, sooner or later, into a new human body, and to new reformative experiences in intraphysical life.

When lucid and possessing personal merit, the consciousness is advised to compose, with all available lucidity, their extraphysical agenda.

What is an *extraphysical agenda?*

An extraphysical agenda is the set of data, plotted in an intelligent plan, through which a consciousness organizes their studies, investigations, and research during the intermissive period.

AN EXTRAPHYSICAL AGENDA INVOLVES ALL OF THE MOST EVOLVED CONSCIENTIAL RESOURCES AND ATTRIBUTES OF THE CONSCIOUSNESS' MENTALSOMA.

For this task, the consciousness will employ, for instance, the holomemory, the most remote retrocognitions, intraconsciential associations of logical ideas, elevated sentiments, and personal energies. This is done within the most evolved *Thosenology* possible.

Veteran human conscious projectors *imitate* the extraphysical agendas of consciexes in order to develop their performance, psychic capacities, extracorporeal abilities, and experiences, thus constituting the proverbial *agenda of the projected projector.*

The projector's agenda contains a written list of high priority extraphysical consciential targets – beings, places, ideas – that the projector endeavors to gradually reach, in a chronological manner, establishing *intelligent schemas* for their personal development.

Through the data entered into the agenda, the extraphysical consciousness can arrive at a primary or advanced intermissive course, *after* the second desoma and *before* the new human life.

The consciex, with this opportunity, can go through several extraphysical stages in preparation for the new human life.

A meticulously planned new proexis can then be delineated, sometimes after visiting other planets on learning excursions as part of a *flying group.* These learning excursions aim to greatly amplify the consciousnesses' approach with respect to the inevitable evolution to be achieved in the intimacy of the evolutionary group.

DEPENDING ON THEIR LEVEL OF CONSCIENTIALITY, A CONSCIEX HAS AN INTERVIEW WITH THE EVOLUTIOLOGIST OF THEIR KARMIC GROUP.

The Evolutiologist ends up informing the consciousness of their specific multiexistential cycle. This, consequently, generates a very pertinent question:

What is your *multiexistential cycle?*

The Evolutiologist can identify the consciousness' exact position within their specific multiexistential cycle, or in the cyclic frequency of their intraphysical lives, whose criteria obey multiple variables.

Let us analyze, for example, 3 criteria of multiexistential cycles: groupkarmality, complementarity, and activity.

What is *groupkarmality* within the criteria of the multiexistential cycle?

The criterion of groupkarmality is based in the consciousness' groupkarmic account, where the *groupkarmic* debt is greater than the *personal* karmic debt.

In this case the duration of the *human* life and the extent of the *intermissive* life, between one physical life and the next, depend, over a long evolutionary stretch, on the consciousness' personal debts in intimate relation to the debts of the closest components of the evolutionary group.

In short: the multiexistential cycle of your evolutionary group determines your personal multiexistential cycle.

This criterion includes countless consanguineous human lives, that is, consciousnesses who repeatedly participate in *diverse branches of the same genealogical tree.*

This criterion also encompasses consciousnesses with very restricted levels of individualization and the participants in collective insanities; for instance, group suicides, such as those that took place with the religious fanatics in British Guiana.

Another criterion is that of complementarity.

What is *complementarity* within the criteria of the multiexistential cycle?

The criterion of complementarity involves the consciousness who directly, in a single instance, or indirectly, in a chronic fashion, committed suicide, and were immediately reborn after their insane act in order to complement the human period that was previously planned but not experienced.

In this way, the consciousness who committed suicide benefits from the opportunity of again living together with the consciousnesses they left behind, about whom they did not think and whose conviviality and assistance they need.

A CONSCIOUSNESS WHO COMMITS SUICIDE TENDS TO REDUCE THEIR EXTRAPHYSICAL, OR INTERMISSIVE, PERIODS OVER A LONG STRETCH OF THEIR EVOLUTIONARY PATH.

A third criterion is activity.

What is *activity* within the criteria of the multiexistential cycle?

The criterion of activity within the multiexistential cycle is applied according to the demands of the multiexistential liberating activities of more lucid consciousnesses who wish to realize accomplishments beyond those of the evolutionary middle class.

They aspire to become an increasingly lucid and efficient *minicog* within the assistantial *maximechanism*, or the *assistantial* structure between consciousnesses.

They want to forget their millenary mega-ego and, in other consciential dimensions, strive for new evolutionary conquests that are more valid and much more comfortable.

In this case, the periods of human life, as well as the intermissive periods, no longer depend on the will of the consciousness, or on their conscious freewill. These periods can vary greatly and are independent of each other.

LUCID CONSCIOUSNESSES TRUST THE GIANTS OF EVOLUTION AHEAD OF THEM: EVOLUTIOLOGISTS, SERENISSIMI, AND FREE CONSCIOUSNESSES.

These are the leaders of the maximechanism, dedicated to assistantiality, and with whom lucid consciousnesses continuously directly or indirectly relate.

Lucid consciousnesses allow their destiny to be resolved together with these evolutionary leaders, within the holothosene of assistantial, shoulder to shoulder, hand in hand, evolutionary work.

They happily accept whatever is best for everyone, over their own pretensions and old egotisms.

The spontaneously tendency for their intermissive periods to become progressively more extensive arises.

The necessity for imposed human life diminishes for consciousnesses who are now more lucid and self-aware.

A life of human leadership sometimes demands direct extraphysical assistance or excellence in one's intermissive work over a long polykarmic period. For example, this is the case when a consciousness acts as an extraphysical helper for needy conscins.

The consciousness then starts to grasp what they did not understand when they were receiving the helpers' dedicated assistance over their long series of successive lives.

Do you find consistency, rationality and logic in these 3 criteria of the multiexistential cycles?

Evidently, many other criteria exist for the establishment of our multiexistential cycles, but these 3 are the most accessible and important within the reduced capacity of our current evolutionary discernment.

We all must progress, with lucidity and intentionality, as soon as possible, towards the criterion of interconsciential assistantial activity.

Consciousnesses who reach the permanintfree condition tend towards a multiexistential cycle of activity.

Do you think that you are already oriented by the criterion of activity in your multiexistential cycle?

The criterion of activity within the multiexistential cycle leads the consciousness to discover, on the right track, firstly the attainment of permanintfreeness, and later, the universe of consciential serenism.

15. *Evolution of the Consciousness*

Have you, reader, been able to follow the stages of *our evolution* until here?

Starting with the period prior to acquiring a human body, going through the phases of physical life, we arrive at the extraphysical study of the multiexistential cycle, where the consciousness completes their cycle – *extraphysical life, intraphysical life, extraphysical life* - and again faces the possibility of reacquiring a new physical body.

Let us now get a general overview, or perform a panoramic analysis, of everything that is ideal for us, in order to confront the stages we are all subjected to, with their inevitable challenges and difficulties.

ONE FUNDAMENTAL AND UNDISPUTED POINT EXISTS: *WITHOUT HELPING OTHERS* ***WE WILL NEVER ACCELERATE OUR PERSONAL EVOLUTION.***

This is the point that dispenses with any major debate among *paraphilosophers* and veteran conscious projectors.

Lucid projectors have, in this existence, already experienced what life will be like after the deactivation of the human body. We can consider them to be among the personalities most capable of giving a qualified opinion regarding these paramount issues that concern us all.

Irrespective of who they are, unfortunately, a common philosopher is a mere *theoretician* if not been able to temporarily leave the soma and experience the realities of their *consciential extraphysical hometown.*

Conclusion: applied fraternity is unavoidable and irreplaceable for all of us.

What is *maxifraternity?*

Maxifraternity is the universalistic, more evolved, interconsciential condition, founded on the pure fraternity of a *self-unforgiving*

(unforgiving of their own errors) and *heteroforgiving* (always forgiving of others' mistakes) consciousness. This is an inevitable goal in the evolution of all consciousnesses. To forgive is to comprehend while helping.

MAXIFRATERNITY MAKES IT POSSIBLE FOR A HUMAN CONSCIOUSNESS TO EXPERIENCE THE IMPACTFUL PHENOMENON OF COSMOCONSCIOUSNESS.

Nobody evolves without consciously and voluntarily serving others.

What is *cosmoconsciousness?*

Cosmoconsciousness is the condition or inner perception of the consciousness with respect to the cosmos, life, and the order of the Universe, in a state of intellectual and cosmoethical exaltation that is impossible to describe, in which the consciousness senses the living presence of the Universe and becomes one with it, temporarily composing an indivisible unity.

What is most important during the phenomenon of cosmoconsciousness is the occurrence of *interconsciential communication* with more evolved beings. This facilitates retrocognitions and permits intimate enlightenment to occur that is based on logic, rationality, and discernment.

After experiencing the phenomenon of cosmoconsciousness, which is produced through a lucid projection of the mentalsoma, the projector seeks out evolved principles of inner liberation within specialized, advanced, human institutions, or conscientiocentric institutions.

What is a *conscientiocentric institution?*

A conscientiocentric institution focusses its objectives on the consciousness, concentrating on consciential evolution in the manner of a *consciential cooperative,* within conscientiological human society, based on both the employment bond and the consciential bond.

The International Institute of Projectiology and Conscientiology (IIPC), since its foundation, has had the intention of being a conscientiocentric institution.

The IIPC emphasizes the consciential bond and concerns itself with the elimination of every repression over its volunteers, researchers, teachers, and students.

This is why the following inscription of the *antibrainwashing technique* is strategically posted in all IIPC offices worldwide: "Don't believe in anyone or anything, not even the information you receive here in the IIPC. Experiment. Have your own experiences."

In a conscientiocentric enterprise, the self-lucid, voluntary, polykarmic *consciential bond,* due to it being more evolved, completely predominates over the common employment bond.

The existence of conscientiocentric institutions evidences that we have begun to live in the early dawn of this planet's consciential era. They reaffirm that this era is possible, attainable, and practical in spite of the clamors of chronic, millenary pessimists.

What is the *consciential era?*

In the consciential era, average conscins will be sufficiently evolved through the impacts, redefinitions, and healthy revolutions created by multidimensional experience, or the voluntary and deliberate production of lucid projections of the consciousness that allow the human personality to visit and research evolved extraphysical communities.

Another name for our current evolutionary period is the *Era of the Serenissimi.* Serenissimi are situated, in the evolutionary hierarchy, beyond the preserenissimi, the permanintfree and the Evolutiologists.

What is a *preserenissimus?*

A PRESERENISSIMUS IS A CONSCIN, LIKE YOU AND I, OR A CONSCIEX WHO IS STILL NOT ABLE TO ENJOY THE FULL CONDITION OF LUCID SERENITY.

We are on the path to serenism, but we are not there yet.

Which takes longer: for an inferior, subhuman animal to become a pre-serenissimus, or for a preserenissimus to become a serenissimus?

Without the shadow of a doubt, in this case, logic recommends the law of ascendance of the greater over the lesser.

In this context, the inferior subhuman animal takes longer to reach the evolutionary level of a preserenissimus.

The more potentialities the consciousness already has, the greater are the possibilities for attaining consciential expansion.

The evolutionary taxonomy or classification of animals will always be precarious if analyzed solely from a human perspective. In order to more closely approximate evolutionary reality, the taxonomy needs to be developed based on the holosoma of animals and in view of the alternating condition of the multidimensionality of consciential principles.

What is a *permanintfree being?*

A permanintfree, or totally *perman*ently *int*rusion *free* being, is a physical person – man or woman – who is completely self-aware of their condition as a permanintfree.

A permanintfree immediately detects, anytime, and anywhere, the presence of intruding consciousnesses and neither become involved nor disturbed by their pathological, intrusive actions. These intruding conscins or consciexes may be either lucid (calculating and bad intentioned) or unconscious (postsomatic *parapsychotics* or *cannon fodder*).

A PERMANINTFREE INDIVIDUAL IS NO LONGER A VICTIM OF PERTURBING CONSCIOUSNESSES. ALONG WITH THE HELPERS, THEY SKILFULLY ASSIST THEM.

A permanintfree acts as conscious assistantial bait among consciential microuniverses.

Note: unfortunately, the absolute majority of human beings have not yet attained this evolved level of interconsciential *performance;* not even Nobel laureate scientists, self-deifying sectarian religious leaders, artists of all kinds, health professionals in general (the biggest victims), and obviously the common people or the elements of the unthinking human masses.

It is obvious that, in general, permanintfree beings are always interested in every act of assistance that Helpers and Evolutiologists perform.

What is *Serenissimus?*

Serenissimus is the popular name for *Homo sapiens serenissimus,* that consciousness who already integrally lives in the condition of lucid serenism.

Within the evolutionary hierarchy, *Homo sapiens serenissimus* is situated above the Evolutionary Orientor.

Serenism presents an *extreme paradox* at a certain level of its development: when you possess the highest level of impactful relative truth that you personally achieved in intraphysical life, and have the best possible means of disseminating it to humankind, the greater will also be the cosmoethical impossibilities related to doing just that.

This shows that the Serenissimus' condition of anonymity is not, in fact, totally chosen by them. Strictly speaking, a Serenissimus does not have a more intelligent or cosmoethical option other than anonymity.

The disclosure of certain levels of advanced knowledge can be more prejudicial than constructive. This characterizes anticosmoethical *evolutionary rape.*

This fact speaks in favor of the inevitable discriminatory nature of consciential evolution, everywhere, at all levels, moving nonetheless towards maxifraternity.

Fortunately or unfortunately, the hierarchy of evolution is based on frank elitism, whether we like it or not.

As a result of being in the last experiences in human, biological bodies (macrosomas), the Serenissimus is heading towards the *third desoma* or the deactivation of the *psychosoma,* which will initiate their mentalsomatic cycle.

What is the *mentalsomatic cycle?*

The mentalsomatic cycle is the *evolutionary course* of the consciousness who has already definitively deactivated the psychosoma and lives exclusively with the mentalsoma, existing as a free consciousness.

What is a *free consciousness?*

A free consciousness is that consciousness who has definitively discarded the *psychosoma* (emotional body). As a consequence, a free consciousness has also discarded the long string of intraphysical lives, equal to ours, in which we employ an energosoma *(holochakra)* and a soma, or human body.

We are beings who are aware of our own consciousness.

So far, we are the only terrestrial beings who recognize that we are conscious, lucid of ourselves. We ask: "Who am I? What is consciousness ?"

We are capable of stopping and reflecting on our experiments.

We can change the world as no other known intraphysical being has thus far been able to.

Each of us knows what it means to be conscious.

A FREE CONSCIOUSNESS, WITHIN THE INEVITABLE EVOLUTIONARY HIERARCHY, IS LOCATED ABOVE THE HOMO SAPIENS SERENISSIMUS.

Lastly, we consider that we have been able to reasonably and logically answer the fundamental questions presented at the beginning of this book. They were:

Who are you?

You are an individual consciousness, a veritable microuniverse different from all others, with invaluable productive and evolutionary potentialities.

What are you?

You are an indestructible and extremely complex reality that must be studied, above all, by yourself.

Where did you come from?

You came from an extraphysical community of consciexes that corresponds to your evolutionary level, where you were before acquiring your current, temporary, human body.

What are you doing in this life on Earth?

You seek to evolve by understanding the Universe and developing a mastery of yourself and of things by employing the resources of human or material life.

Where are you going?

AFTER THE DEACTIVATION OF THE PHYSICAL BODY YOU WILL RETURN TO YOUR EXTRAPHYSICAL HOMETOWN IN ORDER TO UPDATE YOUR EVOLUTIONARY FILE.

This author invites even the most intransigent adversaries of the leading edge relative truths discussed in this volume, especially the cohesive and coherent principles of the science of conscientiology; as well as all those who are still not able to produce lucid projections of the consciousness on their own, to give a more logical, rational, and detailed solution to the great evolutionary problems of humankind that are addressed herein.

Every book functions solely as a source of information.

ANY RENOVATING CONCLUSION OR DECISION SHOULD ONLY BE PUT INTO PRACTICE AFTER DIRECT *PERSONAL EXPERIENCE.*

Glossary of Conscienciology

Observations. Listed here are 300 denominations, composed words, expressions and their technical equivalents from Conscientiology utilised in this book.

Abdominal brain (see **Abdominal sub-brain).**

Abdominal sub-brain – The umbilicochakra (centre of consciential energy located above the navel), when unconsciously selected by a conscin, who is still at a mediocre stage of evolution, as the basis of their manifestations. The belly-brain, abdominal brain, abdominal *pseudo*-brain, or abdominal *sub*-brain, is a *parody* of the natural, encephalic brain (coronochakra and frontochakra); an indefensible embarrassment or mega*weak*trait in conscious self-evolution.

Admiration-disagreement binomial – Posture of the evolutionary mature conscin, who already knows how to live in peaceful coexistence with another conscin whom he or she loves and admires, but with whose points of view, opinions and courses of action, they do not always 100% agree with.

Advanced proexis – Existential programme of the conscin, evolutionary leader, within the libertarian task specific of the group-karma that is more universalist and polykarmic, where they are a *mini*piece in the multidimensional team's *maxi*mechanism.

Agendex *(agend* + e*x) – Ex*traphysical *agend*a or the written list of priority extraphysical consciential targets – beings, places or ideas-, which the projected projector, tries to gradually attain, in a chronological manner, establishing intelligent schemas for self-development.

Androchakra *(andro + chakra)* – The sexochakra of the man.

Androsoma *(andro + soma)* – The male human body or that specific to a man.

Androthosene – *(andro + thosene)* – Thosene specific to the primitive male conscin or the macho man.

Animism – (Latin: *animus*, soul) – The set of phenomena intra and extra-corporeal produced by the conscin, without external interferences, such as, the phenomenon of the conscious projection induced by one's will power.

Antithosene *(anti + thosene)* – The antagonistic thosene, common in refutations, omniquestionings and productive debates.

Aphrodisiacal feminine sexosoma – The soma of the woman, considered specifically regarding sex (gender), when in plastic conditions capable of acting as an aphrodisiac. Refer to *Gynosoma*.

Apparition amongst the living – Apparition of the consciousness of the projected human projector to intraphysical consciousnesses.

Assisted conscious projection – A projection in which the conscin sees themselves being assisted during the experiment, in a direct manner, by a helper, almost always an expert in lucid projectability (LP).

Assistex (pl. assistexes) – extraphysical assister.

Auric coupling – Interfusion of the energosomatic energies between 2 or more consciousnesses.

Binomial lucidity-recollection – Set of 2 indispensable conditions for the intraphysical consciousness to obtain a completely satisfactory lucid projection out of the body.

Biothosene *(bio + thosene)* – The thosene specific to a conscin.

Bithanatosis – Deactivation and discarding of the energosoma, after the physical death, including the removal of the residual energetic connections of the energosoma in the psychosoma; *second death;* second desoma.

Blind guide – An amoral or inexperienced consciousness acting in an anti-cosmoethical way towards other consciousnesses, following their egoic interests of the moment, to the detriment of others.

Bradythosene *(brady + thosene)* – The thosene with a slow flow, typical of the bradypsychic conscin.

Cardiochakra *(cardio + chakra)* – The fourth basic chakra; the agent that influences the emotion of the conscin. Vitalizes the heart and lungs.

Chakra – Nucleus or limited field of consciential energy whose complete set essentially constitutes the energosoma or holochakra, the energetic parabody within the soma. The energosoma forms a junction with the psychosoma, acting as a connection point through which CE, consciential energy, flows from one consciential vehicle to another.

Chirosoma *(chiro + soma)* – The soma considered specifically with respect to the application of the hands or manual labour.

Claritask – Advanced personal or group task of enlightenment or clarification.

Complexis *(comple + exis)* – Existential completism or the condition of existential fulfilment (completion) of the conscin's existential programme.

Con – *Hypothetical unit of measurement* of the level of lucidity of a conscin or consciex.

Confor *(con + for)* – Interaction of content (idea, essence) with the form (appearance, language) in the interconsciential communication processes (Conformaticology; Communicology).

Consciex *(consci + ex)* – *Extra*physical consciousness; paracitizen of the extraphysical society. Synonym outdated through usage: *discarnate.* Plural: consciexes.

Conscientese – Non-symbolic telepathic language, native to the consciential dimension of very evolved extraphysical societies.

Consciential basement – Phase of infantile and adolescent manifestation of the conscin, until reaching the adult period, characterised by the more primitive *weak*traits of the multivehicular, multiexistential and multimillennial consciousness.

Consciential bond – Cosmoethical, lucid, voluntary and polykarmic link between a person and a particular institution. The consciential bond goes beyond the employment bond.

Consciential concentration – State of direct focus upon a single object without deviation of the senses, consciential attributes, will and intention of the consciousness.

Consciential continuism – Condition of wholeness – without gaps – in the continuity of consciential life through the providential prevision and evolutionary self-relay, or in other words: the linking of the current experience to the experience immediately before and after, incessantly, in a cohesive and unified whole, without discontinuity or abrupt consciential experiences.

Consciential dementia – Condition of a consciousness incapable of thinking with reasonable mental equilibrium.

Consciential ectopia – Unsatisfactory execution of the existential program, in an eccentric and displaced manner, out of the programmed itinerary chosen for the intraphysical life.

Consciential Energy (CE) – Immanent Energy which the consciousness uses in their general manifestation; it is the ene of the thosene.

Consciential era – The era in which the average conscin will be sufficiently evolved, through impacts, re-definitions and revolutions created through the experience of lucid projectability (LP), at which point the implantation of self-conscientiality takes place.

Consciential eunuch – Conscin castrated and conscientially manipulated by sectarians, domesticators of *satisfied robots,* modern slaves of the unthinking mass.

Consciential gestation – Evolutionary productivity, useful, for the conscin, within the frame of the personal deeds of the existential program.

Consciential hyperspaces – Extraphysical consciential dimensions.

Consciential microuniverse – The consciousness as a whole, the sum total of all its attributes, thosenes, and manifestations in the development of its evolution. The microcosmos of the consciousness in relation to the macrocosmos of the Universe.

Consciential monoendowment – Intraphysical life under the pressure of constant intrusions by sick beings experienced by the mediocre conscin, with few talents, and without versatility.

Consciential paracomatose – Extraphysical state of coma of a conscin when projected. Specifically one who remains invariably unconscious and therefore without extraphysical recollections.

Consciential paradigm – *Leading-theory of Conscientiology* based on the actual consciousness and its attributes.

Consciential retailing – A rudimentary system of individual behaviour characterized by lesser, isolated consciential actions having a minimum of productive results or important evolutionary effects.

Consciential scaffolding – Dispensable psychological or physiological *crutches.*

Consciential self-bilocation (Latin: *bis,* two and *locus,* place) – The act of the intraphysical projector finding and contemplating their own human body (soma) face to face, while their consciousness is out of the body occupying another vehicle of consciential manifestation.

Consciential triendowment – Quality of the 3 talents most useful to a conscientiologist combined: intellectuality, parapsychism and communicability; consciential tricapacity.

Consciential wholesaling – Individual behaviour system characterized by the intent of taking the consciential acts together as a whole, thoroughly, without leaving behind any negative evolutionary traces or gaps.

Conscientiocentric institution (CI) – An Institution which centralizes its objectives on the consciousness itself and its evolution, like the International Institute of Projectiology and Conscientiology (IIPC); a consciential cooperative, within the Conscientiological Socin, having consciential and employment bonds at its basis.

Conscientiocentrism – Social philosophy that concentrates its objectives in the consciousness itself and in its evolution. Conscientiocentrism is a subject covered by conscientiocentrology, the area of conscientiology which studies the establishment and maintenance of a conscientiocentric institution, in the mode of a consciential cooperative, based on consciential and employment bonds, within the conscientiological socin (Cognopolis; International Conscientiological Cosmoethical Community, ICCC).

Conscientiogram – Technical form for evaluating the evolutionary level of a consciousness; it is the consciential megatest whose model is the *Homo sapiens serenissimus,* the consciousness responsible for a positive egokarmic account.

Conscientiologist – Conscin committed to permanent study and objective experimentation within the research fields of conscientiology. The conscientiologist acts as an agent of evolutionary renovations *(retrocognitive agent),* in the libertarian work of the consciousness in general.

Conscientiology – Science which studies the consciousness in an integral, holosomatic, multidimensional, multimillennial and multiexistential manner, and, above all, according to its reactions with immanent energies, consciential energies as well as in its multiple states.

Conscientiometrology – Discipline which studies conscientiological measurements through the resources and methods offered by Conscientiology, capable of establishing a possible basis of the *mathematization of the consciousness.* Principle instrument: Conscientiogram.

Conscientiotherapy – Treatment, relief or remission of the disturbances of the consciousness executed through resources and techniques derived from Conscientiology.

Conscin *(consc + in)* – *Intra*physical consciousness; a human personality; a citizen of the intraphysical society. Synonyms outdated through usage: *incarnate.* Plural: *conscins.*

Conscious Projection – Projection of the conscin out of the body; extracorporeal experience.

Consotask *(conso + task)* – Consolation task or the primary-level personal or group assistantial task of consolation.

Contrabody – Same as the energosoma, the specific vehicle of Consciential Energy (CE), of the conscin.

Contrathosene *(contra + thosene)* – The *intra*consciential thosene of the conscin; a mute mental refutation; a mental word; a mute thosene; a specific type of *intrathosene.*

Co-projector – Helper dedicated to working together with the conscin in the development of lucid, assisted consciential projections (Projectiology).

Coronochakra *(corono + chakra)* – The chakra in the sinciput area, the *crown* of the energosoma or holochakra.

Cosmoconsciousness – Condition or internal perception of the consciousness of the cosmos, of life and of the order of the universe, in an intellectual and cosmoethical exaltation that is impossible to describe, when the consciousness feels the life presence of the universe and becomes one with it, in an *indivisible unit.* There is interconsciential communication in this extraordinary condition.

Cosmoethical mimicry – Productive social impulse of imitation of evolved ancestors. Not to be confused with the para-pathological, mystical, cult of ancestors.

Cosmoethicality – Cosmoethical quality of the consciousness.

Cosmoethics *(cosmo + ethics)* – Ethics or reflection upon the multidimensional, cosmic moral, which defines holomaturity, situated beyond the intraphysical social moral, or the moral which presents itself with any human label.

Cosmothosene *(cosmo + thosene)* – Thosene specific to conscientese or the state of cosmoconsciousness; communication through the means of conscientese.

Co-therapy – Helper dedicated together with the conscientiotherapeutic conscin in the development of technical, assistantial procedures of conscientiotherapy and of evolutients (OIC).

Cothosene *(co + thosene)* – Thosene of the specific co-option of a chorus, praying group or crowds.

Counterthosene *(counter + thosene)* – Intraconscientialthosene of the conscin; mute mental refutation; the mute thosene; a type of intrathosene.

Daydream – Fantastic plot created by the imagination during the ordinary physical waking state of the conscin; imagery.

Dermatologies of the consciousness – Compound expression attributed to the conventional physicalist sciences, subordinated to the mechanistic *newtonian-cartesian paradigm,* which focuses their research uniquely on the soma because they do not possess the necessary instruments for the technical, direct investigation of the consciousness itself; dermatologies of the conscin.

Desoma *(de + soma)* – Somatic deactivation, near and inevitable for all conscins; final projection, *first death,* biological death, monothanatosis. Desoma or more specifically *first* desoma is the deactivation of the human body or soma. *Second* desoma is the deactivation of the energosoma. *Third* desoma is the deactivation of the psychosoma.

Destructive Macro-PK – Harmful PK *(psychokinesis),* capable of causing injury to the conscin, that could even be fatal to the soma.

Dimener *(dim + ener)* – Energetic dimension of the consciousnesses; energosomatic dimension; *three and a half* dimension. The natural dimension of the energosoma.

Domicile holothosene – Physical base; energetically shielded bedroom; extraphysical clinic (offiex).

Dream – Intermediate natural consciential state between the ordinary physical waking state and natural sleep, characterized by a set of ideas and images that present themselves to the consciousness. The bad dream which has as an effect of agitation, anguish and oppression during its development, receives the names: *nightmare, nocturnal terror or nightmarish hallucination.*

Egokarma *(ego + karma) – Principle of cause and effect,* acting on the evolution of the consciousness, when exclusively centred on the ego itself. State of free will tied to childish egocentrism.

Egothosene *(ego + thosene)* – The same as self-thosene; the *unit of measurement of consciential egotism,* according to Conscientiology, or more appropriately, Conscientiometrology.

Energetic coupling – Interfusion of the energosomatic energies between 2 or more consciousnesses.

Energetic intrusion – Invasion of a consciousness by another through the CEs (consciential energy) or the energosoma (holochakra).

Energosoma (energo + soma) – Energetic parabody of the conscin; holochakra.

Energosomatic existence – Intraphysical or human life of the conscin.

Energosomatic intrusion – Invasion of a conscin by another through the energosoma (holochakra); energetic intrusion; energosomatic intrusion.

Energosomatic looseness – Condition of relative freedom of action of the energetic parabody of the conscin, with respect to the psychosoma and the soma.

Energosomatic seduction – Energetic action, with the more or less conscious intention, of a consciousness to dominate another or others.

Energosomaticity – Quality of the manifestations of the conscin derived from the energosoma.

Enerspring *(ener + spring)* – Energetic springtime; personal condition, more or less long-lasting, of a peak level of healthy and constructive consciential energies (CEs)

Enerspring by two – Energetic springtime of the evolutionary duo, in which the partners truly love each other and fully dominate the application of their healthy consciential energies (CEs), with full lucidity, constructing their existential programme through consciential gestations.

Enumerology – Didatic technique of elaboration and processing of text centred on the techniques of informative self-criticism and listing.

Epicon *(epi + con)* – Consciential epicenter, key conscin for the operation of epicentrism, who becomes a fulcrum of lucidity, assistantiality and interdimensional constructiveness, through the offiex or extraphysical clinic. It has a direct relation with penta (Pentaology). Plural: *epicons.*

Euphorex *(euphor + ex)* – Condition of extraphysical euphoria, after somatic deactivation, generated through the reasonable completion of the existential programme; *post-mortem* euphoria; paraeuphoria; post-desomatic euphoria. Euphorex can affect the lucidly projected person.

Euphorin *(euphor + in)* – Condition of intraphysical euphoria, prior to somatic deactivation, generated through the reasonable completion of the existential programme;*pre-mortem* euphoria. Ideal predisposing condition for a positive maxiexistential moratorium.

Evolutionary duo – Two consciousnesses who interact positively in joint evolution; existential condition of evolutionary cooperation by two.

Evolutionary Orientor (Evolutiologist) – Consciousness who coadjutates the intelligent coordination of the proexis, or of the consciential evolution of one or more consciousnesses, in the same groupkarma. The evolutionary condition between the permanintfree and the serenissimus (Homo sapiens serenissimus). According to the Thesaurus of Conscientiology this expression is more appropriate than evolutionary orienter.

Existential inverter – Conscin who executes existential inversion in the intraphysical life.

Existential recycler – Conscin who disposes themselves to the execution of recexis.

Existential self-mimicry – Imitation by a conscin, of life occurrences or past experiences, from the current life or from previous existences.

Extraphysical – Relative to that which is outside, or beyond the *intra*physical or human state; a consciential state *less* physical than the body.

Extraphysical approach – Contact of one consciousness with another in the extraphysical dimensions.

Extraphysical catatonia – Fixed condition of the conscin, when projected, who maintains stereotyped, repeated and generally useless or dispensable extraphysical acts with respect to their evolution.

Extraphysical community – Parapopulation group or life in common and meeting of consciexes in an extraphysical dimension.

Extraphysical helper – Consciex who aids and assists a conscin or various conscins; extraphysical benefactor. Equivalent archaic expressions, worn out and antiquated through continuous usage: *guardian angel; angel of light; spiritual guide; mentor.*

Extraphysical marauding – Action of a group of energivorous consciexes, including extraphysical blind guides, in paratropospheric dimensions for the purpose of vampirising conscins. It usu-

ally happens surrounding celebrations or during intraphysical events which gather persons prone to collective intrusive victimization through consciential energies.

Extraphysical monitoring – Condition of assistance performed by healthy consciexes in favour of a balanced conscin, when they perform the also balanced task of consolation or clarification. It occurs with the consciousness who acts as a minipiece in the assistantial maximechanism.

Extraphysical precognition (Latin: *pre,* before; *cognoscere,* to know) – The perceptive faculty through which the consciousness, fully projected outside the human body, becomes aware of unknown upcoming facts, as well as objects, scenes and distant forms, in the immediate or distant future.

Extraphysical romance – Set of acts through which a conscin maintains a positive and healthy romance, while out of the body.

Free consciex (FC) (Latin: *con* + *scientia,* with knowledge) – A consciousness, or more specifically a consciex, who definitively freed themselves (deactivated) from the psychosoma or emotional parabody, and from the connections of the seriexises. It is situated after the *Homo sapiens serenissimus* in the *evolutionary scale's* hierarchy.

Geoenergy *(geo + energy)* – Immanent energy (IE) from the ground and the earth absorbed by the conscin through the *prekundalini.* Archaic expression: *telluric energy.*

Golden Cord – Supposed energetic element – similar to a remote control – which maintains the mentalsoma connected to the parabrain of the psychosoma.

Graphothosene *(grapho + thosene)* – The conscin's *thosenic signature.*

Grecex *(gr + rec + ex)* – Group of existential recyclers; intraphysical reunion and experience, together, in-group, with the objective of experiencing a planned existential recycling. Plural: *grecexes.*

Grinvex *(gr + inve + ex)* – Group of existential invertors; intraphysical reunion and experience, together, in-group, with the objective of experiencing a planned existential inversion. Plural: *grinvexes.*

Groupality – Quality of the evolutionary group of the consciousness; condition of evolution in group.

Groupkarma *(group + karma) – Principle of cause and effect* acting in the evolution of the consciousness, when centred on the evolutionary group. State of individual free will linked to the evolutionary group.

Groupkarmic course – Set of stages of the consciousness within the consciential evolutionary group.

Groupkarmic interprison – Condition of groupkarmic inseparability of the consciential evolutionary principle or consciousness, generally still pathological, on this planet.

Groupthosene *(group + thosene)* – The sectarian, corporativist and antipolykarmic thosene; a groupthosene can also be constructive.

Gynochakra *(gyno + chakra)* – The sexochakra of the woman (Gynosomatics).

Gynosoma *(gyno + soma)* – The feminine human body or body specific of a woman, specialized in the animal reproduction of the intraphysical life of the consciousness; the aphrodisiac body.

Gynothosene *(gyno + thosene)* – The thosene specific to feminine language and communicability.

Hallucination (Latin: hallucinary, err) – Apparent perception of an external object not present at the moment; mental error in the perception of the senses without a foundation in any objective reality.

Heterothosene *(hetero + thosene)* – The thosene of others in relation to the researcher.

Holokarma *(holo + karma)* – Reunion of the three types of consciential actions and reactions – egokarma, groupkarma, and polykarma – within the *principle of cause and effect* acting on the evolution of the consciousness.

Holomaturity *(holo + maturity)* – Condition of the conscin's integrated maturity – biological, psychological, holosomatic and multidimensional.

Holomemory *(holo + memory)* – Causal memory, composed, multi-millennial, multi-existential, implacable, uninterrupted, personal, which retains all the facts relative to the consciousness; multimemory; polymemory.

Holorgasm *(holo + orgasm)* – Holosomatic orgasm; maximum level of ecstasy generated by the energies of the entire holosoma.

Holosoma *(holo + soma)* – Set of vehicles of manifestation of the consciousness: soma, energosoma, psychosoma and mentalsoma; and from the consciex: psychosoma and mentalsoma.

Holosomatic homeostasis – Healthy integrated state of harmony of the holosoma.

Holosomatic interfusion – State of maximum assyms between 2 consciousnesses.

Holosomatic intrusion – Invasion of a consciousness by another through the entire holosoma.

Holosomatics – Specific study of the holosoma.

Holothosene *(holo + thosene)* – Thosenes aggregated or consolidated. Synonym outdated through usage: *egregora*. This word generates resistance in a large range of serious science readers.

Homo sapiens serenissimus – Consciousness experiencing the full extent of the integral condition of lucid serenism. Synonym in common use: *Serenissimus.*

Homothosene *(homo + thosene)* – The thosene of telepathic emission and reception; the *unit of measurement* of telepathy, according to Conscientiometrology.

Hyperacuity – Quality of maximum lucidity of the conscin attained through the recuperation of cons.

Hyperthosene *(hyper + thosene)* – The heuristic thosene; the original idea of the discovery; the neophilic thosene; the *unit of measurement of the invention,* according to conscientiometrology.

Hypnagogy (Greek: *hipnos*, sleep; and *agogós*, conductor) – Transitional condition of the consciousness between the ordinary physical waking state and the state of natural sleep. It is an altered state of consciousness.

Hypnopompy (Greek: *hipnos*, sleep; and *pompikós*, procession) – Transitional condition between natural sleep and the physical waking state; the semi-asleep state which precedes the act of waking up, characterized by oneiric images with auditory effects and hallucinatory visions which last until awakening. It is an altered state of consciousness.

Hypothosene *(hypo + thosene)* – The same as the *protothosene* or the *phytothosene*.

Immanent Energy (IE) – Primary, vibrational, essential, multiform and impersonal energy diffused and dispersed throughout all the objects or *realities* of the universe, in an omnipotent manner. It remains untamed by the human consciousness, and is too subtle to be discovered and detected by technological instruments (Base-year: 2006).

Incomplete couple – A pair composed by a man and a woman who do not actually compose an intimate couple or perform the complete sexual act, but do nonetheless maintain strong affective ties.

Incomplexis *(in + complexis)* – Existential condition of a conscin with an incomplete existential programme.

Integrated maturity – State of more evolved consciential maturity, beyond the biological or physical maturity, and of the mental or psychological; holomaturity.

Interconsciential climate – Condition of multi-understanding during an interconsciential meeting, established through an affinity of thosenes, especially charged in the CEs or consciential energies.

Interconsciential intrusion – Action exerted by one consciousness over another.

Intermissibility – Quality of the intermissive period of a consciousness.

Intermission – Extraphysical period of the consciousness between 2 of their personal human lives.

Intermissive course – Set of disciplines and theorical experiences administered to the consciex, after a certain evolutionary level, during the period of consciential intermission, within the *cycle of personal existences.* The objective of the intermissive course is consciential completism in the next human life.

Intervivos Apparition – Apparition of the consciousness of a projected human projector to conscins.

Intraconsciential compensation – Conscientiometric technique based on the use of one's maximum consciential attribute or most developed trait (strongtrait) to overcome the less developed consciential attributes (weaktraits) of one's consciential microuniverse.

Intraconscientiality – Quality of the specific intimate manifestations of the consciousness; the central megafocus of self-conscientiality.

Intraphysical alternating pre-serenissimus – Conscin capable of consciously living, at the same time, in the ordinary physical waking state and projected, from time to time, in the extraphysical dimension.

Intraphysicality – Condition of the conscin's intraphysical human life, or existence.

Intrathosene *(intra + thosene)* – *Intra*conscientialthosene of the conscin.

Intrusion – Sick interconscientialthosenic intrusion. Equivalent anachronistic worn out expression: possession; there are numerous conscins who defend themselves against this word.

Intrusive Stigma – An always dramatic, generally pathological, failure or evolutionary defeat, usually stemming from conscientialself-obsession that generates melin or melex. It often results in parapsychic accidents for oneself or those most close or loved consciousnesses.

Invexability – Quality of the execution of existential inversion.

Invexis *(inv + exis)* – *Technique of existential inversion* performed by a conscin.

Locked existence – Human existence without the occurrence of CPs; tropospheric human life with only vegetative, unconscious projections, characteristic of the state of evolutionary para-coma; locked serial existence.

Lucid Projectability (LP) – Lucid projective, paraphysiological quality of the consciousness, capable of discoincidence or taking the vehicles of manifestation out of the condition of alignment, including through the impulsion of the will power.

Lucidity-recollection binomial – Set of 2 indispensable conditions for the conscin to obtain a completely satisfactory lucid projection out of the body.

Macrosoma *(macro + soma)* – Extraordinary or *super-customized* soma for the execution of a specific existential programme, from Paragenetic, Psychosomatic and Holomnemonic.

Maxienerspring *(maxi + enerspring)* – Condition of a prolonged or maximum energetic springtime.

Maxifraternity – Most evolved universalistic interconscientialcondition, founded on the pure fraternity of a self-unforgiving and hetero-forgiving consciousness, an inevitable goal in the evolution of all consciousnesses.

Maximorexis *(maxi + mor + exis)* – Condition of a larger existential morexis or one that comes to the conscin who is a *completist*, in the quality of an add-on or addendum (on the basis of a surplus), with respect to the existential completion of their proexis; therefore, the execution of a *healthy extra* to a concluded existential mandate.

Maxiproexis *(maxi + proexis)* – Maximum existential program, *wholesale*, or with the intent of executing the task in relation to the experience of universalism and maxifraternity, with a polykarmic basis. The maxiproexis essentially depends on the groupkarma (groupkarmality).

Maxithosene *(maxi + tho + sen + ene)* – The thosene peculiar to the FCs or Free Consciex.

Megagoal – The greatest objective of the consciousness' self-evolution.

Megapower – The evolved condition of the consciousness' magnum cosmoethical lucidity.

Megastrongtrait – The maximum strongtrait of the consciousness.

Megathosene *(mega + thosene)* – The same as orthothosene.

Megaweaktrait – The maximum weaktrait of the consciousness.

Melex *(mel + ex)* – Condition of *ex*traphysical *mel*ancholy, or post-desomatic or *post-mortem* melancholy; paramelancholy.

Melin *(mel + in)* – Condition of *in*traphysical *mel*ancholy or *pre-mortem* melancholy.

Mental projective target – Predetermined target which the conscin wishes to reach through will power, intention, mentalization and decision, once lucid outside their physical body.

Mentalsoma *(mental + soma)* – Mental body; the *parabody* of self-discernment of the consciousness. Extraphysical tool of consciexes and conscins. Plural: *mentalsomas.*

Mentalsomatic cycle – The cycle or evolutionary course of the consciousness which begins with the newly attained condition of FC, or Free Consciex, in which the psychosoma is definitively deactivated (third death) and the consciousness lives exclusively with the mentalsoma.

Metasoma *(meta + soma)* – The same as the psychosoma, extraphysical instrument of consciexes and conscins.

Minienerspring *(mini + enerspring)* – Condition of the minimal or ephemeral energetic springtime.

Minimorexis *(mini + morexis)* – Condition of a smaller scale existential moratorium or one that comes to the *incompletist* conscin in order to make up their *holokarmic deficit* (deficit bases) or to con-

clude the condition of existential completion with respect to its existential programme; therefore the completion of a still unconcluded and deficitary existential mandate.

Miniproexis *(mini + proexis)* – Minimal existential program, *retail like,* or with the objective of executing a minimal task, still groupkarmic and not polykarmic.

Minithosene *(mini + thosene)* – The thosene specific to a child sometimes as a result of the brain still in development.

Mnemonic intrusion – Collision of the intrusive memory of a consciex over the cerebral memory of a conscin *(paramnesia).*

Mnemosoma *(mnemo + soma)* – The soma considered specifically with respect to the memory of the consciousness in all its forms.

Monothanatos – The same as the *desoma; first death.*

Monothosene *(mono + thosene)* – The repetitive thosene; mono-ideism; the fixed idea; the mental echo; *re*thosene.

Morexis *(mor + exis)* – Condition of the existential moratorium, or a complement to the intraphysical life, given to certain consciousnesses based on their holokarmic merit. The morexis can be based on a deficit – smaller – minimorexis; or a surplus – larger – maximorexis, with respect to the results of the proexis.

Morphothosene *(morpho + thosene)* – The thought or set of thoughts when united and expressing themselves in some fashion, as a *form.* Archaic expression, no longer used: *thought-form.* The accumulation of morphothosenes composes the consciousnesses' holothosene.

Multicomplexis *(multi + complexis)* – Existential multicompletism or complexis obtained through the execution of various existential programmes (proexis) in diverse, consecutive intraphysical lives (Seriexology).

Multidimensional self-conscientization (MSC) – Condition of mature lucidity of the conscin with respect to life in the evolved state of multidimensionality, attained through LP, or lucid projection.

Multiexistential cycle – The system or condition of continuous alternating cycles, at our average evolutionary level, with a period of intraphysical rebirth (a serial existence) followed by an extraphysical or intermissive period, post somatic deactivation.

Near Death Experience (NDE) – Involuntary or forced projective occurrence that is experienced by the conscin in critical human circumstances. The NDE is common among terminal patients, dying patients and survivors of clinical death.

Neophilia – Easy adaptation of the conscin to new situations, things and occurrences. The opposite is neophobia.

Neothosene *(neo + thosene)* – The thosene of the conscin when it manifests through new synapses or interneuronial connections, capable of creating recin or intraconsciential recycling; the *unit of measurement* of consciential renovation, according to conscientiology or more appropriately conscientiometry.

Offiex *(offi + ex)* – Extraphysical clinic of an intraphysical epicon. The extraphysical resources and installations of the offiex are multiple and surprising. A domiciliary holothosene, however personal.

Oneirothosene *(oneiro + thosene)* – The same as the pathothosene.

Orgasmic aura (Latin: *aura*, breath of air) – Energosomatic energy of the *facies sexualis* of the man or woman at the exact moment of orgasm or climax of the sexual act.

Orthothosene *(ortho + thosene)* – The thosene that is correct or cosmoethical, pertaining to consciential holomaturity; according to Conscientiometrology, it is the *unit of measurement* of practical cosmoethics.

Pangraphy – Sophisticated and embracing multimodal parapsychic writing.

Para – Prefix that means *beyond*, or *besides*, as in *parabrain*. It also means *extraphysical* in the context of Conscientiology.

Parabrain – Extraphysical brain of the psychosoma of the consciousness in the extraphysical state (consciex), intraphysical (conscin) and projected, when through the psychosoma.

Paragenetics – The genetics relative to the inheritances of the consciousness, through the psychosoma, of lives prior to the human embryo.

Paraman – Consciex with the visual appearance of a man or a projected male conscin. Synonym, an aged expression worn out through excessive usage: male spiritual entity.

Parapathology – Pathology of the vehicles of manifestation of the consciousness, excluding the human body or soma.

Paraphysiology – Physiology of the vehicles of manifestation of the consciousness, excluding the human body or soma.

Parapsychic accident – Physical or psychological disturbance caused through sick energetic, interconsciential influences, generally of extraphysical or multi-dimensional origins.

Parapsychic signaletics – Existence, identification and self-conscious usage of the animic, parapsychic and personal energetic signals that all conscins possess.

Parapsychophysical repercussions – Reactions between two vehicles of consciential manifestation, during the act of coming into contact with one another. This applies to the different vehicles of one consciousness, or between similar vehicles of two or more consciousness. Such repercussions can be intraphysical or extraphysical.

Parasanitary encapsulation – Temporary assistantial isolation and energetic annulment of thosenic manifestations of one or more sick conscins or consciexes – notably energetic, intrusive or those related to intrusion. It is analogous to the sanitary isolation that exists in hospitals for the treatment of patients with infectious and contagious diseases or high levels of radioactivity or toxic contamination.

Parathosene *(para + thosene)* – The thosene specific to a consciex.

Parawoman – Consciex with a visual appearance of a woman or an intraphysical female consciousness. Synonym, an aged expression worn out through excessive usage: female spiritual entity.

Passes to the dark – Popular expression for the daily, technical transmission of consciential energies, or CEs, by a conscin with the permanent assistance of helpers, directly to consciexes or a conscin projected or in the ordinary physical waking state. Technical expression: *penta* (*pe*rsonal *en*ergetic *ta*sk).

Pathothosene *(patho + thosene)* – The pathological thosene or consciential insanity; *mental peccadillo;* pathological will; sick intention; *cerebral rumination.*

Penile aura – Sexochakral energy around the penis, particularly when erect. It is noticeable by anyone motivated, especially through a self-examination by a man when sexually excited.

Penta *(pe + en + ta)* – Multidimensional, daily, personal energetic task. The individual who performs penta receives continuous assistance from the helpers on a long-term basis or for the rest of their life. Popular expression: passes to the dark.

Permanintfree *(perman + int + free)* – Intraphysical being or conscin that is totally and permanently intrusion free. They are fully aware of their quality of intrusionfreeness.

Permanintfreeness – Consciential quality of the permanintfree.

Personal experience – Practical, personal, direct and non-transferable experimentation of the conscin along their evolutionary path.

Personal principles – Set of values and initiatives chosen by the consciousness that guide their consciential life. It is based on holomaturity, multidimensionality and experienced cosmoethics.

Phenomena concomitant to CP – That which occurs in the *space-time continuum* or not, but simultaneously with the development of the experience of the conscious projection, in a spontaneous and unexpected fashion.

Phenomena concomitant to the CP – That which occurs in the space-time continuum or not, but simultaneously with the development of the experience of the conscious projection, in a spontaneous and unexpected fashion.

Physical base – The safe place, chosen by the conscin to leave the inanimate or resting body, while projecting themselves into other consciential dimensions beyond the body. It is the projectiogenic holothosene in the home and presents a direct relation to: the energetically shielded bedroom, penta, the epicon, the offiex, the *projectarium*, the *precognitarium* and the *retrocognitarium.*

Phytothosene *(phyto + thosene)* – The rudimentary thosene of a plant; the *lexical unit* of a plant, according to Conscientiology.

Podosoma *(podo + soma)* – The soma considered specifically with respect to the application of the feet, or work occurring with the feet, for example, that of a soccer player.

Polykarma *(poly + karma) – Principle of cause and effect* acting in the evolution of the consciousness, when centred in the sense and experience of cosmic maxi-fraternity, beyond the ego-karma and groupkarma. Polykarma frees the consciousness from groupkarmic interprison.

Post-desomatic intermission – The extraphysical period of the consciousness immediately after their somatic deactivation or desoma (death).

Precognitarium – The physical base technically prepared for the production of precognitive CPs (conscious projections).

Precognition (Latin: *pre*, before; *cognocescere*, to know) – Perceptive faculty through which the consciousness, completely projected out of the human body, becomes aware of indeterminate

facts, including objects, distant scenes and forms, regarding the future.

Precouple – Initial preliminary condition of practical human sexuality within intraphysical society.

Pre-intraphysical mandate – Existential programme for the human life planned before the intraphysical rebirth of the consciousness; proexis.

Prekundalini – Secondary plantochakra. There are two plantochakras in the holosoma of the conscin. An expression peculiar to conscientiology.

Pre-serenissimus – A conscin or consciex, who does not yet live with lucid serenism.

Presomatic intermission – The extraphysical period of the consciousness prior to their intraphysical rebirth.

Primothosene *(primo + thosene)* – The same as the *primary cause of the universe;* the first composed thought. There is no plural form for this noun.

Proexis *(pro + exis)* – The existential programme specific to each conscin in their serial existence.

Projectarium – Physical base technically prepared for the production of CPs.

Projectiocriticism – Science of projectiological criticism. It is a specialty of conscientiology.

Projectiography – Technical study of projectiologic accounts.

Projectiology (Latin: *projectio,* projection; Greek: *logos,* treatise) – Science that studies the projections of the consciousness and its effects, including the projection of CEs out of the holosoma.

Projectiotherapy – The science of the depurations and therapies derived from the researches and techniques of projectiology.

Projective phenomena – Parapsychic occurrence specific within the context of the research of projectiology, a specialty of conscientiology.

Projective recess – The existential phase of the conscin characterized by the spontaneous cessation – almost always temporary – of lucid projective experiences, within a sequence of intensive experiments.

Protothosene *(proto + thosene)* – The most rudimentary thosene; the same as the phytothosene or hypothosene.

Psychosoma (Greek: *psyckhé*, soul; *soma*, body) – The emotional parabody of the consciousness; the objective body of the conscin.

Psychosomatic intrusion – Invasion of a consciousness by another through emotionality, or through the psychosoma.

Recexibility – The quality of the intraphysical execution of existential recycling (recexis).

Recexis *(rec + exis)* – *Technique of existential recycling* performed by the conscin.

Recin *(rec + in)* – The *in*traphysical, existential, *intra*conscientialrec*ycling* or the cerebral renovation of the conscin through the creation of new synapses or interneuronial connections capable of allowing for an adjustment of the existential program, the execution of recexis, invexis, the acquisition of new ideas, neothosenes, hyperthosenes and other neophilic conquests of the self-motivated conscin.

Rethosene (re + thosene) – The repeated thosene. The same as the *mono*thosene, fixed idea or monoideism.

Retrocognitarium – The physical base technically prepared for the production of retrocognitive CPs.

Retrocognition (Latin: *retro*, rear, *cognoscere*, to know) – The perceptive faculty through which the conscin becomes aware of facts, scenes, forms, objects, success and experiences belonging to the distant past, commonly related to their holomemory.

Retrothosene *(retro + thosene)* – The thosene specific to self retrocognitions; the same as the mnemotechnics' *engrama;* the *unit of measurement* of the retrocognition, according to conscientiometrology.

Robexis *(rob + exis)* – Existential robotization; the condition of the tropospheric conscin, excessively intraphysically or quadridimensionally enslaved.

Self-conscientiality – The quality of the level of self-knowledge the actual consciousness has; megaknowledge; self-cognition.

Self-mimicry – The consciential quality of existential self-mimicry.

Self-projection – The intentional, or provoked by will power, exit of the conscin into another consciential dimension, through the mentalsoma or psychosoma.

Self-thosene *(self + thosene)* – The thosene of the actual consciousness.

Self-unforgiver – A conscin who, in their self-discipline, does not forgive themself with respect to errors and omissions, with the purpose of eliminating their conscious self-corruptions. This healthy condition should come before the equally healthy condition of *hetero*-forgiver, a sincere, *universal forgiver* of all beings, forever. *This is a basic principle of megabrotherhood or the cosmoethic.*

Semiconscious projection – Oneiric experience in which the projected conscin realizes they are partially lucid, in an uncontrolled fashion. It is not an ideal conscious projection; a lucid dream.

Sene *(sen + ene)* – Sentiment and consciential energy.

Serenissimus – The popular name for Homo sapiens serenissimus. Plural: *serenissimi.*

Seriality – Quality of the consciousness subjected to serial existence or the succession of human lives.

Seriexis *(seri + exis)* – 1. The consciousness' evolutionary existential seriation; successive existences; the series of intraphysical rebirths. 2. Human or intraphysical life. Synonym, an aged expression worn out through excessive usage: *reincarnation;* this archaic word no longer reaches the serious people dedicated to the leading edge research of consciousness. Plural: *seriexises.*

Sexochakra *(sexo + chakra)* – The basic root or sexual chakra of the conscin. Old expression related to the CE of this chakra: *Kundalini (the serpentine fire).*

Sexosomatology – Specific study of the soma with respect to the sex, or sexosoma, and its relations with the conscin, be it a man or a woman.

Sexothosene *(sexo + thosene)* – The sexual fantasy; according to Sexosomatology and Conscientiometrology it is the *unit of measurement* of mental adultery.

Sexsoma *(sex + soma)* – The soma when considered specifically in relation to its sex.

Sleep – The natural resting state in humans and higher animals especially characterized by the normal and periodic suppression of regular perceptual activity and voluntary movements, by relaxing the senses and muscles, through the reduction of circulatory and respiratory frequencies, and even dream activity, during which the body recovers from fatigue.

Sociex *(soci + ex)* – Extraphysical society or of the consciexes. Plural: *sociexes.*

Socin *(soc + in)* – Intraphysical society or of the conscins; Human society. Plural: socins.

Soma – Human body, the body of the individual from the Kingdom: *Animalia,* Branch: *Chordata,* Class: *Mammalia,* Order: *Primates,* Family: *Hominidae,* Genus: *Homo,* Species: *Homo sapiens,* the most elevated level of animal on this planet; in spite of the exposed, most rustic vehicle of the conscin's holosoma.

Spermatic intrusion – Introduction of the man's sperm into the woman's sexosoma, during the sexual act.

State of suspended animation – The state in which the conscin has temporarily suspended the cellular body's vital and essential functions, later returning to its normal physiological conditions, in certain cases no damage to the individual's health occurs, cells survive in a state of human metabolic hibernation.

Strongtrait – The strong point or trait of a conscin's personality; a positive component in the structure of one's consciential universe that propels the consciousness' evolution.

Sub-thosene *(sub + thosene)* – Thosene charged with consciential energy from the abdominal sub-brain, most notably the energy from the umbilical-chakra; the *unit of measurement* of the abdominal sub-brain, according to Somatology and Conscientiometrology.

Symas *(sym + as)* – *Sym*pathetic *as*similation; Sympathetic assimilation of CEs, or consciential energies, through the will power, usually with the decoding of the set of thosenes of the other consciousness or consciousnesses.

Symdeas *(sym + deas)* – *Sym*pathetic *deas*similation; Sympathetic deassimilation of CEs, or consciential energies, practiced through the impulsion of the willpower, normally through the VE or vibrational state.

Tachythosene *(tachy + thosene)* – The fast flow of thosenes, characteristic of the tachypsychic conscin.

Telethosene *(tele + thosene)* – Same as homothosene.

Theorice *(theor + ice)* – Experience of both theory (1%) and practice (99%) on the part of the conscin or consciex.

Thosen *(tho + sen)* – Thought and sentiment.

Thosenator – Instrument through which the consciousness manifests its thoughts and actions. In the specific case of the conscin the fundamental thosenator is the soma.

Thosene *(tho + sen + ene)* – The unit of practical manifestation of the consciousness, according to conscientiology, which considers the thought or idea (concept), the sentiment or emotion, and the CE (consciential energy) as whole, in an indivisible fashion.

Thosenic intrusion – Invasion of one consciousness by another through the mentalsoma.

Thosenity – The quality of someone's thosenic consciousness.

Trithanatose – Deactivation and discarding of the psychosoma by the consciousness, *Homo sapiens serenissimus* entering the condition of free consciousness (FC); *third desoma.*

Umbilicalchakra *(umbilical + chakra)* – Chakra located above the navel. Related to the (abdominal) physiology and paraphysiology of the conscin.

Universalism – Set of ideas derived from the universality of the basic laws of nature and the universe. As a result of our natural evolution universalism inevitably becomes the dominant philosophy of consciousness; cosmism.

Vehicle of consciousness – Instrument or body that enables the consciousness to manifest in the intraphysical (conscin) and extraphysical dimensions.

Verbaction *(verb + action)* – Coherent interaction between *what is said* and *what is done* by a consciousness; result of one's words being ratified by one's actions.

Vibrational State (VS) – The technical condition of the dynamization of the energosoma's energies through the impulsion of the will.

Virus of intraphysical society – Any social *weak* trait in the intraphysical life of a human consciousness.

Volitional intrusion – The invasion of the will of a consciousness over another through hetero-suggestion, hetero-hypnosis or external induction.

Waking Discoincidence – The parapsychic condition of the conscin – projector – in which it becomes aware of the psychosoma out of the state of coincidence, during the full physical vigil, without feeling completely integrated to the body, generating an intensification of the paraperception and of energetic and parapsychic phenomena.

Weaktrait – The weak point or trait of a conscin's personality; a negative component of the structure of one's consciential universe that the individual is not yet able to overcome.

Xenophrenia (Greek: *xenos,* strange; *phrem,* mind) – The state of human consciousness outside of the waking state's normal pattern, induced by physical, physiological, psychological, pharmacological or psychic agents.

Xenothosene *(xeno + thosene)* – The intrusive thosene of an intruder in the occurrences of thosenic intrusion; *mental wedge;* the *unit of measurement* of interconsciential intrusion, according to Thosenology and Conscientiometrology.

Zoothosene *(zoo + thosene)* – The thosene of an unaware sub-human animal; the *unit of measurement* of a sub-human animal's consciential principle, according to thosenology and Conscientiometrology.

Conscientiology
Research Areas

The following are the 70 research areas or scientific specialties, within the ample universe of research in conscientiology and its major scientific fields:

01. **Androsomatics.** Androsomatics is the area of conscientiology that specifically studies the male soma or androsoma and its relations with the human consciousness (intraphysical consciousness). It is a field of sexsomatics.

02. **Assistantiology.** Assistantiology is the area of conscientiology that studies the techniques of interconsciential assistance, especially with regards to their effects on the consciousness as a "whole", that is, holosomatic, multimillenary and seeking holomaturity. It is a task of lucid solidarity among consciousnesses leading to megabrotherhood. It is a field of conviviology.

03. **Communicology.** Communicology is the area of conscientiology that studies all forms of communication of the consciousness, including the interconsciential communication between consciential dimensions. Communicology takes into account the lucid projectability and the consciousness considered as a "whole". It is a field of experimentology.

04. **Compucommunicology.** Compucommunicology is the area of conscientiology that studies applied computer sciences in communicative and didactic contexts of the consciousness considered as a "whole". It is a field of parapedagogy.

05. **Conscientiocentrology.** Conscientiocentrology is the area of conscientiology that studies the social philosophy which focuses its objectives on the consciousness per se and in the evolution of the consciousness. It does so through the establishment and maintenance of a *conscientiocentric institution* in the conscientiological intraphysical society, which functions like a consciential cooperative and is based on both the employment and consciential bonds. It is a field of parasociology.

06. **Conscientiometry.** Conscientiometry is the area of conscientiology that studies conscientiological measurements by applying instruments and methods offered by conscientiology. These resources

are capable of establishing the possible bases for the *mathematical analysis of the consciousness.* For example, the conscientiogram is an instrument used by conscientiometry. It is a field of holomaturology.

07. **Conscientiotherapy.** Conscientiotherapy is the area of conscientiology that studies the treatment, all eviation and remission of disturbances of the consciousness by applying resources and techniques offered by conscientiology according to the pathologies and parapathologies of the consciousness. It is a field of experimentology.

08. **Conviviology.** Conviviology is the area of conscientiology that studies the consciential communicability with respect to the interrelationships established between consciousnesses who co-exist in any dimension as well as the evolutionary, holokarmic consequences of these relationships. It is a field of communicology.

09. **Cosmoanalysis.** Cosmoanalysis is the area of conscientiology that studies the practical application of the *cosmogram* to evaluate the Universe's realities filtered by the multidimensional principles of conscientiology. This is accomplished through a maximal association of ideas (global view), based on the facts (phenomenology) which reach and involve the holothosene of the human personality who is both self and heterocritical. It is a field of communicology.

10. **Cosmoconscientiology.** Cosmoconscientiology is the area of conscientiology that studies the expansion of consciousness or the cosmoconsciousness phenomenon through the mentalsoma. It is a field of paraperceptiology.

11. **Cosmoethics.** Cosmoethics is the area of conscientiology that studies the ethics or reflection over the multidimensional, cosmic moral that defines consciential holomaturity. Cosmoethics goes beyond social, intraphysical morals or the morals, which present themselves under any human labels. Cosmoethics is maximal, moral and emotional discernment, it rises from the intimacy of the consciential microuniverse. It is a field of evolutiology.

12. **Desomatics.** Desomatics is the area of conscientiology that studies the physical, consciential, psychological, social, medicolegal and multidimensional contexts associated with the deactivation of the soma (first death) as well as the second and third desomas and their consequences. It is a field of intraphysicology.

13. **Egokarmalogy.** Egokarmalogy is the area of conscientiology that studies the principles of cause and effect active in the

evolution of the consciousness regarding the ego per se. It is a field of holokarmalogy.

14. **Energosomatology.** Energosomatology is the area of conscientiology that studies the quality of the manifestations ofthe intraphysical consciousness according to the energosoma, also known as the holochakra or energetic parabody. It is a field of holosomatics.

15. **Evolutiology.** Evolutiology is the area of conscientiology that studies the evolution of the consciousness considered in an integral, holosomatic, multiexistential and multidimensional fashion. It is the subject matter specific to Evolutiologists or Evolutionary Orientors. It is a field of thosenology.

16. **Experimentology.** Experimentology is the area of conscientiology that studies all forms and categories of evolutionary experiments of the consciousness. It is a field of evolutiology.

17. **Extraphysicology.** Extraphysicology is the area of conscientiology that studies the relations and experiences of the intraphysical consciousness in dimensions other than the intraphysical. It is a field of holoresomatics.

18. **Groupkarmalogy.** Groupkarmalogy is the area of conscientiology that studies the principles of cause and effect active in the evolution of the consciousness regarding the evolutionary group. It is a field of holokarmalogy.

19. **Gynosomatics.** Gynosomatics is the area of conscientiology that studies specifically the female soma or gynosoma and its relations with the human consciousness (intraphysical consciousness). It is a field of sexsomatics.

20. **Holokarmalogy.** Holokarmalogy is the area of conscientiology that studies the holokarmic account of the consciousness in evolution encompassing egokarmality, groupkarmality and polykarmality. It is a field of evolutiology.

21. **Holomaturology.** Holomaturology is the area of conscientiology that studies the holomaturity of the human consciousness in all its manifestations and evolutionary consequences. Holomaturity, also known as integral or holosomatic maturity, pertains specifically to the biological, psychological, mental and multidimensional maturity. It is a field of evolutiology.

22. **Holoresomatics.** Holoresomatics is the area of conscientiology that studies existential seriality and the evolutionary multiexistential cycles (successive intraphysical resomas) as well as the

their implications and repercussions on the human consciousness, including interplanetary migrations. It is a field of experimentology.

23. **Holosomatics.** Holosomatics is the area of conscientiology that studies the holosoma or the set of vehicles of manifestation of the consciousness, as well as, their functions and applications by the intraphysical or extraphysical consciousness. It is a field of thosenology.

24. **Homeostatics.** Homeostatics is the area of conscientiology that studies the theorice of *holosomatic homeostasis* or the integral, healthy and harmonious state of the holosoma which allows intraphysical consciousnesses to live better and more efficiently execute their existential programs. It is a field of holosomatics.

25. **Intermissiology.** Intermissiology is the area of conscientiology that studies the intermissive period of the consciousness in evolution situated between two intraphysical lifetimes within the evolutionary multiexistential cycle. It is a field of extraphysicology.

26. **Intraphysicology.** Intraphysicology is the area of conscientiology that studies the relations and experiences of the intraphysical consciousness in the intraphysical or human dimension. It is a field of holoresomatics.

27. **Invexology.** Invexology is the area of conscientiology that studies the philosophical, technical and practical aspects of the human, existential inversion. It is a field of intraphysicology.

29. **Macrosomatics.** Macrosomatics is the area of conscientiology that studies the macrosoma, the extraordinary soma best suited to the execution of a specific existential program. It is a field of somatics.

30. **Mentalsomatics.** Mentalsomatics is the area of conscientiology that studies the mentalsoma, the parabody of discernment and its evolutionary consequences to the consciousness. It is a field of holosomatics.

31. **Mnemosomatics.** Mnemosomatics is the area of conscientiology that studies the soma specifically in relation to the intrasomatic memories starting with the cerebral memory until reaching the holomemory. It is a field of mentalsomatics.

32. **Para-anatomy.** Para-anatomy is the area of conscientiology that studies the anatomy that transcends intraphysicality according to the different vehicles of manifestations of the consciousness other than the soma. It is a field of holosomatics.

33. **Para-anesthesiology.** Para-anesthesiology is the area of conscientiology that studies the anesthesia through parapsychism which transcends intraphysical resources. It is a field of parasurgery (conscientiotherapy).

34. **Para-asepsis.** Para-asepsis is the area of conscientiology that studies the asepsis through parapsychism that transcends intraphysical resources. It is a field of parasurgery(conscientiotherapy).

35. **Parabiology.** Parabiology is the area of conscientiology that studies living beings and their multidimensional and multivehicular relations. It is a field of experimentology.

36. **Parabotany.** Parabotany is the area of conscientiology that studies the manifestation of the consciential principles in the primary condition of plants or the paraflora. It is a field of parabiology.

37. **Parachronology.** Parachronology is the area of conscientiology that studies the chronology of manifestations of consciousnesses that transcends intraphysicality, aiming at the other consciential dimensions, holobiographies and multidimensionality. It is a field of holoresomatics.

38. **Paraclinics.** Paraclinics is the area of conscientiology that studies the care of sick patients through parapsychism that transcends intraphysical resources. It is a field of conscientiotherapy.

39. **Paragenetics.** Paragenetics is the area of conscientiology that studies the integral genetics that encompasses the holosomatic inheritances of the consciousness through the psychosoma and mentalsoma. These inheritances come from the retrosomas of previous lives as intraphysical consciousnesses. It is a field of psychosomatics.

40. **Parageography.** Parageography is the area of conscientiology that studies the description of the paratroposphere, including its extraphysical parageographic landscapes and environments, as well as the relations between these environments and the parapopulation (indigenous and/or transient). It is a field of extraphysicology.

41. **Parahealing.** Parahealing is the area of conscientiology that studies the healing through parapsychism that transcends intraphysical resources. It is a field of parasurgery.

42. **Parahemostasis.** Parahemostasis is the area of conscientiology that studies the hemostasis through parapsychism that transcends intraphysical resources. It is a field of parasurgery (conscientiotherapy).

43. **Parahistory.** Parahistory is the area of conscientiology that studies the history of the consciousness and of the cosmos in a multidimensional fashion through extraphysicology, retrocognitions and lucid projectability. It transcends both the autobiography of the intraphysical consciousness in the current human life, and human history. It is a field of parachronology.

44. **Paraneurology.** Paraneurology is the area of conscientiology that studies the parabrain and its relations to the physical brain, the nervous system and the other vehicles of the holosoma. It is a field of psychosomatics.

45. **Parapathology.** Parapathology is the area of conscientiology that studies the pathology of the vehicles of manifestation of the consciousness or the holosoma (energosoma, psychosoma, mentalsoma) excluding the human body (soma). It is a field of holosomatics.

46. **Parapedagogy.** Parapedagogy is the area of conscientiology that studies the philosophy of education and the pedagogy that transcends the resources of intraphysicality. The study is performed through the lucid multidimensionality and the projectability of the human consciousness and their consequences in human life. It is a field of communicology.

47. **Paraperceptiology.** Paraperceptiology is the area of conscientiology that studies the paraperceptions of the consciousness that transcend the perceptions related to the human body (soma), their phenomena and evolutionary consequences. It is a field of paraphenomenology.

48. **Paraphenomenology.** Paraphenomenology is the area of conscientiology that studies the parapsychic manifestations of the human consciousness whether they have a subjective origin (intraconsciential), an objective origin (perceptible to the external world) or both. It does so through the application of the holosoma and the mobilization of consciential energies. It is a field of paraphysiology.

49. **Paraphysiology.** Paraphysiology is the area of conscientiology that studies the functions of the vehicles of manifestation of the consciousness or holosoma (energosoma, psychosoma and mentalsoma), excluding the human body. It is a field of holosomatics.

50. **Paraprophylaxis.** Paraprophylaxis is the area of conscientiology that studies the prophylaxis that transcends the limits of intraphysicology in order to prevent the consciousness from making

mistakes and suffering inconveniences in all the dimensions where it manifests. It is a field of paraclinics (conscientiotherapy).

51. **Pararegeneration.** Pararegeneration is the area of conscientiology that studies the anatomic and/or functional regeneration of the vehicles of manifestation of the consciousness or holosoma, besides the human body. This includes parahealing and paratransfigurations. It is a field of paraphysiology.

52. **Parasemiology.** Parasemiology is the area of conscientiology that studies the investigation and identification of the parasymptomatology and the parasigns of disturbances and parapathologies of the consciousness considered as a "whole" that transcends the intraphysicality. The study is performed through parapsychism and paraperceptiology. It is a field of paraclinics.

53. **Parasociology.** Parasociology is the area of conscientiology that studies the philosophy, techniques and practices of the conscientiological intraphysical society as well as of extraphysical societies and their consequences on human, extraphysical and projective life. It is a field of holoresomatics.

54. **Parasurgery.** Parasurgery is the area of conscientiology that studies the surgery through parapsychism that transcends intraphysical resources (paraperceptiology). It is a field of conscientiotherapy.

55. **Paratechnology.** Paratechnology is the area of conscientiology that studies the technology of the consciousness and its consequences, by applying specific methodologies in order to expand the self-knowledge of the intraphysical consciousness. Here are included the projective techniques. It is a field of extraphysicology.

56. **Paratherapeutics.** Paratherapeutics is the area of conscientiology that studies the therapeutics and treatments developed by conscientiotherapy for the care of sick consciousnesses. It is a field of paraclinics (conscientiotherapy).

57. **Parazoology.** Parazoology is the area of conscientiology that studies the manifestation of the consciential principles in the condition of subhuman animals or the parafauna. It is a field of parabiology.

58. **Permanintfreeology.** Permanintfreeology is the area of conscientiology that studies the intrusion-free condition or the evolutionary, consciential quality of the intrusion-free consciousness who no longer suffers from pathological interconsciential intrusions

and their harmful evolutionary consequences. It is a field of conscientiometry (holomaturology).

59. **Polykarmalogy.** Polykarmalogy is the area of conscientiology that studies the principles of cause and effect active in the evolution of the consciousness with regards to the theory and application of cosmic maxifraternity, beyond egokarma and groupkarma. It is a field of holokarmalogy.

60. **Proexology.** Proexology is the area of conscientiology that studies the existential program of intraphysical consciousnesses and its evolutionary consequences. It is a field of intraphysicology.

61. **Projectiocritics.** Projectiocritics is the area of conscientiology that studies the projectiological critique in general, extremely important within the consciential paradigm. It is a field of projectiology.

62. **Projectiography.** Projectiography is the area of conscientiology that performs the technical study of projectiological accounts. It is a field of projectiology.

63. **Projectiology.** Projectiology is the area of conscientiology that studies the projections of the consciousness and their effects, including the projections of consciential energies outside of the holosoma. It is a field of communicology (experimentology).

63. **Projectiotherapy.** Projectiotherapy is the area of conscientiology that studies the prophylaxis and the therapies derived from the research and techniques of projectiology. It is a field of paraclinics (conscientiotherapy).

64. **Psychosomatics.** Psychosomatics is the area of conscientiology that studies the emotions of the consciousness, arising from the psychosoma, the parabody of desires. It is a field of holosomatics.

65. **Recexology.** Recexology is the area of conscientiology that studies the philosophy, technique and practice of existential recycling within intraphysicality, which begins with intra-consciential recycling. It is a field of intraphysicology.

66. **Resomatics.** Resomatics is the area of conscientiology that studies the somatic rebirth of the extraphysical consciousness who goes into the temporary condition of intraphysical consciousness. In so doing it leaves behind extraphysicality to exist in intraphysicality. It is a field of intraphysicology.

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4. IDEM; Projeciologia: Panorama das Experiencias da Consciencia Fora do Corpo Humano; XXVIII + 900 pages; 475 chapters; 40 illustrations; 1.907 bibliographic references; glossary with 15 terms; 58 abbreviations; ono.; geo.; alphabetical; 27 x 18,5 x 5 cm; enc; 3rd edition; Londrina; Parana; Brazil; Livraria e Editora Universalista; 1990; pages 389-393.

5. IDEM; Projections of the Consciousness: A Diary of Out-of-Body Experiences: 224 pages; glossary with 25 terms; alphabetical; 21 x 14 cm; br.; 4th edition revised; Rio de Janeiro, RJ; Brazil; Instituto Internacional de Projeciologia; 1992; pages 153-155. (Editions in Portuguese, Spanish and English).

6. IDEM; 700 Experimentos da Conscienciologia; 1058 pages; 700 chapters; 300 tests; 8 indexes; 2 tabulations; 600 enumerations; ono.; 5.116 bibliographic references; geo.; glossary with 280 terms; alphabetical; 28,5 x 21,5 x 7 cm; enc; 1st edition; Rio de Janeiro, RJ; Brazil; Instituto Internacional de Projeciologia; 1994; pages 171, 178, 180, 183, 198, 242, 283, 322, 352, 353, 355, 409,412, 424, 431, 432, 468, 484, 539, 542, 564, 572, 580, 595, 671, 672, 693, 700, 726, 736, 737, 739,741, 759.

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Conscientiocentric Institutions - Cis

CIs. Conscientiocentric Institutions – CIs – are organizations whose purposes, methodologies of work and organizational models are based on the Consciential Paradigm. The main activity of CIs is to support the evolution of consciousnesses through the clarification task guided by verpons, leading edge relative truths, which are found in the Science Conscientiology and its subfields.

Volunteer. Every Conscientiocentric Institution is an independent, non-profit association, that is maintained predominantly by volunteer work of teachers, researchers, administrators and professionals from several areas.

ICCC. This set of Conscientiocentric Institutions and Conscientiology volunteers composes the International Cosmoethical Conscientiological Community (from Portuguese: Comunidade Conscienciológica Cosmoética Internacional – CCCI) which currently consists of more than 25 CIs.

AIEC | International Association for the Expansion of Conscientiology

AIEC financially supports major Conscientiology projects and assists in the realization of such projects. It also has its own projects which focus mainly on construction. In 2014 it built the Mabu Hotel and Resort next to the CEAEC campus. Its next project is a Cultural Mega-Centre. Designed by renowned Brazilian architect, Oscar Niemeyer and located in Cognopolis (the suburb in which the CEAEC campus is situated), the Cultural Mega-Centre will be dedicated to the research and study of humanities, history and culture and will host exhibitions and other events.

Website: www.worldaiec.org - E-mail: aiec.comunicacao@gmail.com

APEX | International Association of the Existential Program – Apex International

APEX is a research and educational organization dedicated to the study of one's purpose in life (or life task). In Conscientiology, this is known as the Existential Programme. APEX studies the life task on both an individual and collective level, as sometimes we come to this life with objectives to achieve as a group. It delivers a range of courses including the popular 4-day Existential Balance course. These are aimed at allowing students to identify their life task and evaluate their current performance in relation to it. Ideas and techniques are offered to help students take the next important steps in accomplishing their purpose in life.

Website: www.apexinternacional.org - E-mail: contato@apexinternacional.org

ARACÊ | International Association for the Evolution of Consciousness

Based in Espirito Santo, Brazil, the focus of ARACE's research and educational activities is group evolution. It offers an extensive range of courses in various locations and is renowned for its three Serenariums, laboratories in which the participant spends three days alone, without access to any external communications. The purpose of this type of laboratory is to perform self-research, gain profound

personal insights and contemplate one's priorities in life, with the aim of increasing the rhythm of one's personal evolution.

Website: www.arace.org - E-mail: associacao@arace.org

ASSINVÉXIS | International Association of Existential Inversion

ASSINVEXIS is an organization dedicated to promoting, publicizing and debating all topics linked to adolescents 'sensing' they have a purpose in life and directing their efforts and resources towards realizing it. In Conscientiology, this is known as the Existential Inversion. Typically, an 'inverter' is aware of having made plans for this life during the previous period in between lives (the intermissive period). ASSINVEXIS assists young people (from the age of 13) to get on track with their Existential Programme and gives courses at its own campus which is being further developed in Cognopolis.

Website: www.assinvexis.org - E-mail: contato@assinvexis.org

ASSIPEC | International Association for the Research of Conscientiology

ASSIPEC is primarily a research organization. Its objective is to study and research concepts related to multidimensional processes on earth.

Website: www.assipec.org - E-mail: asipec@assipec.org

ASSIPI | International Association of Interassistantial Parapsychism

ASSIPI is a Conscientiocentric Institution specialized in the study, research, development and practical use of parapsychism, an indispensable attribute for personal evolution. With a base in Cognopolis and a presence in Portugal, ASSIPI offers a wide range of practical courses focusing on developing one's experience and control of bioenergies and parapsychism. It is well-known for its popular 3-day course called 40 Energetic Maneuvers.

Website: www.assipi.com - E-mail: assipi@assipi.com

CEAEC | Centre for the Higher Studies of Conscientiology

Founded in 1995, CEAEC was the first conscientiological campus. It consists of nearly 20 laboratories dedicated to facilitating the participant's experience of a range of paranormal phenomena and insights into his or her personal evolution. It is also a research and teaching institution maintained by volunteers of diverse nationalities and professions interested in the advancement of human knowledge. CEAEC is home to the Tertularium (venue for daily tutorials on multidimensional themes); the Holocycle and Holotheca which house over 66,000 books and other works related to the consciousness and associated subjects; and the Acoplamentarium – a group laboratory that enables participants to develop their clairvoyance. CEAEC is open to individual and group visits.

Website: www.ceaec.org - E-mail: ceaec@ceaec.org

COMUNICONS | International Association of Conscientiological Communication

The purpose of COMUNICONS is to disseminate Conscientiology. It conducts and publishes interviews on leading edge topics with researchers and instructors, liaises with the media, runs a YouTube channel and maintains the portal of Conscientiology – a hub for news and details of the latest events in Conscientiology.

Website: www.comunicons.org.br - E-mail: comunicons@comunicons.org.br

CONSCIUS | International Association of Interassistantial Conscientiometrology

The focus of CONSCIUS is to help interested individuals increase their self-knowledge – to help them understand themselves better. The organization works with the 'Conscientiogram' a complex methodolgy, developed by Dr. Waldo Vieira, that allows people to evaluate themselves – their personal attributes and interdimensional abilities – according to a scale of consciential evolution. CONSCIUS offers a range of practical courses designed to lead participants towards self-understanding.

Website: www.conscius.org.br - E-mail: conscius@conscius.org.br

CONSECUTIVUS | International Association of Holobiographical and Seriexological Research

CONSECUTIVUS is an organization that specializes in the study of the series of successive lives. It conducts research and offers a range of practical educational activities aimed not only at helping participants recall past lives, but to help them approach the topic in a rational way so they can naturally positioning themselves in relation to their past and better understand their present. This process can help a person understand the probable causes and connections related to certain aspects of their character, allowing them to 'fit better within themselves' and to achieve a state of self-reconciliation.

Website: www.consecutivus.com.br - E-mail: consecutivus@consecutivus.com.br

COSMOETHOS | International Association of Cosmoethicology

An organization dedicated to the research and deeper understanding of cosmoethics, or the cosmic moral and the practical interpretation and application of such principles in everyday life. Beyond this Cosmoethos develops and presents numerous courses and lectures that are widely presented by the team.

Website: www.cosmoethos.org.br - E-mail: contato@cosmoethos.org.br

ECTOLAB | International Association of Laboratorial Research into Ectoplasm and Parasurgery

The International Association of Laboratorial Research in Ectoplasmy and Parasurgery specifically aims to develop independent thinking on the topics of parasurgery and ectoplasm, with a strong focus on their relationship to health. It accepts requests from the public for free parasurgery via its website. The parasurgeries are conducted

weekly during an activity known as a Dynamic during which energy is donated by a physical team is used by a nonphysical team for the purpose of assisting either physical or nonphysical recipients.

Website: www.ectolab.org - E-mail: ectolab@ectolab.org

EDITARES | International Association of Editares

EDITARES main goal is to clarify interested individuals on the multidimensional reality of life. This is achieved through the publication of books and other works of conscientiological content. Authors of such works are typically independent researchers wishing to disseminate their findings and/or experiences.

Website: www.editares.org - E-mail: editares@editares.org

ENCYCLOSSAPIENS | International Association of Conscientiological Encyclopaediology

ENCYCLOSSAPIENS is responsible for the Encyclopaedia of Conscientiology, of which there are currently 15 volumes. It supports people who wish to write and publish entries. Over 500 researchers have now contributed to the encyclopaedia which can be accessed via websites or custom software. 26 debates are also available in English.

Website: www.encyclossapiens.com - E-mail: encyclossapiens@encyclossapiens.org

EVOLUCIN | International Association of Conscientiology in Infancy

EVOLUCIN is an institution whose goal is to make Conscientiology available and accessible to children within educational, social, family and schooling contexts. It is not uncommon for children to have parapsychic abilities. Parents wishing to help their children understand the phenomena they are experiencing from a rational, non-mystical perspective and develop their capacities, are welcome to get in touch. Active in Brazil and Germany, EVOLUCIN offers courses and publishes books.

Website: www.evolucin.org - E-mail: evolucin@gmail.com

IC TENEPES | International Association of Pentaology

A non-profit organisation that researches the Personal Energetic Task (Penta) in a theoretical and practical manner. Producing, as a result, courses, educational activities and technical-scientific publications that aim to improve the practice of penta and through this technique contribute to the consciential evolution of humanity and parahumanity.

Website: http://www.ictenepes.org - Facebook: IC TENEPES

IIPC | International Institute of Projectiology and Conscientiology

The International Institute of Projectiology and Conscientiology (IIPC), the oldest and largest CI, is an independent educational and scientific research institution widely active throughout Brazil and noted for its excellence in courses and technical-scientific publications on Projectiology and Conscientiology. It offers an

extensive range of basic and advanced courses, workshops and immersions for all interested individuals, giving attention to both theoretical concepts and practical applications.

Website: www.iipc.org.br - E-mail: iipc@iipc.org.br

INTERCAMPI | International Association of Conscientiology Research Areas

INTERCAMPI is dedicated to furthering research in Conscientiology. Its goal is to construct a campus in the north-east of Brazil, where it is based. It aims to build a unique infrastructure that will bring the multidimensional aspects of our reality into focus, facilitating research, self-knowledge and self-development. INTERCAMPI hosts conferences, courses, debates, free activities and congresses, in addition to being engaged in a variety of cultural projects.

Website: www.intercampi.org - E-mail: intercampi@intercampi.org

INTERPARES | International Association of Interassistantial Supports

An association that intends to make Conscientiology available to all those, with very limited financial resources, who are sincerely interested in studying it. Individual attention will be given to each case and it is intended that scholarships will be formed and granted to facilitate this assistance.

Website: www.interpares.org.br

JURISCONS | International Association of Paralawology

Juriscons seeks to stimulate the experience of multidimensional megadiscerniment. The study of paralawology opens up vast research areas, including those of the World State, cosmoethics and non-violent communication, among many others. Juriscons is active in Foz do Iguacu, Sao Paulo and internationally.

Website: www.juriscons.org - Email: juriscons@juriscons.org

OIC | International Organization of Conscientiotherapy

OIC applies the principles of Conscientiology to health. In considering health from a multidimensional, multiexistential perspective, OIC serves to re-educate and redefine the current global view of health. It has a team of fully qualified and practicing psychiatrists, psychologists and medical doctors who, in addition to carrying out research, provide counselling to people in need, analyzing and considering their issues within the consciential paradigm.

Website: www.oic.org.br - E-mail: aco@oic.org.br

ORTOCOGNITIVUS | Associação Internacional para Implantação Cognópolis SC

Endereço: Av. Marechal Castelo Branco, 65, Sala 1111 torre B, Edifício Kennedy Towers, Bairro Campinas, São José – Santa Catarina, Brasil, CEP: 88101-020

Website: www.orthocognitivus.org - Email: contato@orthocognitivus.org

REAPRENDENTIA | International Association of Parapedagogy and Conscientiological Reeducation

REAPRENDENTIA specializes in conscientiological education. It develops and conducts training to enable interested individuals to become teachers of Conscientiology and also conducts research related to Conscientiology and Parapedagogy. REAPRENDENTIA is well-known for a course entitle PAE (Programme for the Acceleration of Erudition), which is aimed at developing one's personal erudition (knowledge acquired by study, research; learning). In addition to hosting activities in Brazil, the organization has a presence in Fort Lauderdale, USA.

Website: www.reaprendentia.org.br - E-mail: contato@reaprendentia.org.br

UNICIN | Union of International Conscientiocentric Institutions

Established in 2005, UNICIN has administrative oversight of the ICCC. It provides support, guidance and orientation to new organizations, liaises with the individual organizations and mediates at a supra-institutional level.

Website: www.unicin.org - E-mail: protocolo@unicin.org

UNIESCON | International Union of Conscientiology Writers

UNIESCON is a Conscientiocentric Institution comprised of authors of conscientiological books. It facilitates exchange among writers and promotes the qualification of leading edge relative truths (known in Conscientiology as verpons) and masterpieces. It offers writing workshops and provides mentors and other support to writers.

Website: www.uniescon.org - E-mail: uniescon.ccci@gmail.com

For information regarding assistantial projects, opportunities and initiatives in Africa and globally, visit: http://www.interconsglobal.org

Cognopolis, the City of Knowledge

Cognopolis (City of Knowledge) is a suburb created in 2009 in the city of Foz do Iguaçu, Parana, Brazil, where they are 25 conscientiocentric institutions maintained by the work of volunteers. Constituted by ordinance 18887, Cognopolis has green spaces with a walking trail, residential condominiums, the Mabu Interludium Hotel and activities related to education, culture and research.

Also known as the Suburb of Volunteering, Cognopolis was conceived by the professor, lexicographer and doctor, Waldo Vieira (1932-2015).

In Cognopolis you find the Holocycle and the Holotheca. The Holocycle - holo (set) and cycle (a word related to the term encyclopaedia) - is the site of Conscientiology's intellectual production. Considered an incubator of authors, it contains one of the largest lexicothecas (collections of dictionaries) in Brazil, with more than 7,200 examples, a encyclotheca (a collection of encyclopaedias) and a newspaper library (a collection of periodicals - newspapers and magazines) with more than 596,874 clippings.

The Holotheca (a set of thecas) unites a collection of approximately 930,727 items, which contains 104,792 books and other written materials and objects from diverse locales and cultures. The comic book theca (a collection of comic books) is considered to be one of the largest in Latin America, it contains 35,000 comic books published in 16 languages from 22 countries.

Scientific events are frequently held in Cognopolis to disseminate research results and stimulate debate. Writing books and articles is also strongly encouraged in the City of knowledge. Among the 841 volunteers, 119 are published authors, of which 82 wrote on Conscientiology topics.

Cognopolis is open to visitors and is a part of Foz do Iguaçu's tourist route.

For more information contact CEAEC:

Website: www.ceaec.org | Facebook: Campus CEAEC

E-mail: ceaec@ceaec.org

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1. ***AREA OF RESEARCH:***

THIS BOOK RESEARCHES
EVOLUTIOLOGY
A SUBFIELD OF CONSCIENTIOLOGY.

2. ***PRINCIPLE OF DISBELIEF:***

DO NOT BELIVE ANYTHING, NOT EVEN IN THE INFORMATION PRESENTED IN THIS BOOK.
IT IS BEST TO CARRY OUT PERSONAL EXPERIMENTS ON THE TOPICS.